

**Nick Ruta Fitness Limited Filleted  
Accounts Cover**

**Nick Ruta Fitness Limited**

**Company No. SC603433**

**Unaudited Accounts**

**31 July 2023**

**Accountants**

**COUNT (Scotland) Limited  
The Old Garage, Millhills Farm, Crieff, PH7 3QW**

**Nick Ruta Fitness Limited Balance  
Sheet Registrar  
at 31 July 2023  
Company No. SC603433**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Fixed assets	327,049	339,734
Current assets	37,082	8,881
Prepayments and accrued income	2,100	864
Creditors: Amounts falling due within one year	(87,272)	(121,169)
Net current liabilities	(48,090)	(111,424)
Total assets less current liabilities	278,959	228,310
Creditors: Amounts falling due after more than one year	(345,099)	(373,071)
Accruals and deferred income	-	22,484
	(66,140)	(122,277)
<b>Capital and reserves</b>	(66,140)	(122,277)

**NOTES TO THE ACCOUNTS**

**1 Basis of preparation**

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105 - The Financial Reporting Standard applicable to the Micro-entities Regime (March 2018).

**2 Employees**

	<b>2023</b>	<b>2022</b>
	<b>Number</b>	<b>Number</b>
The average monthly number of employees (including directors) during the year was:	6	6

**3 General information**

Its registered number is: SC603433

Its registered office is:

Energie Fitness Inverurie

Burghmuir Place

Blackhall Industrial Estate

Inverurie

AB51 4FW

For the year ended 31 July 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

The accounts were approved by the board of directors on 31 July 2023 and signed on its behalf by:  
Nicholas Ruta - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.