

**ABERDEEN OCCUPATIONAL HEALTH & SAFETY
LIMITED**

**ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED
30 JUNE 2010**

JFG ASSOCIATES

Joseph House
Denmore Road
Bridge of Don
Aberdeen
AB23 8JW

THURSDAY



SVSF7SWP

SCT

31/03/2011

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COMPANIES HOUSE

ABERDEEN OCCUPATIONAL HEALTH & SAFETY LIMITED

ABBREVIATED ACCOUNTS

YEAR ENDED 30 JUNE 2010

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ABERDEEN OCCUPATIONAL HEALTH & SAFETY LIMITED

ABBREVIATED BALANCE SHEET

30 JUNE 2010

	Note	2010 £	2009 £
FIXED ASSETS	2		
Tangible assets			<u>3,282</u>
CURRENT ASSETS			
Debtors		7,856	5,109
Cash at bank and in hand		<u>26,037</u>	<u>10,357</u>
		<u>33,893</u>	<u>15,466</u>
CREDITORS: Amounts falling due within one year		<u>29,941</u>	<u>13,457</u>
NET CURRENT ASSETS		<u>3,952</u>	<u>2,009</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>8,377</u>	<u>5,291</u>
CAPITAL AND RESERVES			
Called-up equity share capital	3	100	100
Profit and loss account		<u>8,277</u>	<u>5,191</u>
SHAREHOLDERS' FUNDS		<u>8,377</u>	<u>5,291</u>

The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The director acknowledges her responsibility for:

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

These abbreviated accounts were approved and signed by the director and authorised for issue on

25/3/11



Mrs Anne Kindness
Director

Company Registration Number: SC155650

The notes on page 1 form part of these abbreviated accounts.

ABERDEEN OCCUPATIONAL HEALTH & SAFETY LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 JUNE 2010

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

In respect of contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of contracts for on-going services is recognised by reference to the stage of completion.

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Plant & Machinery - 25% straight line

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more tax, with the following exceptions:

Provision is made for tax on gains arising from the revaluation (and similar fair value adjustments) of fixed assets, and gains on disposal of fixed assets that have been rolled over into replacement assets, only to the extent that, at the balance sheet date, there is a binding agreement to dispose of the assets concerned. However, no provision is made where, on the basis of all available evidence at the balance sheet date, it is more likely than not that the taxable gain will be rolled over into replacement assets and charged to tax only where the replacement assets are sold.

Deferred tax assets are recognised only to the extent that the director considers that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted.

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

ABERDEEN OCCUPATIONAL HEALTH & SAFETY LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 30 JUNE 2010

1. ACCOUNTING POLICIES *(continued)*

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

2. FIXED ASSETS

	Tangible Assets £
COST	
At 1 July 2009	23,633
Additions	2,406
At 30 June 2010	<u>26,039</u>
DEPRECIATION	
At 1 July 2009	20,351
Charge for year	1,263
At 30 June 2010	<u>21,614</u>
NET BOOK VALUE	
At 30 June 2010	<u>4,425</u>
At 30 June 2009	<u>3,282</u>

3. SHARE CAPITAL

Authorised share capital:

	2010 £	2009 £
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>

Allotted, called up and fully paid:

	2010 No	£	2009 No	£
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>