



*Companies House*  
— for the record —

**CH01** (ef)

**Change of Director's Details**



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*Company Name:* **ABERDEEN HEALTH AND FITNESS LIMITED**

*Company Number:* **SC216786**

*Received for filing in Electronic Format on the:* **07/04/2010**

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*Details Prior to Change*

*Position:* **DIRECTOR**

*Date of Birth:* **16/05/1950**

*Original Name:* **JOHN SPENCER ATKINSON**

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*New Details*

*Date of Change:* **02/03/2010**

*Country/State Usually Resident:* **SCOTLAND**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Administrator, Administrative Receiver, Receiver, Receiver Manager, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.