

Abbreviated Unaudited Accounts for the Year Ended 31 May 2010

for

The Apple School Of Sports Medicine Ltd

SATURDAY



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COMPANIES HOUSE

The Apple School Of Sports Medicine Ltd

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for the Year Ended 31 May 2010

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The Apple School Of Sports Medicine Ltd

Company Information  
for the Year Ended 31 May 2010

**DIRECTOR:** A Lee

**SECRETARY:** Mrs S Lee

**REGISTERED OFFICE:** 24 Beresford Terrace  
Ayr  
Ayrshire  
KA7 2EG

**REGISTERED NUMBER:** 216345 (Scotland)

**ACCOUNTANTS:** D M Dunn & Co  
Accountants  
40 Glenbervie Wynd  
Irvine  
Ayrshire  
KA11 4DL

The Apple School Of Sports Medicine Ltd

Abbreviated Balance Sheet  
31 May 2010

	Notes	31.5.10 £	£	31.5.09 £	£
<b>FIXED ASSETS</b>					
Tangible assets	2		1,794		919
<b>CURRENT ASSETS</b>					
Debtors		4,079		4,992	
Cash in hand		30		30	
		<u>4,109</u>		<u>5,022</u>	
<b>CREDITORS</b>					
Amounts falling due within one year		<u>10,770</u>		<u>9,240</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(6,661)</u>		<u>(4,218)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>(4,867)</u>		<u>(3,299)</u>
<b>CREDITORS</b>					
Amounts falling due after more than one year			<u>1,500</u>		<u>3,068</u>
<b>NET LIABILITIES</b>			<u><u>(6,367)</u></u>		<u><u>(6,367)</u></u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	3		2		2
Profit and loss account			<u>(6,369)</u>		<u>(6,369)</u>
<b>SHAREHOLDERS' FUNDS</b>			<u><u>(6,367)</u></u>		<u><u>(6,367)</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2010.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2010 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

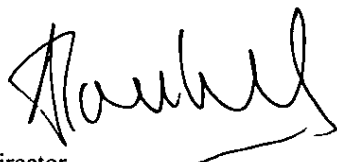
The Apple School Of Sports Medicine Ltd

Abbreviated Balance Sheet - continued

31 May 2010

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 25 March 2011 and were signed by:

A handwritten signature in black ink, appearing to read 'A Lee', with a long horizontal stroke extending to the right.

A Lee - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts  
for the Year Ended 31 May 2010

1. **ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

The turnover and profit before taxation are attributable to the one principal activity of the Company.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Fixtures and fittings	- 20% on reducing balance
Computer equipment	- 33% on cost

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
At 1 June 2009	6,083
Additions	1,391
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At 31 May 2010	7,474
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<b>DEPRECIATION</b>	
At 1 June 2009	5,164
Charge for year	516
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At 31 May 2010	5,680
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<b>NET BOOK VALUE</b>	
At 31 May 2010	1,794
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At 31 May 2009	919
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3. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.5.10 £	31.5.09 £
2	Ordinary Shares	1	2	2
			<hr/>	<hr/>