

--- for the record ---Company Name
J C S EXPRESS LIMITED

363s Annual Return

FEE PAID

Company Type
Private Company Limited By
Shares
Company Number
SC160998
Information extracted from
Companies House records on

18th September 2004

- > Please check the details printed in blue on this statement.
- If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals

Section 1: Company details



Re	ef: SC160998/03/10	Current details	Amended details		
	Registered Office Address If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Unit 6, Victoria Business Centre Rochsolloch Road Airdrie ML6 9BG	Address UK Postcode		
>	Register of Members If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address where the Register is held At Registered Office	Address UK Postcode		
>	Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Not Applicable	Address UK Postcode		
>	Principal Business Activities If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	SIC Code Description 7487 Other business activities	SIC CODE Description		
>	Please enter additional principal activity code(s) in "Amended details" column, See notes for guidance for list of activity codes.				

Section 2: Details of Officers of the Company

		Current details	Amended details
>	Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Maureen SIMS Address 12 Braid Avenue Dalziel Park Motherwell ML1 5ET	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address
	Particulars of a new Company Secretary must be notified on form 288a.		UK Postcode Date of change Date Maureen SIMS ceased to be secretary (if applicable)
>	Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name James SIMS Address 12 Braid Avenue Dalziel Park Motherwell] ML1 5ET	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address
	Particulars of a new Director must be notified on form 288a.	Date of birth 24/08/1959 Nationality British Occupation Haulage Contractor	UK Postcode Date of birth Nationality Occupation Date of change / / Date James SIMS ceased to be director (if applicable)

ompany Number - 30 100990	Current details	Amended details		
Director If any of the details for this	Name Maureen SIMS	Name		
person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address 12 Braid Avenue Dalziel Park Motherwell ML1 5ET	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address		
Particulars of a new Director must be notified on form 288a.	Date of birth 11/12/1956 Nationality British Occupation Administrator	UK Postcode Date of birth Nationality Occupation Date of change / / Date Maureen SIMS ceased to be director (if applicable)		

Section 3: Share Capital

		Current details	Amended details
	Issued Share Capital This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.	Class of share Ordinary	Class of share
		Nominal value of each share £1.00	Nominal value of each share
		Number of shares issued 1,000	Number of shares issued
		Aggregate Nominal Value of issued shares £1,000.00	Aggregate Nominal Value of issued shares
>	Total shares issued and value	Total number of shares issued 1,000	Total number of shares issued
	If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Total Nominal value of shares issued $£1,000.00$	Total Nominal value of shares issued

> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred			
>	Shareholder Name James SIMS		Name				
	Address 12 Braid Avenue Dalziel Park Motherwell		Address		Shares t	ransferred SIMS	by
	ML1 5ET		UK Postcode				
	Shares held Class Ordinary	Number 500	Shares held Class	Number	Class	Number	Date of transfer
					1		//
>	Shareholder Name Maureen SIMS		Name Address				
	Address		Address				
	12 Braid Avenue Dalziel Park Motherwell				Shares to Mauree	ransferred i n SIMS	by
	ML1 5ET		UK Postcode				
	Shares held Class Ordinary	Number 500	Shares held Class	Number	Class		Date of transfer
				1			•

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	registration
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address			
UK Postcode			
Name			
Address			
· .			
UK Postcode			
UK Postcode			



363s Annual Return Declaration

> When you have checked all the sections of this form, please complete this page and sign the declaration below.

>	If you want to change the made up date of this annual return, please complete 2 below.			
	. Declaration			
		n this annual return are correct as at the made-up-date lose the filing fee of £15.		
	Signature Woods (Director /	Secretary) Date OS, LO, QOOL This date must not be earlier than the return date at 2 below		
	What to do now Complete this page then s declaration to the address	send the whole of the Annual Return and the		
2.	. Date of this return			
	This AR is made up to 12/10/2004	If you are making this return up to an earlier date, please give the date here		
		Note: The form must be delivered to CH within 28 days of this date		
3.	Date of next return			
	If you wish to change you please give the new date	r next return to a date earlier than 12th October 2005 here:		
	·	^/ /		
4.	Where to send this	form		
	Please return this form to:			
	Registrar of Companies Companies House 37 Castle Terrace Edinburgh EH1 2EB			
	Have you enclosed the fareverse of the cheque?	iling fee with the company number written on the		
С	ontact Address			
Con info	npanies House to contact y	ontact information below, but if you do, it will help you if there is a query on the form. The contact e visible to searchers of the public record. Telephone number <i>inc code</i>		
	AURTEN SIMS	0169881855		
Add	Iress EUSHUU DOAD	DX number if applicable		
<u>0</u>	DDINESTAN	DX exchange		

Postcode

GJ1_ ZNI