



Companies House

**AR01** (ef)

**Annual Return**



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**X529P42Y**

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*Company Name:* **FITNUT LIMITED**

*Company Number:* **SC228703**

*Date of this return:* **04/03/2016**

*SIC codes:* **86900**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **1 EAST CRAIBSTONE STREET  
ABERDEEN  
ABERDEENSHIRE  
AB11 6YQ**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Corporate**  
*Name:* **JAMES AND GEORGE COLLIE LLP**

*Registered or principal address:* **1 EAST CRAIBSTONE STREET  
ABERDEEN  
ABERDEENSHIRE  
UNITED KINGDOM  
AB11 6YQ**

## *European Economic Area (EEA) Company*

*Register Location:* **SCOTLAND**  
*Registration Number:* **SO304786**

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## *Company Director 1*

*Type:* **Person**  
*Full forename(s):* **MS GEORGINA LOUISE**

*Surname:* **HOWDEN**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* **SCOTLAND**

*Date of Birth:* **\*\*/08/1972** *Nationality:* **BRITISH**  
*Occupation:* **DIRECTOR AND GENERAL  
MANAGER**

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## *Company Director* 2

*Type:* **Person**  
*Full forename(s):* MRS HELEN PENELOPE

*Surname:* MCINTOSH

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* SCOTLAND

*Date of Birth:* \*\*/12/1948 *Nationality:* BRITISH

*Occupation:* MANAGING DIRECTOR

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## *Company Director* 3

*Type:* **Person**  
*Full forename(s):* MR STEPHEN JAMES

*Surname:* MCINTOSH

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:* SCOTLAND

*Date of Birth:* \*\*/12/1963 *Nationality:* BRITISH

*Occupation:* MANAGER

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>20</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0.1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>20</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 04/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 8 ORDINARY shares held as at the date of this return  
*Name:* HELEN PENELOPE MCINTOSH

*Shareholding 2* : 8 ORDINARY shares held as at the date of this return  
*Name:* STEPHEN JAMES MCINTOSH

*Shareholding 3* : 4 ORDINARY shares held as at the date of this return  
*Name:* GEORGINA HOWDEN

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.