

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2013

FOR

FITNUT LIMITED

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FOR THE YEAR ENDED 31 MARCH 2013**

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FITNUT LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2013**

DIRECTORS:

S J McIntosh
Mrs H P McIntosh

SECRETARY:

James and George Collie

REGISTERED OFFICE:

1 East Craibstone Street
Aberdeen
AB11 6YQ

REGISTERED NUMBER:

SC228703 (Scotland)

ACCOUNTANTS:

Fyfe Moir & Associates
58 Queens Road
Aberdeen
Grampian
AB15 4YE

**ABBREVIATED BALANCE SHEET
31 MARCH 2013**

	Notes	31.3.13 £	£	31.3.12 £	£
FIXED ASSETS					
Intangible assets	2		10,527		-
Tangible assets	3		<u>20,517</u>		<u>20,723</u>
			31,044		20,723
CURRENT ASSETS					
Stocks		25,363		-	
Debtors		85,468		23,028	
Cash at bank		<u>9,269</u>		<u>8,239</u>	
		120,100		31,267	
CREDITORS					
Amounts falling due within one year		<u>144,358</u>		<u>87,373</u>	
NET CURRENT LIABILITIES			<u>(24,258)</u>		<u>(56,106)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			6,786		(35,383)
PROVISIONS FOR LIABILITIES					
			<u>6,865</u>		-
NET LIABILITIES			<u>(79)</u>		<u>(35,383)</u>
CAPITAL AND RESERVES					
Called up share capital	4		2		2
Profit and loss account			<u>(81)</u>		<u>(35,385)</u>
SHAREHOLDERS' FUNDS			<u>(79)</u>		<u>(35,383)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2013 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

FITNUT LIMITED (REGISTERED NUMBER: SC228703)

ABBREVIATED BALANCE SHEET - continued
31 MARCH 2013

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 10 June 2013 and were signed on its behalf by:

Mrs H P McIntosh - Director

The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2013**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on cost and 20% on cost

Stocks

Stocks and work in progress are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Cost includes all direct expenditure and an appropriate proportion of fixed and variable overheads.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter.

The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. INTANGIBLE FIXED ASSETS

COST

Additions

At 31 March 2013

AMORTISATION

Amortisation for year

At 31 March 2013

NET BOOK VALUE

At 31 March 2013

Total
£

13,810

13,810

3,283

3,283

10,527

**NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 31 MARCH 2013**

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2012	39,584
Additions	<u>1,809</u>
At 31 March 2013	<u>41,393</u>
DEPRECIATION	
At 1 April 2012	18,861
Charge for year	<u>2,015</u>
At 31 March 2013	<u>20,876</u>
NET BOOK VALUE	
At 31 March 2013	<u>20,517</u>
At 31 March 2012	<u>20,723</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:			
Number:	Class:	Nominal value:	31.3.13 £
2	Ordinary	£1	<u>2</u>
			31.3.12 £
			<u>2</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.