

**A & S HOLISTIC TRAINING LTD  
UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 JULY 2021**

**A & S HOLISTIC TRAINING LTD**  
**ANNUAL REPORT AND UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 JULY 2021**

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**A & S HOLISTIC TRAINING LTD**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 JULY 2021**

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<b>Director</b>	Angela Smith
<b>Company Number</b>	SC636594 (Scotland)
<b>Registered Office</b>	46 Calder Grove Motherwell North Lanarkshire ML1 1EP Scotland
<b>Accountants</b>	KHS Accounting Ltd 1 Auchingramont Road Hamilton South Lanarkshire ML3 6JP

**A & S HOLISTIC TRAINING LTD**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 JULY 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Fixed assets	116	233
Current assets	1,509	412
Creditors: amounts falling due within one year	(2,562)	(2,301)
<b>Net current liabilities</b>	(1,053)	(1,889)
<b>Total assets less current liabilities</b>	(937)	(1,656)
Accruals and deferred income	(300)	(300)
<b>Net liabilities</b>	(1,237)	(1,956)
<b>Capital and reserves</b>	(1,237)	(1,956)

**NOTES TO THE ACCOUNTS**

**1 Statutory information**

A & S Holistic Training Ltd is a private company, limited by shares, registered in Scotland, registration number SC636594. The registered office is 46 Calder Grove, Motherwell, North Lanarkshire, ML1 1EP, Scotland.

**2 Average number of employees**

During the year the average number of employees was 1 (2020: 1).

For the year ending 31 July 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 21 October 2021

Angela Smith  
Director

Company Registration No. SC636594

