



*Companies House*  
— for the record —

**363a<sup>(ef)</sup>**

**Annual Return**



**XDJWBDGT**

*Received for filing in Electronic Format on the: 21/09/2009*

*Company Name:* **ABSOLUTE PILATES LIMITED**

*Company Number:* **SC273053**

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### *Company Details*

*Period Ending:* **08/09/2009**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC codes:*

**9304**

*Registered Office  
Address:*

*Register of  
Members Address:*

*Register of Debenture  
Holders Address:*

**28 PAIDMYRE ROAD  
NEWTON MEARNS  
GLASGOW  
G77 5AJ**

## *Details of Officers of the Company*

*Company Secretary 1:*

*Name:* **JAMES NELSON**

*Address:* **28 PAIDMYRE ROAD  
NEWTON MEARNES  
LANARKSHIRE  
G77 5AJ**

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*Director 1 :*

*Name:* **ANNE-MARIE NELSON**

*Address:* **28 PAIDMYRE ROAD  
NEWTON MEARNES  
LANARKSHIRE  
G77 5AJ**

*Date of Birth:* **19/11/1964**

*Nationality:* **BRITISH**

*Occupation:* **FITNESS INSTRUCTOR**

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### *Share Capital*

*Issued Share Capital Details:*

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
<b>ORDINARY</b>	<b>2</b>	<b>GBP2</b>
<b>TOTALS</b>	<b>2</b>	<b>GBP2</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 08/09/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

*Shareholding 1:*

**1 ORDINARY Shares held as at 08/09/2009**

*Name:*

**ANNE MARIE NELSON**

*Address:*

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*Shareholding 2:*

**1 ORDINARY Shares held as at 08/09/2009**

*Name:*

**JAMES NELSON**

*Address:*

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### *Authorisation*

*Authoriser Designation:* **director**

*Date Authorised:* **20/09/2009**

*Authenticated:* **Yes (SC)**