



Companies House

— for the record —

Company Name

BALANCED PERCEPTIONS
LIMITED

Company Type

Private Company Limited By
Shares

Company Number

SC286711

Information extracted from
Companies House records on
17th June 2006

363s Annual Return

- > Please check the details printed in blue on this statement
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column
- > Please use black pen and write in capitals



Section 1: Company details



Ref. SC286711/01/01

| | Current details | Amended details | | | | | | | | | | | | | | |
|---|--|---|----------|-------------|-------------|-------------------------------|-------------|-----------------------------|--|--|--|--|--|--|--|--|
| > Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i> | 2 Porterfield Road Inverness IV2 3HW | Address UK Postcode _ _ _ _ _ | | | | | | | | | | | | | | |
| > Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i> | Address where the Register is held At Registered Office | Address UK Postcode _ _ _ _ _ | | | | | | | | | | | | | | |
| > Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i> | Not Applicable | Address UK Postcode _ _ _ _ _ | | | | | | | | | | | | | | |
| > Principal Business Activities <i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities</i> | <i>None held, please enter SIC code or description in the amended details column</i> | <table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>7487</td> <td>Communication training</td> </tr> <tr> <td>8042</td> <td>Personal development</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> </tbody> </table> | SIC CODE | Description | 7487 | Communication training | 8042 | Personal development | | | | | | | | |
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| | Current details | Amended details |
|--|--|--|
| <p>> Company Secretary</p> <p>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column</p> <p>Particulars of a new Company Secretary must be notified on form 288a.</p> | <p>Name</p> <p>Angela MACDONALD</p> <p>Address</p> <p>2 Porterfield Road</p> <p>Inverness</p> <p>IV2 3HW</p> | <p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985</p> <p>Address</p> <hr/> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Angela MACDONALD ceased to be secretary (if applicable)</p> <p style="text-align: right;">_ _ / _ _ / _ _ _ _</p> |
| <p>> Director</p> <p>If any of the details for this person are wrong, stnke them through and fill in the correct details in the "Amended details" column</p> <p>Particulars of a new Director must be notified on form 288a</p> | <p>Name</p> <p>Angela MACDONALD</p> <p>Address</p> <p>2 Porterfield Road</p> <p>Inverness</p> <p>IV2 3HW</p> <p>Date of birth 08/05/1964</p> <p>Nationality British</p> <p>Occupation Company Director</p> | <p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985</p> <p>Address</p> <hr/> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Angela MACDONALD ceased to be director (if applicable)</p> <p style="text-align: right;">_ _ / _ _ / _ _ _ _</p> |

Amended details

If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column

Address
2 Porterfield Road
Inverness
Highland
IV2 3HW

Nationality British

Occupation **Company Director**

☐ Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985

Address

UK Postcode _ _ _ _ _

Date of birth _ _ / _ _ / _ _ _ _

Nationality _____

Occupation _____

Date of change _ _ / _ _ / _ _ _ _

Date Roderick MACDONALD ceased to be director (if applicable)

— — / — — / — — “ —

*Particulars of a new Director
must be notified on form
288a*

Section 3: Total Issued Share Capital**(B)**

> Please enter the details of the company's total share capital in the space provided below

Issued share capital details

> Please fill in the details of total share capital by class (eg. ordinary, preference etc) that has been issued to the company's shareholders

Class of Share

Number of shares issued

Ordinary50

Aggregate Nominal Value of issued shares

£50

Class of Share

Number of shares issued

Ordinary50

Aggregate Nominal Value of issued shares

£50

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

> Please fill in the total number of issued shares and their total nominal value

Number of shares issued

100

Aggregate Nominal Value of issued shares

£100

> Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company
- > Please copy this page if there is not enough space to enter all the company's current shareholders

| Shareholders details | Class and number of shares or amount of stock held | Class and number of shares or amount of stock transferred (If appropriate) | Date of registration of transfer (If appropriate) |
|---|--|--|---|
| Name <u>Roderick MacDonald</u> Address <u>2 Porterfield Road</u> <u>Inverness</u> UK Postcode <u>LV2 3HW</u> | 50 Ordinary | | |
| Name <u>Angela MacDonald</u> Address <u>2 Porterfield Road</u> <u>Inverness</u> UK Postcode <u>LV2 3HW</u> | 50 Ordinary | | |
| Name _____ Address _____ _____ UK Postcode - - - - - | | | |
| Name _____ Address _____ _____ UK Postcode - - - - - | | | |

Section 4B: Details of Former Shareholders

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred
- > Please copy this page if there is not enough space to enter all the company's former shareholders

| Former shareholders details | Class and number of shares or amount of stock transferred | Date of registration of transfer |
|---|---|----------------------------------|
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | |
| Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _ | | |



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below
- > If you want to change the made up date of this annual return, please complete 2 below

1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below) I enclose the filing fee of £30

Signature

Angela MacDonald
(Director / Secretary)

Date

01 / 08 / 2006

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below

2. Date of this return

- ☐ This AR is made up to 27/6/2006 If you are making this return up to an earlier date, please give the date here

— / — / —

Note The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **27th June 2007** please give the new date here

— / — / —

4. Where to send this form

- ☐ Please return this form to

Registrar of Companies
Companies House
37 Castle Terrace
Edinburgh EH1 2EB

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

Contact Name

Telephone number *inc code*

Address

DX number *if applicable*

DX exchange

Postcode
