



Companies House

AR01 (ef)

Annual Return



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X529P42Y

Company Name: **FITNUT LIMITED**

Company Number: **SC228703**

Date of this return: **04/03/2016**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **1 EAST CRAIBSTONE STREET
ABERDEEN
ABERDEENSHIRE
AB11 6YQ**

Officers of the company

Company Secretary 1

Type: **Corporate**
Name: **JAMES AND GEORGE COLLIE LLP**

Registered or
principal address: **1 EAST CRAIBSTONE STREET
ABERDEEN
ABERDEENSHIRE
UNITED KINGDOM
AB11 6YQ**

European Economic Area (EEA) Company

Register Location: **SCOTLAND**
Registration Number: **SO304786**

Company Director 1

Type: **Person**
Full forename(s): **MS GEORGINA LOUISE**

Surname: **HOWDEN**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **SCOTLAND**

Date of Birth: ****/08/1972** Nationality: **BRITISH**

Occupation: **DIRECTOR AND GENERAL
MANAGER**

Company Director 2

Type: **Person**
Full forename(s): MRS HELEN PENELOPE

Surname: MCINTOSH

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: SCOTLAND

Date of Birth: **/12/1948 Nationality: BRITISH

Occupation: MANAGING DIRECTOR

Company Director 3

Type: **Person**
Full forename(s): MR STEPHEN JAMES

Surname: MCINTOSH

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: SCOTLAND

Date of Birth: **/12/1963 Nationality: BRITISH

Occupation: MANAGER

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	20
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	20
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 04/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 8 ORDINARY shares held as at the date of this return
Name: HELEN PENELOPE MCINTOSH

Shareholding 2 : 8 ORDINARY shares held as at the date of this return
Name: STEPHEN JAMES MCINTOSH

Shareholding 3 : 4 ORDINARY shares held as at the date of this return
Name: GEORGINA HOWDEN

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.