

Registered Number SC496680

LIFE M LIMITED

Abbreviated Accounts

28 February 2016

Abbreviated Balance Sheet as at 28 February 2016

	<i>Notes</i>	<i>2016</i>
		£
Current assets		
Cash at bank and in hand		15,864
		<u>15,864</u>
Creditors: amounts falling due within one year		<u>(9,773)</u>
Net current assets (liabilities)		<u>6,091</u>
Total assets less current liabilities		<u>6,091</u>
Total net assets (liabilities)		<u>6,091</u>
Capital and reserves		
Called up share capital		1
Profit and loss account		6,090
Shareholders' funds		<u>6,091</u>

- For the year ending 28 February 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 20 January 2017

And signed on their behalf by:

Charles McCallum, Director

Notes to the Abbreviated Accounts for the period ended 28 February 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Valuation information and policy

Stock is valued at the lower of cost and net realizable value.

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