



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



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**XHCL8WP4**

*Company Name:* **ABERDEEN LIFE COACHING LIMITED**

*Company Number:* **SC344599**

*Date of this return:* **19/06/2011**

*SIC codes:* **9003**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **ANDERSON HOUSE 24 ROSE STREET  
ABERDEEN  
AB10 1UA**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Corporate**

*Name:* **PLENDERLEATH RUNCIE LLP**

*Registered or  
principal address:* **ANDERSON HOUSE 24 ROSE STREET  
ABERDEEN  
ABERDEENSHIRE  
SCOTLAND  
AB10 1UA**

## *European Economic Area (EEA) Company*

*Register Location:* **PLENDERLEATH RUNCIE LLP**

*Registration Number:* **SO301665**

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*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **SANDRA MCINTOSH**

*Surname:*                            **PATERSON**

*Former names:*

*Service Address:*                **16 HILLOCKS WAY**  
                                             **BUCKSBURN**  
                                             **ABERDEEN**  
                                             **ABERDEENSHIRE**  
                                             **AB21 9DB**

*Country/State Usually Resident:*    **SCOTLAND**

*Date of Birth:*    **02/12/1958**                                *Nationality:*    **BRITISH**  
*Occupation:*    **NURSE**

## Statement of Capital (Share Capital)

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|                               |                 |                                |          |
|-------------------------------|-----------------|--------------------------------|----------|
| <b>Class of shares</b>        | <b>ORDINARY</b> | <i>Number allotted</i>         | <b>1</b> |
|                               |                 | <i>Aggregate nominal value</i> | <b>1</b> |
| <i>Currency</i>               | <b>GBP</b>      | <i>Amount paid per share</i>   | <b>0</b> |
|                               |                 | <i>Amount unpaid per share</i> | <b>0</b> |
| <i>Prescribed particulars</i> |                 |                                |          |
| N/A                           |                 |                                |          |

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## Statement of Capital (Totals)

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|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>1</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>1</b> |

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 19/06/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 1 ORDINARY shares held as at 2011-06-19  
*Name:* SANDRA PATERSON

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.