

**ABBREVIATED UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MAY 2008**  
**FOR**  
**THE APPLE SCHOOL OF SPORTS MEDICINE LTD**  
**PREVIOUSLY KNOWN AS CORE LEVEL DYNAMICS LIMITED**

TUESDAY



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**THE APPLE SCHOOL OF SPORTS MEDICINE LTD  
PREVIOUSLY KNOWN AS CORE LEVEL DYNAMICS LIMITED**

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FOR THE YEAR ENDED 31 MAY 2008**

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**THE APPLE SCHOOL OF SPORTS MEDICINE LTD  
PREVIOUSLY KNOWN AS CORE LEVEL DYNAMICS LIMITED**

**COMPANY INFORMATION  
FOR THE YEAR ENDED 31 MAY 2008**

**DIRECTOR:** A Lee

**SECRETARY:** Mrs S Lee

**REGISTERED OFFICE:** 24 Beresford Terrace  
Ayr  
Ayrshire  
KA7 2EG

**REGISTERED NUMBER:** 216345 (Scotland)

**ACCOUNTANTS:** Stewart Gilmour & Co.,  
Chartered Accountants  
24 Beresford Terrace  
Ayr  
KA7 2EG

**BANKERS:** National Westminster Bank plc  
19 Miller Road  
Ayr  
KA7 2AX

**THE APPLE SCHOOL OF SPORTS MEDICINE LTD**  
**PREVIOUSLY KNOWN AS CORE LEVEL DYNAMICS LIMITED**

**ABBREVIATED BALANCE SHEET**  
**31 MAY 2008**

|  |       | 2008           | 2007           |
|--|-------|----------------|----------------|
|  | Notes | £              | £              |
| <b>FIXED ASSETS</b>                          |       |                |                |
| Tangible assets                              | 2     | 1,722          | 2,779          |
| <b>CURRENT ASSETS</b>                        |       |                |                |
| Debtors                                      |       | 5,092          | 4,137          |
| Cash in hand                                 |       | 2              | 2              |
|  |       | <u>5,094</u>   | <u>4,139</u>   |
| <b>CREDITORS</b>                             |       |                |                |
| Amounts falling due within one year          |       | <u>8,500</u>   | <u>7,948</u>   |
| <b>NET CURRENT LIABILITIES</b>               |       | <u>(3,406)</u> | <u>(3,809)</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>(1,684)</u> | <u>(1,030)</u> |
| <b>CREDITORS</b>                             |       |                |                |
| Amounts falling due after more than one year |       | (4,570)        | -              |
| <b>PROVISIONS FOR LIABILITIES</b>            |       | <u>(56)</u>    | <u>(75)</u>    |
| <b>NET LIABILITIES</b>                       |       | <u>(6,310)</u> | <u>(1,105)</u> |
| <b>CAPITAL AND RESERVES</b>                  |       |                |                |
| Called up share capital                      | 3     | 2              | 2              |
| Profit and loss account                      |       | <u>(6,312)</u> | <u>(1,107)</u> |
| <b>SHAREHOLDERS' FUNDS</b>                   |       | <u>(6,310)</u> | <u>(1,105)</u> |

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 May 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The director acknowledges his responsibilities for:

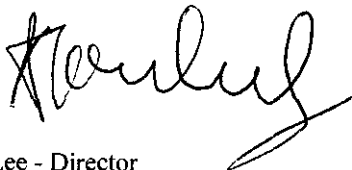
- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

**THE APPLE SCHOOL OF SPORTS MEDICINE LTD  
PREVIOUSLY KNOWN AS CORE LEVEL DYNAMICS LIMITED**

**ABBREVIATED BALANCE SHEET - continued  
31 MAY 2008**

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the director on 30 March 2009 and were signed by:

A handwritten signature in black ink, appearing to read 'A Lee', with a stylized flourish at the end.

A Lee - Director

**THE APPLE SCHOOL OF SPORTS MEDICINE LTD**  
**PREVIOUSLY KNOWN AS CORE LEVEL DYNAMICS LIMITED**

**NOTES TO THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MAY 2008**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements have been prepared under the going concern convention which assumes that the company will continue in operational existence for the foreseeable future. At 31 May 2008 the company's reported liabilities exceeded its reported assets by £6,310. The company is thus dependent on the continuing financial support of its bankers and other lenders. The director is confident that financial support will be maintained and also of the company's long-term trading prospects and on this basis considers it appropriate for the financial statements to be prepared on the going concern basis. The financial statements do not include any adjustments that may result from withdrawal of financial support.

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

|                       |                           |
|-----------------------|---------------------------|
| Plant and machinery   | - 25% on reducing balance |
| Fixtures and fittings | - 20% on reducing balance |
| Computer equipment    | - 33% on cost             |

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**2. TANGIBLE FIXED ASSETS**

|                       | <b>Total<br/>£</b> |
|-----------------------|--------------------|
| <b>COST</b>           |                    |
| At 1 June 2007        | 5,335              |
| Additions             | 374                |
|                       | <hr/>              |
| At 31 May 2008        | 5,709              |
|                       | <hr/>              |
| <b>DEPRECIATION</b>   |                    |
| At 1 June 2007        | 2,556              |
| Charge for year       | 1,431              |
|                       | <hr/>              |
| At 31 May 2008        | 3,987              |
|                       | <hr/>              |
| <b>NET BOOK VALUE</b> |                    |
| At 31 May 2008        | 1,722              |
|                       | <hr/> <hr/>        |
| At 31 May 2007        | 2,779              |
|                       | <hr/> <hr/>        |