

Mindfulnesspractice Ltd FILLETED
ACCOUNTS COVER

Mindfulnesspractice Ltd

Company No. SC597442

Unaudited Accounts

31 May 2019

Mindfulnesspractice Ltd

DIRECTORS REPORT REGISTRAR

The Director presents his report and accounts for the year ended 31 May 2019.

Principal activities

The principal activity of the company during the year under review was health and wellbeing activities.

Director

The Director who served during the year was as follows:

D.P. Hooper

The above report has been prepared in accordance with the provisions applicable to companies subject to the

Signed on behalf of the board

.....
D.P. Hooper

Director

26 June 2019

**Mindfulnesspractice Ltd BALANCE
SHEET REGISTRAR
at 31 May 2019
Company No. SC597442**

	2019
	£
Fixed assets	595
Current assets	521
Creditors: Amounts falling due within one year	(508)
Net current assets	<u>13</u>
Total assets less current liabilities	608
Accruals and deferred income	(300)
	<u>308</u>
Capital and reserves	<u>308</u>

NOTES TO THE ACCOUNTS

1 Additional information

Its registered number is:
SC597442

Its registered office is:
47 Taylor Avenue
Motherwell
ML1 5EU

These accounts have been prepared in accordance with the micro-entity provisions applicable to companies subject to the small companies regime of the Companies Act 2006.

For the year ended 31 May 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

Approved by the board on 26 June 2019

And signed on its behalf by:

D.P. Hooper
Director
26 June 2019

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.