



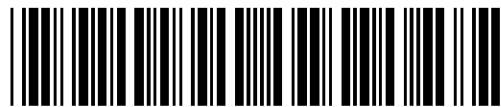
Companies House

# CS01<sub>(ef)</sub>

## Confirmation Statement

Company Name: **21J Stress Solutions Limited**

Company Number: **SC477934**



Received for filing in Electronic Format on the: **07/07/2017**

X6A6DHRT

Company Name: **21J Stress Solutions Limited**

Company Number: **SC477934**

Confirmation **20/05/2017**

Statement date:

## Statement of Capital (Share Capital)

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|                          |                 |                          |            |
|--------------------------|-----------------|--------------------------|------------|
| <b>Class of Shares:</b>  | <b>ORDINARY</b> | Number allotted          | <b>100</b> |
| Currency:                | <b>GBP</b>      | Aggregate nominal value: | <b>100</b> |
| Prescribed particulars   |                 |                          |            |
| <b>FULL VOTING RIGHT</b> |                 |                          |            |

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## Statement of Capital (Totals)

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|           |            |                                |            |
|-----------|------------|--------------------------------|------------|
| Currency: | <b>GBP</b> | Total number of shares:        | <b>100</b> |
|           |            | Total aggregate nominal value: | <b>100</b> |
|           |            | Total aggregate amount unpaid: | <b>0</b>   |

## Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

|                 |                                                                                                               |
|-----------------|---------------------------------------------------------------------------------------------------------------|
| Shareholding 1: | <b>5 transferred on 2017-04-14</b>                                                                            |
| Name:           | <b>25 ORDINARY shares held as at the date of this confirmation statement</b><br><b>MRS JOANNA HELEN BEARD</b> |
| Shareholding 2: | <b>10 ORDINARY shares held as at the date of this confirmation statement</b>                                  |
| Name:           | <b>MR MATTHEW BEARD</b>                                                                                       |
| Shareholding 3: | <b>5 transferred on 2017-04-14</b>                                                                            |
| Name:           | <b>65 ORDINARY shares held as at the date of this confirmation statement</b><br><b>MR PHILIP JOSEPH BEARD</b> |

## **Confirmation Statement**

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

# Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,  
Judicial Factor