



Companies House

— for the record —

AR01 (ef)

Annual Return



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Company Name: **ABERDEEN HEALTH AND FITNESS LIMITED**

Company Number: **SC216786**

Date of this return: **02/03/2010**

SIC codes: **9262**

Company Type: **Private company limited by shares**

Situation of Registered Office: **12-16 ALBYN PLACE
ABERDEEN
AB10 1PS**

Officers of the company

Service Address:

Company Secretary 1

Type: **Corporate**

Name: **RAEBURN CHRISTIE CLARK & WALLACE**

Registered or principal address: **12-16 ALBYN PLACE
ABERDEEN
UNITED KINGDOM
AB10 1PS**

Non European Economic Area (EEA) Company

Legal Form: **SCOTTISH PARTNERSHIP (UNLIMITED)**

Law Governed: **SCOTS LAW**

Register Location:

Registration Number:

Consented to Act: **Y** *Date authorised:* *Authenticated:* **YES**

Company Director **1**

Type: **Person**
Full forename(s): **CHRISTOPHER RICHARD**
Surname: **ATKINSON**
Former names:
Service Address: **25 KILDRUMMY ROAD**
 ABERDEEN
 UNITED KINGDOM
 AB15 8HJ

Country/State Usually Resident: **SCOTLAND**

Date of Birth: **1975-09-15** *Nationality:* **BRITISH**
Occupation: **PERSONAL FITNESS**
 TRAINER

Company Director **2**

Type: **Person**
Full forename(s): **JOHN SPENCER**
Surname: **ATKINSON**
Former names:
Service Address: **27 SALISBURY TERRACE**
 ABERDEEN
 ABERDEENSHIRE
 AB10 6QG

Country/State Usually Resident: **SCOTLAND**

Date of Birth: **1950-05-16** *Nationality:* **BRITISH**
Occupation: **ADMINISTRATOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	EACH SHARE CARRIES AN EQUAL RIGHT TO VOTE, RECEIVE DIVIDENDS AND TO PARTICIPATE IN THE DISTRIBUTION OF ASSETS ON A WINDING UP		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 02/03/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

1 ORDINARY Shares held as at 02/03/2010

Name: **CHRISTOPHER RICHARD ATKINSON**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.