

Respite Now cic
Abridged Financial Accounts
30th April 2023

MONDAY



ACUQTTLF

A10

15/01/2024

#179

COMPANIES HOUSE

Respite Now cic

Registered number: SC421677

Directors' Report

The directors present their report for the year ending 30th April 2023

Principal activities

The company's principal activity during the year continued to be providing services and support to people with learning and other disabilities.

Directors

The following persons served as directors during the year:

James Hutchison Withers
Elaine Suzanne Withers
Lisa Scott

[Director 5]
[Director 6]
[Director 7]
[Director 8]
[Director 9]

Political and charitable donations

Third party indemnity provisions

Acquisition of own shares

[Reason for purchase]. The details of the shares purchased are as follows:

Class of share
Amount paid
Nominal value of shares
Number of shares
Percentage of class purchased

Employment of disabled persons

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime.

This report was approved by the board on 11th January 2024 and signed on its behalf.


JH Withers Director

Respite Now cic
Detailed profit and loss account
for the year ending 30th April 2023

	current £
Sales	
Sales	35,850
	<u>35,850</u>
 Cost of sales	
Purchases	900
Decrease in stocks	-
Subcontractor costs	-
Direct labour	-
Carriage	-
Discounts allowed	-
Commission payable	-
Other direct costs	-
	<u>900</u>
 Distribution costs	
Distribution costs	<u> </u>
	<u> </u>
 Administrative expenses	
Employee costs:	
Tutor Fees	5,000
Directors' salaries	24,000
Pensions	-
Bonuses	-
Employer's NI	-
Temporary staff and recruitment	-
Staff training and welfare	-
Travel and subsistence	-
Motor expenses	400
Entertaining	-
	<u>29,400</u>
Premises costs:	
Rent	500
Rates	-
Service charges	-
Light and heat	-
Cleaning	-
Use of home	250
	<u>750</u>
General administrative expenses:	
Telephone and fax	300
Postage	250
Stationery and printing	200
Courier services	150
Information and publications	-

Subscriptions	-
Bank charges	110
Insurance	890
Equipment expensed	-
Equipment hire	-
Software	800
Repairs and maintenance	-
Depreciation	-
Amortisation of goodwill	-
Bad debts	200
Sundry expenses	-
	<u>2,900</u>
legal and professional costs:	
Audit fees	-
Accountancy fees	225
Solicitors fees	-
Consultancy fees	-
Management fees	-
Advertising and PR	-
Other legal and professional	-
	<u>225</u>
	<u>34,175</u>
	35,850
Other operating income	
Other operating income	<u>1675</u>

Respite Now cic
Registered number:
Abridged balance Sheet
as at 30th April 2023

SC421677

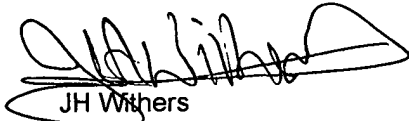
	Notes	current £	
Fixed assets			
Intangible assets			
Tangible assets		2300	
Investments			
		<u>2300</u>	
Current assets			
Stocks		900	
Debtors		1400	
Investments held as current assets			
Cash at bank and in hand		5600	
		<u>7900</u>	
Net current assets			
Creditors: amounts falling due within one year		6225	
		<u></u>	
Total assets less current liabilities		1675	
Creditors: amounts falling due after more than one year		-	
Provisions for liabilities		300	
		<u></u>	
Net assets		1975	
		<u></u>	
Capital and reserves			
Called up share capital		-	
Share premium		-	
Revaluation reserve		-	
Capital redemption reserve		-	
Profit and loss account		1675	
		<u></u>	
Shareholders' funds		<u></u>	

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime.

A handwritten signature in black ink, appearing to read 'JH Withers', written over a horizontal line.

JH Withers
Director

Approved by the directors on 11th January 2024

000225 / 15

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

Please
complete in
typescript, or
in bold black
capitals.

Company Name in
full

Respite Now cic

Company Number

SC421677

Year Ending

30/04/2023

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

The organisation has delivered various types of training including confidence building, citizen leadership, numeracy & literacy, wellbeing, mindfulness and employability courses to people in the third sector with learning disabilities who are furthest removed from mainstream activity and opportunities. These have included trainees put forward by local authorities, JCPlus and organisations affected by the pandemic restrictions. Where social distancing was permitted we supported physically and also by digital means via social media, internet and tablets and mobile routers which we were able to distribute. The digital links have now been incorporated into our support services. Results mean we were able to support approx over a 100 individuals and sustain existing employment opportunities.

Our Peace of Mind community program continues to be introduced to participants in some local areas with council support and the program is being developed for expansion.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The stakeholders are the organisations members who have regular information, consultation and input. We also discuss and receive advice from other organisations who we partner with to deliver specific services. Consultations include strategy meetings, newsletters, email/online marketing and quarterly meetings.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

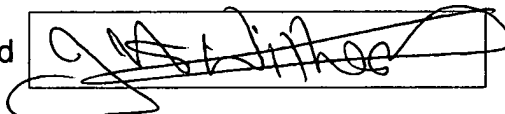
(Please continue on separate continuation sheet if necessary.)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

11/01/2024

Office held (tick as appropriate) ☒ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Respite Now cic

65 Oakbank Drive

Cumnock, Ayrshire

KA18 1BA

Telephone 01290 430323

DX Number

DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh-or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG