

**COMPLEMENTARY HEALTH ORTHOPAEDIC AND ALTERNATIVE THERAPY LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

COMPLEMENTARY HEALTH ORTHOPAEDIC AND ALTERNATIVE THERAPY LIMITED
UNAUDITED ACCOUNTS
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COMPLEMENTARY HEALTH ORTHOPAEDIC AND ALTERNATIVE THERAPY LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2019

Director	Blair Gibb
Company Number	SC583673 (Scotland)
Registered Office	2 Whitehorse Buildings Balmedie AB23 8XR
Accountants	Aberdeen Accountants 3 Scotsmill Gardens Blackburn AB21 0GA ICAS Membership M27164

COMPLEMENTARY HEALTH ORTHOPAEDIC AND ALTERNATIVE THERAPY LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2019

	Notes	2019 £	2018 £
Fixed assets			
Tangible assets	4	951	1,268
Current assets			
Debtors	5	-	165
Cash at bank and in hand		6,321	847
		<u>6,321</u>	<u>1,012</u>
Creditors: amounts falling due within one year	6	(10,012)	(24,771)
Net current liabilities		<u>(3,691)</u>	<u>(23,759)</u>
Net liabilities		<u>(2,740)</u>	<u>(22,491)</u>
Capital and reserves			
Profit and loss account		(2,740)	(22,491)
Shareholders' funds		<u>(2,740)</u>	<u>(22,491)</u>

For the year ending 31 December 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 30 September 2020 and were signed on its behalf by

Blair Gibb
Director

Company Registration No. SC583673

COMPLEMENTARY HEALTH ORTHOPAEDIC AND ALTERNATIVE THERAPY LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2019

1 Statutory information

COMPLEMENTARY HEALTH ORTHOPAEDIC AND ALTERNATIVE THERAPY LIMITED is a private company, limited by shares, registered in Scotland, registration number SC583673. The registered office is 2 Whitehorse Buildings, Balmedie, AB23 8XR.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Computer equipment 25% straight line

4 Tangible fixed assets

	Computer equipment £
Cost or valuation	At cost
At 1 January 2019	1,268
At 31 December 2019	1,268
Depreciation	
Charge for the year	317
At 31 December 2019	317
Net book value	
At 31 December 2019	951
At 31 December 2018	1,268

5 Debtors

	2019 £	2018 £
Trade debtors	-	165

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NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2019

6 Creditors: amounts falling due within one year	2019	2018
	£	£
Taxes and social security	(203)	(306)
Other creditors	2,076	1,027
Loans from directors	8,139	24,050
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	10,012	24,771
	<hr/> <hr/>	<hr/> <hr/>

7 Average number of employees

During the year the average number of employees was 0 (2018: 1).

