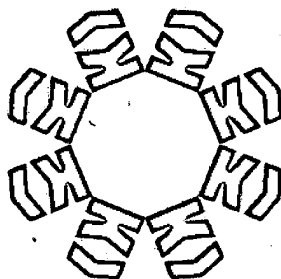
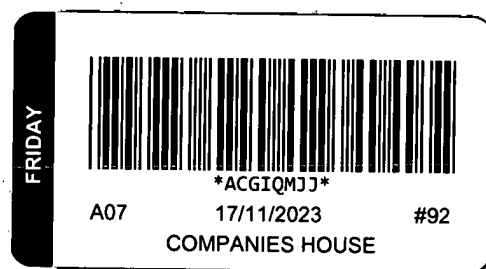


**REGISTERED COMPANY NUMBER: SC375922 (Scotland)**  
**REGISTERED CHARITY NUMBER: SC030788**

**Report of the Trustees and  
Financial Statements for the Year Ended 31 March 2023**  
**for**  
**Kingsway Community Connections**  
**(previously Kingsway Court Health**  
**& Wellbeing Centre)**



Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB



**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Contents of the Financial Statements  
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**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Reference and Administrative Details  
for the Year Ended 31 March 2023**

**TRUSTEES**

John Doyle - Chair  
Charlotte Boyce - Vice-Chair  
Carine Gordon - Treasurer  
Joseph McGurk (resigned 7.6.22)  
Patricia Robertson  
Soma Mohamed (resigned 19.7.22)  
Gesya Salih  
Jackie McWilliams  
Jonathan Dale  
Heather Mann (appointed 19.7.22)  
Afifa Rabbani (appointed 19.7.22) (resigned 9.8.22)

**COMPANY SECRETARY**

Stephanie Coyle

**REGISTERED OFFICE**

50 Kingsway Court  
Glasgow  
G14 9SR

**REGISTERED COMPANY  
NUMBER**

SC375922 (Scotland)

**REGISTERED CHARITY NUMBER** SC030788

**INDEPENDENT EXAMINER**

David Nicholls FCCA  
Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Opening remarks from our Managing Director  
for the Year Ended 31 March 2023**

*"She stood in the storm and when the wind did not blow her away, she adjusted her sails".*  
Elizabeth Edwards

*"The greatest glory in living lies not in never falling, but rising every time we fall."*  
Nelson Mandela

It is a pleasure for me to present our Annual Impact Report to you.

The past year at Kingsway Community Connections can be summed up, for me, by using 3 words: **optimism, concern, and response.**

I was optimistic that the very worst of the global pandemic was behind us. I was very much looking forward to seeing the Centre being able to deliver its services and activities uninterrupted for the first time since March 2020. I am delighted to say my optimism came to fruition and we did just that.

However, we were about to embark on an unprecedented response to a cruel cost of greed crisis which would disproportionately affect those on the lowest incomes.

Concern was rising during July and August about the impending energy price increase. It was clear a great many people were going to find winter 2022/23 very difficult indeed. KCC staff focused on finding a response that would reduce harm, if even a little. It's been quite extraordinary to witness us double the time our community spaces were open from 30 to 60 hours per week, provide a hot meal every day and give residents the opportunity to meet up in a warm, welcome place.

In the face of adversity, we found innovative ways to support our community and there were many incredible achievements, lots of fun, learning and laughter along the way.

I would like to express my gratitude to our sessional staff, volunteers, and Directors for all their hard work and support. Also, the staff team, Beth, Stephanie and Yahong whose passion, dedication, and commitment to tackling inequalities have been the driving force behind our successes.

I do hope you enjoy reading this year's Annual Impact Report, for me, it represents the fantastic work undertaken to support our residents' Personal Growth during 2022/23.

Lainy Bedingfield  
Managing Director

**Kingsway Community Connections  
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& Wellbeing Centre)**

**Report of the Trustees  
for the Year Ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The company's objects are:

"to enable the residents of Kingsway Court and surrounding area, who experience disadvantage, inequity and poor health, to proactively participate in the delivery of the changes necessary to improve their health and wellbeing, by developing and delivering services, activities and events through strong and active partnerships with statutory and voluntary agencies in pursuit of equal opportunity, personal growth and a stable, secure and vibrant community."

**Our Vision for Kingsway**

Our **Vision** is one of a Proud, Capable and Confident multicultural community. Our **Mission** is to build social capital to address inequalities and improve health & wellbeing.

Increasing people's confidence, connectedness and sense of belonging is the most effective contribution our organisation can make to addressing these inequalities and improving health and wellbeing within the community.

**Personal Growth and Wellness** is reflected in all aspects of our programme to encourage positive, sustainable change.

**Directors**

Chair - **John** is a retired tradesman and local resident with a wealth of experience as a community activist.

Vice-Chair - **Charlotte** is our longest serving Board member. She has been a community volunteer and campaigner for over 40 years.

Treasurer - **Carine** is a local resident who promotes a community-led approach to services and activities. Carine is currently supporting Kingsway Woman's Group and has a plot in the Community Garden.

Director - **Trisha** is a local resident with a keen interest in the work the Centre does. She regularly volunteers at events and promotes the organisation within the community.

Director - **Jackie** joined Police Scotland in 2021 after 14 years working as our Administrator. She was keen to stay connected to the Centre and joined our Board of Directors.

Director - **Johnny** is passionate about there being enough growing spaces and food that we will never need to talk about child or food poverty in the future. He supports the Centres approach to tackling poverty, inequality, and deprivation.

Director - **Geysa** supports asylum seekers, refugees, and families through her work with the Red Cross. She is a co-founder of the Kurdish Women's Group.

Director - **Heather** is a local resident who attended many activities in the Centre and was keen to show her support by joining the Board.

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Report of the Trustees  
for the Year Ended 31 March 2023**

**Staff**

**Lainy** has been our Managing Director since April 2021, previously our Community Development Worker since 2017. Lainy has a BA in Community Development from the University of Glasgow. She is dedicated to narrowing inequalities and challenging attitudes and practices that disadvantage communities like ours. Lainy does this by advocating for the community and third sector both locally and nationally. She is committed to the Board's vision of seeing Kingsway become a Proud, Capable and Confident multi-cultural community.

**Beth** joined the team as Programme & Development Coordinator in April 2021. She has a background in funding, where she discovered her passion for communities. She studied Politics and Philosophy at Stirling University and went onto postgraduate study in Equality and Human Rights at University of Glasgow, with an academic focus around health inequalities.

She has always had a strong passion for equity, fairness, and balancing societies' power dynamic. Since joining KCC, Beth has been able to put this passion into practice by promoting Personal Growth and Wellness through activities and groups. Language is crucial to this, and Beth implements asset-based language whenever possible to encourage social justice.

**Yahong** joined KCC in July 2022 as the Welfare Advice and Support Worker. Previously, she volunteered and worked as a general adviser for the Citizens Advice Bureau. She also has an academic background in anthropology and sociology with a particular interest in the construction of self-identity through foodways.

Yahong is passionate about social justice and sustainability. Being an immigrant herself and a member of an ethnic minority, she understands the multiple challenges many face in everyday life and is dedicated to promoting Personal Growth & Wellness by helping them realise their welfare rights.

**Stephanie** joined KCC in April 2021 as our Administrator & Facilities Manager. She has over 16 years' experience in hospitality, where she found a passion for people and community. Stephanie left the hospitality sector so she could start a family, and now has a beautiful daughter, Islay.

Since joining KCC, the board have supported Stephanie in achieving her HNC in Accountancy on a part time basis at City of Glasgow College. She is excited to be continuing her studies this year, now enrolled in AAT Level 4 and looks forward to using the new skills gained within her role at Kingsway.

**Training**

Adhering to Community Learning Development principles and values, staff have undertaken relevant training. This not only enhances professional development but demonstrates their commitment to lifelong learning and enables the team to be fully abreast of current and emerging practices.

**Yahong:**

Hello ADP, Goodbye PIP - Transferring to Scottish Adult Disability Payment by CPAG via Zoom

Cost of Living - Developing a City Response by GCVS via Zoom

A Life and Debt Situation: Designing Financial Security by Robertson Trust at the Barracks Conference Centre, Stirling

Gambling and Poverty: The Hidden Links by Scottish Gambling Education Hub via Zoom

Asylum Seekers' Housing Rights by Community InfoSource in CR2

Stepping Forward into Engaging with Communities by GCVS via Zoom

Locality Engagement Forums Engagement Session by HSCP via Teams

Scottish Child Payment Phase 2 Overview by Social Security Scotland via Teams

Working with Non-engagement (Adults) by Glasgow Adult Protection Committee at Adelphi Centre

Looking After Your Wellbeing by SAMH via Zoom

Introducing the National Trauma Training Programme by Trauma Team at NHS Education for Scotland via Teams

**Kingsway Community Connections  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

UK Poverty 2023: The essential guide to understanding poverty in the UK by Joseph Rowntree Foundation via Zoom

Introduction to Independent Advocacy: defending and promoting human rights by Human Rights Consortium Scotland via Zoom

Fuel Bank Foundation New Partner/New User Training by Fuel Bank Foundation via Teams eLearning

Introduction to UK immigration law and becoming an immigration advisor by The Open University and HJT Training professionals

OISC Level 1 Accreditation: Introduction to immigration, asylum, nationality and EU law by freemovement

Introduction to Asylum Support by Asylum Support Appeals Project

**Beth:**

Health in a Changing City - Glasgow 2021 by Glasgow Centre for Population Health

Changing Life Expectancy and Why it Matters with Professor Gerry McCartney by Glasgow Centre for Population Health and GCVS

Strategy by Thrive Outdoors (Inspiring Scotland)

COVID & Unpaid Carers by GCVS

Cost of Living - Developing a City Response by GCVS via Zoom

Looking After Your Wellbeing by SAMH

Glasgow Health and Social Care Connect by Health & Social Care Partnership

Outdoor Play Portfolio Networking & Training by Thrive Outdoors (Inspiring Scotland)

CLD Standards Council Scotland Annual Lecture and Conference 2022

What Can We Learn from Tenant Participation? By Everyone's Children (GCVS)

Why is the right to health important to your role? By Public Health Scotland

National Trauma Training Programme briefing by NHS Education for Scotland

Challenging Racism from a White Privilege Perspective by Integration Network Renfrewshire

**Stephanie:**

GCVS People & Safety Services Conference.

WordPress Training Course.

HNC Accounting Part-time 2nd Year.

**Networking**

According to the CLDSC, networking is an integral aspect of professional learning. At KCC, we appreciate networking opportunities as they help us respond quickly to challenges and opportunities in our work. The following list of networks demonstrates our commitment to this.

Beth/Lainy attended North West Glasgow Voluntary Sector Network Catch Up ní Cuppa 4 times.

Beth/Lainy attended DRC Network six times.

Beth/Lainy Community Connections for Climate Action/Active Travel meetings twice.

Beth/Lainy attended three planning meetings with the People's Health Movement to develop the Peoples Health Assembly.

Beth/Lainy attended three open board meetings with Scottish Communities for Health & Wellbeing.

Lainy co-created the Menopause Awareness Group in partnership with North West Glasgow Voluntary Sector Network and coordinated/attended three meetings.

Beth attended St Pauls Community Partnership (made up of local partners and schools) twice.

Beth attended the North West Mental Health Forum once.

Beth attended St Pauls Primary School and Scotstoun Primary School parents evening.

**Kingsway Community Connections  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

**Memberships**

We recognise the importance of professional memberships; KCC are active members of:

- North West Glasgow Voluntary Sector Network
  - Glasgow Council for the Voluntary Sector
  - Scottish Communities for Health and Wellbeing
- Lainy and Beth are associate members of The CLD Standards Council Scotland

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our community spaces continued to benefit from a variety of groups delivering their sessions, creating opportunities for learning, connections, and support. During 2022/23 **650** individuals accessed services and/or groups/activities in the Centre **10,622** times, demonstrating the necessity for community hubs like KCC who are embedded in the heart of their communities.

**Kingsway Women's Group**

Kingsway Women's Group is a volunteer-led group who meet weekly. They organise and participate in activities about women's experiences, history, and local issues. The heart of the group is social and firm friendships have been made over the years of the group's existence.

With funding from The National Lottery Community Fund Awards for All programme, a community brunch was organised to promote the group and the Kingsway Women's Group have continued to grow its membership.

During 2022/23 **20** women attended **45** sessions. **174** times. A variety of trips and activities took place, highlights include:

- A trip to Edinburgh with the Kurdish Women's Group where the women received a guided tour of the Parliament. They also took a wander along the Royal Mile, visited to the Castle, and toured The Peoples Story Museum. This trip was an excellent way for the two groups to integrate. They shared opinions on social and political issues and took in the beautiful sights of the Capital, a first for some of the attendees.

*"I like being able to go to the Parliament as the Parliament in my home country is not open to the people"* **Kurdish WG participant.**

- Health Issues in the Community. As part of Beth's accreditation to become a Health Issues in the Community Tutor, the Women's Group participated in four taster sessions. They discussed a wide range of health issues; from how to treat illness to how housing can affect our health.
- Health Walk with Cindy. Attendees enjoyed the health walk so much that they became a weekly feature in our Activity for All timetable.
- Arts & crafts. The group love getting crafty and have done various art activities throughout the year, including painting plant pots.
- Panto. To get in the Christmas spirit, 12 members of our Women's Group went along to Knightswood Congregational Church's production of Dick Whittington.
- Wellness with Mary. In October 2022, the group met with Mary McConnell, Wellness Therapist to plan a four-week block of wellness sessions. In February and March 2023, the group attended sessions with Mary focussing on self-soothing, relaxation techniques like finger breathing and vision boarding.
- One attendee who was new to the group thoroughly enjoyed the first two sessions, telling us it was the first time she'd felt relaxed and able to talk about the stresses in her life.

*"You took us to another planet and that planet is called Relax"* **WG Participant.**





**Kingsway Community Connections  
(previously Kingsway Court Health  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

- International Women's Day. To mark IWD, our women's group spent the afternoon in Community Room 2 brushing up on their suffragette trivia and learning more about the women's liberation movement.
- Kelvingrove Art Museum. Six members of the group and Beth had a lovely afternoon at the museum and art gallery, exploring the Glasgow exhibits and having some tea and cake afterwards. Two members of the group who have studied art displayed two indicators of wellness (occupation and outgoing) by acting as unofficial tour guides for the group and educating them on techniques, for examples creating texture with varying brush strokes.

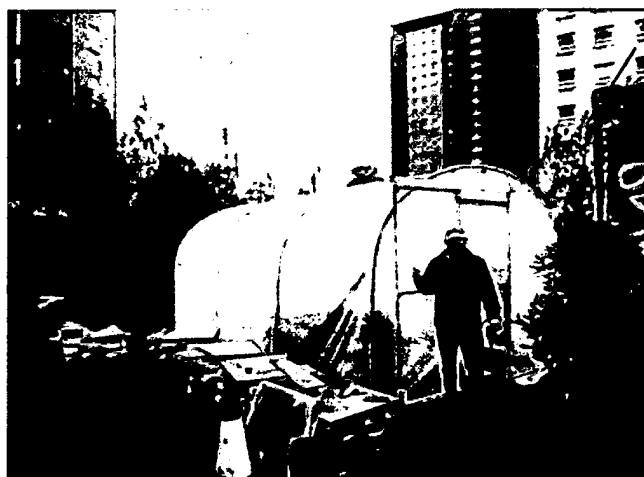
**Community Garden**

Our garden has 18 community beds which have been tended to by 20 keen gardeners over 2022/23. Our Community Development Gardener, Eric, provided 300 hours to supporting our 12 community beds. Eric regularly uses these beds to teach gardeners and members of the community how to plant and grow.

In partnership with Glasgow Community Food Network there were three tours around our garden in June. This was part of a series by GCFN to highlight local community gardens, learn about what growing is, how it works and how to get involved.

The garden is now the proud home of a polytunnel, meaning gardeners can grow cucumbers, tomatoes, chillies and Mediterranean herbs like basil. They can also raise plants in the tunnel and plant them once they are strong enough to survive outdoors.

As always, our youth group were keen to get back into the garden when The Club was on. Participants were especially interested in the pond during the Spring holidays as they could see tadpoles turning into frogs.



**Walking Group**

30 walks were planned over eleven months with 26 taking place from May 2022 to March 2023.

To accommodate a range of abilities and to encourage opportunity to participate and progress, walks were scheduled on different days and grades of difficulty. Walks took place across 7 Tuesday afternoons, 3 Wednesday evenings, 7 Thursday afternoons, 8 Friday afternoons, and 5 Saturdays. 11 walks were graded easy, 15 as moderate and 4 as hard.

A total of 47 people registered for the walking programme. 8 of whom did not attend any walks and 39 attended at least 1 walk.

Summer of 2022 saw the walking programme returned to a full schedule again post-covid. Over the years walking has proved to be a staple in the Centre's diet of activities to create connections for people, and build strength, fitness, and resilience, to both their physical and mental wellbeing.

- Ben Donich (May 2022)  
*"It was a great day! Brilliant company and fantastic views"*
- Conic Hill (August 2022)  
*"Brilliant walk, great day out and lovely company, what more could you want. Thanks to all involved!"*
- Greenock Cut (September 2022)  
*"Wet, wet, wet, but fun!"*

**Kingsway Community Connections  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

- Kilmanan & Burncrooks Reservoirs (March 2023)

*"Great walk. Thank you, Kingsway Community Connections and all the staff, for putting these walks on, and to Martin. Enjoying the walks so much, so beneficial to explore different areas that are not far away from where we live."*



- Glen Loin & Coiregrogain (February 2023)

*"Such a wonderful group, we all have good chat, fun and talk. [We are] taking in the amazing landscape that we so have in abundance in Scotland."*

The Centre hires local community transport and provides an experienced walk leader who plans the programme, drives the bus, and leads the walks on a voluntary basis.

The walks take people beyond their community and day to day experiences, whether that be gentler walks around country parks or a bit more challenging walks in the Scottish hills or the central lowlands. They offer opportunities to connect with others, connect with nature, absorb spectacular scenery, take time to reflect and feel good about themselves.

This quote from an enthusiastic walker sums up the programme very well:

*"A great walk, great fun and magnificent views, so passionately love Scotland for its fantastic views, fantastic diversity - mountains, hills, and beautiful landscape - the rocks, the lochs, the hills, so wonderful and so worth climbing. So therapeutic for the soul, and to have headspace and mind space, and to enjoy, just so beautiful and wonderful."*

**Youth Group  
Summer & October 2022**

Our youth work is delivered during school holidays (spring, summer, and October). We were delighted to be funded again by the **Scottish Government**. The fund was managed by **Inspiring Scotland's** Thrive Outdoors team. The fund themes align with KCC's approach to youth work:

- Development of better and more opportunities to play outside, leading to improved physical health, mental health and wellbeing.
- Families and communities gain a deeper awareness of the benefits of outdoor play connecting people and place.
- Increased perceived value and support of play opportunities for children and young people.

We had daily sessions for two weeks of The Club during the Spring holidays in April 2022. Every session was attended by **30** primary-school aged children.

We delivered **38** sessions to **79** children and **4** parents over the Summer and October Club.

We ate lots of healthy snacks, went on local walks, and enjoyed our local greenspaces. We are very fortunate to have access to the park on the Kingsway Estate, The Homie and the Danes Drive Park for our daily, play activities.

Being outdoors all the time has encouraged positive visibility for the young people in our area, with many community members' commenting throughout the holidays of how lovely it is to see kids playing outdoors. Young people also displayed their responsibility by asking to do community litter picks.

In total, we delivered **49** outdoor play sessions where **79** young people attended **1225** times.

**Kingsway Community Connections  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

In partnership with Glasgow Community Food Network, 4 parents attended 4 sessions where parents cooked lunch for the young people in The Club.

**Groups We Support**

**Kurdish Women's Group**

The group continues to be hugely popular and now has **150** women, children and young people registered. The main purpose of the group is to reduce isolation and to promote integration of asylum-seeking/refugee women. In particular, women from Iraq, Syria, Turkey and Iran. The group is peer led and held **61** sessions during 2023/23 with **3660** attendances. Activities include:

For children and young people:

- First Aid and Coping with Challenges workshops from British Red Cross.
- Self-defence session from Glasgow United Krav Maga.
- Session from Community Police Scotland.
- Visit to National Park arranged by Educational and Inclusion Adviser at Loch Lomond and the Trossachs National Park.
- Handmade sessions for children aged 10 and above, for example designing a bag and making jewellery.
- How To Be Safe online session by our volunteer.
- Session for our youth group arranged by DRC Generations.
- Several trips for all school aged children to Glasgow Science Centre.
- Cash for Kids fund for 2022 summer programme.
  - Cash for Kids fund to visit Flip out for the children.
  - Cash for Kids fund to visit Laser Station and Mini Golf.
- Visit to Movement Park.
- ASH project fund for our children to Visit M&D's to celebrate 2023 children's day.
- Amina Muslim Women's Resource Centre provided Eid toys.

For Women:

- Ongoing basic and informal English lessons conversation club.
- Ongoing online partnership working alongside Nergiz Kurdish Women's Group based in Nottingham which began during the pandemic.
- Partnership working with Amina Muslim Women's Resource Centre; delivered several educational sessions for our Women's group.
- Partnership working with Kingsway Women's Group including visiting Scottish Parliament.
- Tackling Loneliness session for women provided by British Red Cross team.
- Culture sharing session with Kingsway Women's Group.
- Express Feelings through Art provided by our volunteers.
- Hand and face massage sessions by our volunteers.
- Recycling sessions by our volunteers.
- Making Kurdish culture poster by women.
- Tai Chi session provided by Compassionate Accompanied CIC.
- How to look after ourselves (mentally and physically)
- Trip to Knightswood Library.
- Hate Crime Session provided by West of Scotland Regional Equality Council.
- Session from Smart Works Scotland for women group.
- Session from NHS Equality Team and human library topics.
- New partnership working with Pathway2Wellbeing and providing volunteers training for our women's group as well as parental sessions by specialist in Early Years Development.
- Participating in Supper Club at Heart of Scotstoun, an intergenerational cooking session.

**Kingsway Community Connections**  
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**Report of the Trustees**  
**for the Year Ended 31 March 2023**

**Group Celebrations**

- Eid celebrations for women and children.
- Partnership working with Historical Environmental Scotland and provides trip to Stirling Castle to celebrate Nawroz (Kurdish New Year).
- Kurdish flag day celebration.
- Children day celebration in Victoria Park 2022.

Our **Lunch club (Bite, Brew and a Blether)** and Coffee morning groups are peer led aimed at reducing isolation and loneliness in the community. Coffee morning takes place on a Tuesday, BBB is on Thursdays. During 2022/23 10 people were registered, attending 39 sessions, 202 times.

We were delighted to continue hosting **Active Seniors**. Throughout 2022/23 11 committee members held 13 meetings at the Centre and we provided access to office space and ongoing support as required.

In partnership with Glasgow Clyde College, we provided another term of English for Speakers of Other Languages (ESOL). 25 people attended 136 sessions delivered in the Centre's Community Room 1.

**Activity for All**

For the second year in a row, **Yoga** has proved to be our most popular activity with 20 registered members attending 78 times in the 11 sessions provided.

- *"This is exactly what I needed to get my confidence up again after [the pandemic]" - Yoga attendee (Jan 2023)*
- *"I've tried to do yoga before but always felt too stressed or anxious. Having Donna guiding the group is the motivation I need."*  
- Yoga attendee (Jan 2023)



**Mind & Draw** returned, this time to an evening slot as requested by participants. There is a lovely feel to this group, 12 people have attended 16 sessions. People have formed strong connections with each other, one participant even joins the group during her break from work in the local Tesco.

Residents told us that keeping active was important to them, we scheduled 18 Tai Chi sessions led by Gary from Chi in the Park. 13 people attended, and some have continued practicing what they learned at home.

We partnered with our friends at **Glasgow Eco Trust** once again to offer **Health Walks led by Cindy**. The walks give participants the opportunity to explore the local area with others while increasing fitness. There were 45 attendances recorded on the 15 walks delivered.

*"I really enjoyed that [walk], and I learned so much! There are things around the local area I had no idea were even here."* - Health walk attendee (Jan 2023).

**Branching Out.** 6 men attended a 4-session course around survival skills, each session focussed on a different skill. The purpose was to bring men together with the aim of developing a men's group, this work is on-going.

**Kingsway Community Connections  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

**Extended Opening**

In October 2022, Glasgow City Council recognised that due to the crisis around food and fuel costs, the coming winter was likely to be extremely challenging for many people. Through Glasgow Council for Voluntary Services, they asked community organisations if they were able to offer support by opening their spaces for longer. We were already developing our response to supporting residents and with funding from GCC, we became the dedicated "welcome space" for Scotstoun, resulting in the Centre opening its doors for 60 hours a week. During these 6 months, 112 people attended 3105 times to enjoy either a breakfast, hot meal or to simply have a bit of company.

Our support consisted of:

- Hot food (from Heart of Scotstoun) all day
- Breakfast club
- Internet access
- Charging points for electronics
- Microwave
- Offering a warm, safe space to meet others.

We asked people what the Centre meant to them:

- *Having time to see and chat with Janice.*
- *A fun place for kids to play.*
- *This place is amazing!*
- *Super fun and lots of children to play with.*
- *I love the food.*
- *Making new friends.*
- *I love the breakfast club!*
- *A place to be happy.*
- *A place to do your homework or studying.*
- *Sometimes quiet, sometimes loud.*
- *Open and welcome to everyone, friendly, happy.*
- *Promotes fitness, friendship and fun.*
- *A place to relax and to get support.*

During this time, staff informed people of other services and activities available in the Centre, many people have since joined groups, accessed yoga, tai chi, walks, and other activities adding further evidence to the power of connections.

**Services**

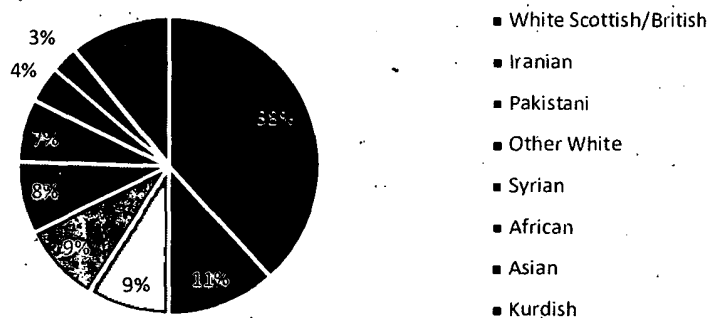
Our Welfare Advice & Support Worker, Yahong, supported 108 residents 341 times. Clients came from a variety of ethnic backgrounds, and their enquiries covered a wide range of topics but mainly concentrated in the areas of benefits, energy, and housing.

The composition of clients reflects the diversity in our community. The high percentage of non-indigenous people requesting welfare advice could suggest the additional barriers they face understanding and accessing benefits, housing etc.

**Kingsway Community Connections**  
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**Report of the Trustees**  
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**Ethnicity Composition of Clients**



In addition to appointment based one to one support, we provided people with referrals or access to emergency food. We referred **22** people to Glasgow North West Foodbank at Blawarthill Parish Church, **22** people were given vouchers to be redeemed at the North West Pantry and **1** person received **2** fuel vouchers from us. A further **5** people visited **11** times to access the telephone or photocopier.

**Further Highlights**

In December, Santa popped by, and gave out over **150 gifts** to young people in the area. Huge thanks to the **Garscadden/Scotstounhill Area Partnership** for once again funding this.

We were delighted to be able to hold our **annual fundraiser** in person for the first time since 2019. We had a fabulous evening in Scotstounhill Bowling Club and we were thrilled to have raised **£1260!**

We delivered an awareness session to asylum seekers and refugees on their housing rights in partnership with Community Infosource.

Beth and Yahong were featured on STV News to discuss the impact of the cost-of-living crisis has had on third sector organisation responding as warm spaces.

Lainy was elected as the Third Sector Interface representative on the Garscadden/Scotstounhill Area Partnership. We produced and delivered **500** newsletters to the community to keep them informed of the Centre's activities.

**Personal Growth & Wellness**

"Personal Growth is a lifelong journey of self-nurturing and aspirations to be a better person for yourself, your loved ones, and your community.

Personal Growth develops your self-awareness, purpose and meaning, optimism, resilience, and sense of responsibility.

Personal Growth builds the foundations of wellness"

**Kingsway Community Connections  
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**Report of the Trustees  
for the Year Ended 31 March 2023**

Last year we asked you what you think of when you read our Personal Growth and Wellness statement. Here's what you said:

- *The environment, including physical environment.*
- *Thinking of others, not just yourself*
- *'Be kind'*
- *Personality*
- *Support*
- *Strength and courage*
- *Motivation*
- *Community*
- *Health*
- *Be safe*

Our PG&W approach focusses around creating new, healthy habits which are sustainable and fit in around people's lives. High and consistent attendances at all our groups, activities and services shows our approach working in practice. A particularly impressive outcome of the approach is when people have told us they have adopted the practice of yoga and tai chi daily at home.

This year our question to you is:

**How do you want to learn more about Personal Growth and Wellness?**

**FINANCIAL REVIEW**

**Funders and Supporters**

Thank you for your continued support in being part of achieving our vision of Kingsway becoming a Proud, Capable and Confident multi-cultural community.

- The National Lottery Community Fund - Awards For All and Improving Lives Fund
- Glasgow City Council
- Scottish Government
- Robertson Trust
- Arnold Clark Community Fund
- Glasgow HSPC
- NHS North West Health Improvement Team
- Glasgow Community Planning Partnership
- Inspiring Scotland

**Reserves policy**

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. They have established a policy whereby the unrestricted funds should be approximately three months of normal operating expenditure. The expenditure for 2022/23 was £220,126 and therefore the target reserves figure is £55,032 in general unrestricted funds.

The Trustees are confident that at this level they would be able to continue the current activities of the charity in the short term in the event of a significant drop in funding. The 2022/23 accounts show that the general reserves were £9,698 (2022: £8,156), significantly short of the above target level. The Trustees have an intention to increase the level of general reserves as far as possible so as to reach this target.

**Results**

During the year to 31 March 2023, the charity had total income of £240,460 (2022: £174,139), expenditure of £220,126 (2022: £146,869) leaving a net surplus of £20,334 (2022: £27,270). The charity's total reserves at 31 March 2023 were £54,475 (2022: £34,141) and of these, the unrestricted reserves total £13,000 (2022: £11,625).

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Report of the Trustees  
for the Year Ended 31 March 2023**

**A LOOK AHEAD**

As our funding situation is now relatively stable for the next couple of years, we can plan longer term with some confidence. We intend to continue development of our groups and Activity for All in consultation with the community. Our **Personal Growth** approach to achieving **wellness** will remain our focus.

By actively encouraging people to adopt healthier habits, bit by bit, in a sustainable way, **people will grow**. By giving people the opportunity to connect with others by joining a group, attending activities, or accessing services, **people will grow**. By celebrating the diversity within our community and remaining committed to our vision, the **Kingsway community will grow**.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is ruled under the terms of its memorandum and articles of association (known informally as 'the constitution') and was formed in November 2010. It is recognised as a Scottish Charity by the Scottish Charity Regulator (OSCR).

**Recruitment and appointment of new trustees**

The trustees are appointed at the annual general meeting of the charity. They are selected on the basis of their interest and energy in enhancing the Kingsway Court high rise flats and the area immediately around the flats.

The Constitution states that trustees must be local residents.

**Organisational structure**

Day-to-day operational responsibility is delegated to the Managing Director, Lainy Bedingfield. Staff members report directly to the Managing Director, who in turn is responsible to the Board.

Board meetings are held approximately every month and the Managing Director circulates a report to the board approximately one week before the meeting.

**Key management remuneration**

In the opinion of the trustees there is only one key management personnel - the Managing Director. The total employer cost of this post (including salary, employer national insurance and employer pension contributions) is £42,093 (2022: £38,342).

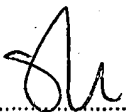
**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The aims of the charity's risk management policy are to:

- Promote client (resident), employee and public safety
- Protect personnel and assets
- Minimise loss and insurance costs
- Improve contingency planning for dealing with risks and their impact

Approved by order of the board of trustees on 20-10-23 and signed on its behalf by:

  
Stephanie Coyle - Secretary



**Independent Examiner's Report to the Trustees of  
Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

I report on the accounts for the year ended 31 March 2023 set out on pages sixteen to thirty-one.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulationshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Nicholls FCCA  
The Association of Chartered Certified Accountants  
Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB

Date: 23 October 2023

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the Year Ended 31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	3	1,722	233,103	234,825	168,533
Other trading activities	4	635	-	635	1,606
Other income	5	<u>5,000</u>	<u>-</u>	<u>5,000</u>	<u>4,000</u>
<b>Total</b>		<u>7,357</u>	<u>233,103</u>	<u>240,460</u>	<u>174,139</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	6				
Community development and health initiatives		<u>7,231</u>	<u>212,895</u>	<u>220,126</u>	<u>146,869</u>
<b>NET INCOME</b>					
Transfers between funds	18	<u>126</u> <u>1,249</u>	<u>20,208</u> <u>(1,249)</u>	<u>20,334</u> <u>-</u>	<u>27,270</u> <u>-</u>
<b>Net movement in funds</b>		<u>1,375</u>	<u>18,959</u>	<u>20,334</u>	<u>27,270</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>11,625</u>	<u>22,516</u>	<u>34,141</u>	<u>6,871</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>13,000</u></u>	<u><u>41,475</u></u>	<u><u>54,475</u></u>	<u><u>34,141</u></u>

**CONTINUING OPERATIONS**

This statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities in both years.

Comparative figures for the previous year by fund type are shown in Note 13.

The notes on pages 19 to 31 form part of these financial statements.

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Balance Sheet  
31 March 2023**

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible assets	14	3,302	3,469
<b>CURRENT ASSETS</b>			
Debtors	15	10,764	9,540
Cash at bank and in hand		<u>80,952</u>	<u>65,939</u>
		91,716	75,479
<b>CREDITORS</b>			
Amounts falling due within one year	16	(40,543)	(44,807)
<b>NET CURRENT ASSETS</b>		<u>51,173</u>	<u>30,672</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>54,475</u>	<u>34,141</u>
<b>NET ASSETS</b>		<u>54,475</u>	<u>34,141</u>
<b>FUNDS</b>	18		
Unrestricted funds		13,000	11,625
Restricted funds		<u>41,475</u>	<u>22,516</u>
<b>TOTAL FUNDS</b>		<u>54,475</u>	<u>34,141</u>

The charitable company is entitled to exemption from audit under, Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes on pages 19 to 31 form part of these financial statements

**Kingsway Community Connections**  
**(previously Kingsway Court Health**  
**& Wellbeing Centre)**

**Balance Sheet - continued**  
**31 March 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on  
20-10-23 and were signed on its behalf by:

  
Carine Gordon - Trustee

  
Charlotte Boyce - Trustee

The notes on pages 19 to 31 form part of these financial statements

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements  
for the Year Ended 31 March 2023**

**1. GENERAL INFORMATION**

Kingsway Community Connections ("the charity") is a charitable company, limited by guarantee. The charity is ruled under the terms of its memorandum and articles of association (known informally as 'the constitution') and was formed in November 2010. It is recognised as a Scottish Charity by the Scottish Charity Regulator (OSCR) with registered number SC037466. Its registered address is 50 Kingsway Court, Glasgow, G14 9SR.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on an accruals basis, and on a going concern basis, in accordance with:

- the Charities and Trustee Investment (Scotland) Act 2005;
- Regulation 8 (Statement of account - Fully accrued accounts) of The Charities Accounts (Scotland) Regulations 2006;
- the Financial Reporting Standard applicable in the UK and Republic of Ireland, published in March 2018 ("FRS 102"), to the extent that it applies to small entities and public benefit entities;
- 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland, published in October 2019 (FRS 102)' ("the Charities SORP");
- UK Generally Accepted Accounting Practice; and
- the historical cost convention.

The charity meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value, unless otherwise stated in the relevant accounting policy.

The financial statements are presented in UK sterling, which is the charity's functional currency, and rounded to the nearest pound.

There have been no changes to the basis of preparation this financial year or to the previous financial year's financial statements.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**2. ACCOUNTING POLICIES - continued**

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Tangible fixed assets**

All assets over £500 will be capitalised and depreciation is provided at the following annual rate in order to write off each asset over its estimated useful life.

Computer Equipment     -25% straight line method

**Taxation**

Kingsway Community Connections is a charity within the meaning of Section 467 of the Corporation Tax Act 2010. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 of Part 11 of the Corporation Tax Act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied for charitable purposes only.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**3. DONATIONS AND LEGACIES**

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Donations	1,722	591	2,313	1,610
Grants	-	232,512	232,512	166,923
	<u>1,722</u>	<u>233,103</u>	<u>234,825</u>	<u>168,533</u>

Grants received, included in the above, are as follows:

	2023 £	2022 £
GCC Area Committee	7,092	5,881
Greater Glasgow NHS Health Board	42,000	18,500
Investing in Communities Fund	40,477	36,506
Awards for All	7,275	-
Glasgow Communities Fund	72,726	77,104
National Lottery Community Fund	21,107	-
Arnold Clark Community Fund	1,000	750
Inspiring Scotland	9,135	8,182
NHS Post Covid Fund	-	20,000
GCVS Wellbeing Fund	11,000	-
Robertson Trust	20,700	-
	<u>232,512</u>	<u>166,923</u>

**4. OTHER TRADING ACTIVITIES**

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Room Letting	480	-	480	825
Services Income	101	-	101	670
Printing, Copying, Faxing	9	-	9	4
Miscellaneous	45	-	45	107
	<u>635</u>	<u>-</u>	<u>635</u>	<u>1,606</u>

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**5. OTHER INCOME**

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Employment Allowance	<u>5,000</u>	<u>-</u>	<u>5,000</u>	<u>4,000</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 7) £	Grant funding of activities (see note 8) £	Support costs (see note 9) £	Totals £
Community development and health initiatives	<u>209,017</u>	<u>9,589</u>	<u>1,520</u>	<u>220,126</u>

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2023 £	2022 £
Staff costs	138,139	102,899
GCVS Payroll Fee	645	569
Sessional Fees	100	-
Staff Training	3,611	3,876
Staff Travel	112	37
Activities	5,430	2,904
Catering Costs	3,606	548
Facilitation Fees	29,102	14,483
Facilities Hire	100	100
Material and Equipment	3,590	1,235
Publicity and Promotion	783	-
Return of Key Deposits	10	10
Transport Costs	1,318	66
Vol Training and Expenses	44	57
Bank Charges	3	-
Cleaning and Toiletries	4,658	3,210
Computer Services	3,220	2,777
Donations	100	-
Insurance	708	686
Office Stationery	760	238
Photocopier	1,229	1,539
Postage and Carriage	155	30
Provisions & Hospitality	2,110	256
Repairs and Maintenance	1,285	907
Subscriptions	351	774
Telephone	1,454	1,671
Furniture and Fittings	<u>90</u>	<u>81</u>
Carried forward	202,713	138,953



**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Brought forward	202,713	138,953
Management Fees	3,600	4,230
Monitoring & evaluation	-	225
Staff Recruitment	1,288	1,105
Depreciation	1,416	1,156
	<u>209,017</u>	<u>145,669</u>

**8. GRANTS PAYABLE**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Community development and health initiatives	<u>9,589</u>	<u>-</u>

The total grants paid to institutions during the year was as follows:

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
DRC Generations	3,000	-
LINKES	1,750	-
Glasgow Eco Trust	2,839	-
Knightswood Gala	<u>2,000</u>	<u>-</u>
	<u>9,589</u>	<u>-</u>

**9. SUPPORT COSTS**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Independent Examination Fee	1,320	1,200
Management Committee Expenses	<u>200</u>	<u>-</u>
	<u>1,520</u>	<u>1,200</u>

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**10. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	<u>1,416</u>	<u>1,156</u>

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**12. STAFF COSTS**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Wages and salaries	122,585	91,713
Social security costs	12,625	8,996
Other pension costs	<u>2,929</u>	<u>2,190</u>
	<u>138,139</u>	<u>102,899</u>

The average monthly number of employees during the year was as follows:

	<b>2023</b>	<b>2022</b>
	<b>5</b>	<b>4</b>
Office and Project Staff (FTE)	<u>5</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total funds £</b>
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	1,406	167,127	168,533
Other trading activities	1,396	210	1,606
Other income	<u>4,000</u>	<u>-</u>	<u>4,000</u>
<b>Total</b>	<u><b>6,802</b></u>	<u><b>167,337</b></u>	<u><b>174,139</b></u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Community development and health initiatives	<u>3,089</u>	<u>143,780</u>	<u>146,869</u>
<b>NET INCOME</b>	3,713	23,557	27,270
Transfers between funds	<u>4,625</u>	<u>(4,625)</u>	<u>-</u>
<b>Net movement in funds</b>	8,338	18,932	27,270
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>3,287</u>	<u>3,584</u>	<u>6,871</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><b>11,625</b></u>	<u><b>22,516</b></u>	<u><b>34,141</b></u>

**14. TANGIBLE FIXED ASSETS**

	<b>Computer Equipment £</b>
<b>COST</b>	
At 1 April 2022	4,625
Additions	<u>1,249</u>
At 31 March 2023	<u>5,874</u>
<b>DEPRECIATION</b>	
At 1 April 2022	1,156
Charge for year	<u>1,416</u>
At 31 March 2023	<u>2,572</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u><u>3,302</u></u>
At 31 March 2022	<u><u>3,469</u></u>

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Payroll Account	940	735
Accrued Income	9,824	8,084
Prepayments	-	721
	<u>10,764</u>	<u>9,540</u>

**16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade creditors	1,397	200
Deferred income	39,146	44,607
	<u>40,543</u>	<u>44,807</u>

Deferred income comprised income received for projects to which KCC was not entitled until the following year.

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
At 1 April	44,607	-
Deferred in year	39,146	44,607
Released in year	(44,607)	-
At 31 March	<u>39,146</u>	<u>44,607</u>

**17. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2023 Total funds</b>	<b>2022 Total funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Fixed assets	3,302	-	3,302	3,469
Current assets	11,095	80,621	91,716	75,479
Current liabilities	(1,397)	(39,146)	(40,543)	(44,807)
	<u>13,000</u>	<u>41,475</u>	<u>54,475</u>	<u>34,141</u>

**Kingsway Community Connections**  
(previously Kingsway Court Health  
& Wellbeing Centre)

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**17. ANALYSIS OF NET ASSETS BETWEEN FUNDS - continued**

Comparatives for analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	3,469	-	3,469	-
Current assets	8,356	67,123	75,479	7,660
Current liabilities	(200)	(44,607)	(44,807)	(789)
	<u>11,625</u>	<u>22,516</u>	<u>34,141</u>	<u>6,871</u>

**18. MOVEMENT IN FUNDS**

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	8,156	1,542	-	9,698
Fixed Asset Fund	<u>3,469</u>	<u>(1,416)</u>	<u>1,249</u>	<u>3,302</u>
	11,625	126	1,249	13,000
<b>Restricted funds</b>				
Greater Glasgow Health Board	5,403	19,139	-	24,542
GCC Area Committee	-	249	(249)	-
Awards for All	-	695	-	695
Bite, Brew & a Blether	353	(107)	-	246
National Lottery Community Fund	-	3,054	-	3,054
Arnold Clark Community Fund	-	1,000	(1,000)	-
Inspiring Scotland	779	1,150	-	1,929
NHS Post Covid fund	15,981	(12,481)	-	3,500
Robertson Trust	<u>-</u>	<u>7,509</u>	<u>-</u>	<u>7,509</u>
	<u>22,516</u>	<u>20,208</u>	<u>(1,249)</u>	<u>41,475</u>
<b>TOTAL FUNDS</b>	<u>34,141</u>	<u>20,334</u>	<u>-</u>	<u>54,475</u>

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	7,357	(5,815)	1,542
Fixed Asset Fund	-	(1,416)	(1,416)
	7,357	(7,231)	126
<b>Restricted funds</b>			
Greater Glasgow Health Board	42,000	(22,861)	19,139
GCC Area Committee	7,092	(6,843)	249
Scottish Government Investing in Communities Fund	40,477	(40,477)	-
Awards for All	7,275	(6,580)	695
Glasgow Communities Fund	72,726	(72,726)	-
Bite, Brew & a Blether	591	(698)	(107)
National Lottery Community Fund	21,107	(18,053)	3,054
Arnold Clark Community Fund	1,000	-	1,000
Inspiring Scotland	9,135	(7,985)	1,150
NHS Post Covid fund	-	(12,481)	(12,481)
GCVS Wellbeing Fund	11,000	(11,000)	-
Robertson Trust	20,700	(13,191)	7,509
	233,103	(212,895)	20,208
<b>TOTAL FUNDS</b>	<u>240,460</u>	<u>(220,126)</u>	<u>20,334</u>

**Kingsway Community Connections**  
(previously Kingsway Court Health  
& Wellbeing Centre)

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**18. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	3,287	4,869	-	8,156
Fixed Asset Fund	-	(1,156)	4,625	3,469
	3,287	3,713	4,625	11,625
<b>Restricted funds</b>				
Greater Glasgow Health Board	3,425	1,978	-	5,403
GCC Area Committee	-	3,875	(3,875)	-
Greggs Foundation	6	(6)	-	-
Bite, Brew & a Blether	153	200	-	353
Arnold Clark Community Fund	-	750	(750)	-
Inspiring Scotland	-	779	-	779
NHS Post Covid fund	-	15,981	-	15,981
	3,584	23,557	(4,625)	22,516
<b>TOTAL FUNDS</b>	<u>6,871</u>	<u>27,270</u>	<u>-</u>	<u>34,141</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	6,802	(1,933)	4,869
Fixed Asset Fund	-	(1,156)	(1,156)
	6,802	(3,089)	3,713
<b>Restricted funds</b>			
Greater Glasgow Health Board	18,500	(16,522)	1,978
GCC Area Committee	5,881	(2,006)	3,875
Scottish Government Investing in Communities Fund	36,506	(36,506)	-
Greggs Foundation	-	(6)	(6)
Glasgow Communities Fund	77,104	(77,104)	-
Bite, Brew & a Blether	414	(214)	200
Arnold Clark Community Fund	750	-	750
Inspiring Scotland	8,182	(7,403)	779
NHS Post Covid fund	20,000	(4,019)	15,981
	167,337	(143,780)	23,557
<b>TOTAL FUNDS</b>	<u>174,139</u>	<u>(146,869)</u>	<u>27,270</u>

**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**19. RELATED PARTY TRANSACTIONS**

The Administrator & Facilities Manager also fulfils the role of Company Secretary for administrative purposes but is not a trustee/director.

**20. FUND DESCRIPTIONS 2022**

General - The unrestricted, 'free reserves' of the Charity

CPP Integrated Grants Fund - Funding for staff costs, core running costs and a contribution to programme activity (youth programme and welfare enquiry & advice service)

GHA Better Lives - Contribution to staff costs for our welfare enquiry & advice service

Greater Glasgow Health Board - Contribution to the co-ordinator's salary and support of programme activity  
General - The unrestricted, 'free reserves' of the Charity

Glasgow Communities Fund - Funding for staff costs, core running costs

Greater Glasgow Health Board - Contribution to the co-ordinator's salary and support of programme activity post covid.

Scottish Government Investing in Communities Fund - This fund aims to support Kingsway's capacity to develop a shared understanding of place and vision for the Kingsway community within the broader community of Garscadden & Scotstounhill.

Inspiring Scotland - Scottish Government funding to support childhood health and wellbeing through outdoor play with an added focus on supporting parents to facilitate family play sessions.

Glasgow City Council Area Committee - Provided two grants. One for an upgrade of IT equipment and another to provide Christmas gifts to children and young people in Kingsway.

Arnold Clark Community Fund - Provided funding for the purchase of a laptop that has assisted staff to continue hybrid working.

Designated Fixed Asset Fund - This fund represents the net book value of the Charity's tangible fixed assets. Depreciation is charged to the fund and additions are transferred to it.

**21. FUND DESCRIPTIONS 2023**

Glasgow Communities Fund - Managing Director and Administrator & Facilities Manager staff costs and proportion of core costs.

Strengthening Communities Fund - Programme & Development Coordinator staff costs and proportion of core costs.

Robertson Trust - Welfare Advice & Support Worker joint staff costs and proportion of core costs.

National Lottery Communities Fund - Welfare Advice & Support Worker joint staff costs and proportion of core costs.

Arnold Clark Community Fund - Purchase two laptops for staff.



**Kingsway Community Connections  
(previously Kingsway Court Health  
& Wellbeing Centre)**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**21. FUND DESCRIPTIONS 2023 - continued**

Greater Glasgow Health Board - Contribution to Managing Directors salary and support of programme activity.

Health Board Post Covid Fund - Funds to promote face-to-face community events post covid.

Inspiring Scotland - Scottish Government funding to support childhood health and wellbeing through outdoor play with an added focus on supporting parents to facilitate family play sessions.

Glasgow City Council Area Committee - Provided five grants. Purchase laptop for staff; Purchase replacement wall heaters and protective guards; Purchase £350 of NW Pantry vouchers to distribute to residents; Contribution towards our fundraiser running costs, a further £350 NW Pantry vouchers and £2k for Christmas gifts for local children; support to running costs for extended opening hours as a Warm Space.

Glasgow Council for Voluntary Sector - Provided two grants. Support extended opening hours as Warm Space.

A Bite, A Brew, and A Blether - Lunch club fund. Donations made weekly by members used to buy ingredients for lunch and occasional social events.

Unrestricted Fund - The unrestricted, 'free reserves' of the Charity.

Awards for All - National Lottery funding towards the Activity for All programme.