Pain Association Scotland (Limited by Guarantee)

Report and Financial Statements

For the Year Ended 31 March 2016

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Company Number: SC 105105

Charity Number: SC 014486

Report and Financial Statements

For the Year Ended 31 March 2016

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Reference and Administrative Information

Company Registration Number: SC 105105

Scottish Charity Number: SC 014486

Registered Office: Pain Association Scotland

Suite D Moncrieffe Business Centre

Friarton Road

Perth Perthshire PH2 8DG

Website: www.chronicpaininfo.org

National Management Committee:

The following were members of the National Management Committee - Directors of the company and trustees of the charity, who served throughout the year:

Registered Directors:

Mr Will Scott OBE (Chair) Mrs Elspeth Davidson Mrs Susan Scott

Dr Charles Martin Dr Gregor Purdie

Other Committee members:

Mr Peter McCarron (Hon Treasurer)

Senior Management Staff:

Sonia Cottom Director

Independent Examiner:

John G. Norman C.A.

Accountants:

John G. Norman Ltd 38 Coatfield Land Edinburgh EH6 6BE

Bankers:

Royal Bank of Scotland 38 Cramond Road South Edinburgh, EH4 6AA Virgin Money

Jubilee House, Gosforth

Newcastle upon Tyne NE3 4PL

Report of the Directors For the Year Ended 31 March 2016

The Directors present their report and the financial statements for the year ended 31 March 2016.

Structure. Governance and Management

Pain Association Scotland is a company limited by guarantee and not having a share capital. The liability of the members is limited to £1 each. The Association is governed under the terms of its Memorandum and Articles of Association (as amended by special resolution on 13th August 2010) and is registered as a Scottish charity.

Directors, who are also trustees of the charity, are elected at the AGM and may be appointed at any other time by the existing directors, subject to retiral and election at the next occurring AGM. Elected directors retire after 3 years and are eligible for reappointment.

Induction and relevant training are given to directors (trustees) as required. Responsibility for day to day operations is delegated to the senior management staff and those under their direction.

The names of those who served as directors of the company and trustees of the charity during the year are shown on page 2 together with other reference and administrative information.

The directors are aware of the major risks affecting the charity and consider that appropriate procedures and safeguards are in place in order to mitigate those risks.

Objectives and Review of Activities

The Association has continued to deliver our unique monthly rolling self-management programme through a network of local groups. We have delivered 25 intensive self-management courses in collaboration with chronic pain services in Tayside, Angus CHP, Dumfries and Galloway, Forth Valley and the Western Isles. The outcomes from the evaluations continue to demonstrate the high standard of training and support being delivered to patients and users of our services and clearly show the benefits derived by those attending. The groups continue to support approximately 2,000 users per year and 745 people referred from the NHS chronic pain services attended the introduction to self-management course with a completion rate of 91%. (Further details are contained in the Annual Report).

This is a challenging time financially with the changes and subsequent reduction in the funding format from the Scottish Government S.16b and the uncertainties it has created. continued effects of the recession continue to impact on the decisions which Trusts and Grant Giving Bodies make about funding. In addition to this, we have the unknown outcomes for future three-year Service Level Agreements for the provision of intensive self-management courses and local self-management groups, as we approach the start of Health and Social Care Integration. In effect, this means that it will no longer be the Health Boards' decision to fund the Association; rather it will be Integrated Joint Boards who will have the responsibility for the commissioning of services going forward. This will therefore involve new relationships being formed and new funding processes. The Association also faces the current challenge that many NHS Boards have opted to set up their own statutory Pain Management Programmes, while failing to appreciate the benefit which the Association's intensive selfmanagement courses provides to patients on a completely different non-medical level and the continued essential maintenance element which the Association provides. Another concern is that Chronic Pain will not feature as a priority within some Health Boards' Local Delivery Plans and therefore funding will not be available to invest in Chronic Pain Services. In the light of what has been achieved at a UK level, with the Chronic Pain Policy Coalition launching the "UK Pain Messages" to Parliamentarians, the Association decided to produce its own Journal to emphasise the importance and value of the provision and access to self-management within the community and to achieve local as well as national awareness of the effects of pain on individuals, as well as on their relatives, friends and society.

Report of the Directors (continued)

Objectives and Review of Activities (continued)

In addition to this, we have received confirmation that with effect from April 2016 we will no longer be funded by The Alliance for the next three years and there has been no announcement of funding from the Scottish Government's s.16b department.

The unique referral, monitoring and reporting processes that have been established ensure that our service delivery meets the needs of the various Health Boards with whom we work. We look to where we can provide added value to assist Boards in achieving their waiting time initiatives as well as looking for opportunities for service improvement. Not only do all these processes save the NHS money and create added value, they also save valuable staff administration resources which can be used in other areas. A breakthrough with this over the last financial year has been the completion of phase 2 on the SCI Gateway referral system for the Association, not only to be able to accept direct referrals from clinicians in Primary Care, but also for the Association to be able to report back on a patient's attendance.

With the formation of the various Health Board Service Improvement Groups and the Scottish Government's National Chronic Pain Steering Group, participation and input for these groups has involved a great deal of pressure and added time for the relevant staff. Whilst the funding for these respective groups has now ceased, it is hoped that the improvements made within the Boards will continue and that further funding can be sought in order to support Chronic Pain patients.

In addition, the Director has continued to be involved with the British Pain Society Reference Group and the UK Chronic Pain Policy Coalition as well as contributing to various research projects and research Journals. She has now been accepted as a member of the British Pain Society, the International Association for the Study of Pain and the Institute of Directors. The Association has also produced its' first Journal – The Effects of Self-Management for Chronic Pain Patients and some of the content of this has been featured in Pain News – the official journal of the British Pain Society. It is vitally important that the positive outcomes of self-management are highlighted within Health and Social Care to enable the valuable work of the Association to continue.

Financial Review

The accounts this year have been prepared under a revised Statement of Recommended Practice for Charities in conjunction with the Financial Reporting Standard for Smaller Entities (also revised). As a result there has been some change to the format of the accounts with more detailed information on the comparative figures and the removal of governance costs as a separate item in the Statement of Financial Activities ("the SOFA"). There will be some further change next year with the application of the Financial Reporting Standard, FRS 102.

There was an overall increase in funds of £47,782 over the year comprising an increase of £19,387 in unrestricted funds and an increase of £28,395 in restricted funds as detailed in the SOFA on page 7 and the accompanying notes on pages 10 and 11.

Income has increased by 3% overall (£8,386) compared to the previous year, but this masks several fluctuations. Grant income has reduced by a net £13,299 with loss of £30,000 of additional s16B funding and a reduction of £8,200 in health Board grants, partly compensated by an increase of £25,276 in funding from the Health & Social Care Alliance Scotland. The latter is for the development and support of running intensive self-management courses for local groups in remote and rural areas, but comes to an end next year. Donations and fund-raising has increased by £7,709 mainly due to receipt of a legacy instalment of £7,000. Income from charitable activities, in the form of service level agreements and training fees taken together, has increased by a net £13,231.

Report of the Directors (continued)

Financial Review (continued)

Expenditure is detailed in note 6 on pages 11 - 12 and has increased by 5% overall. There has been an increase of £14,389 in direct operating costs, including a one-off cost of £7,127 for work on a patient database and an increase in travel with more journeys to remote areas. Administrative support costs have decreased by £3,187 and this includes a one-off legal cost of £4,792 for HR advice. There has been a 10% reduction in admin staff costs due to the employment of an administrator to take on some duties previously carried out by the Director. There have also been savings in office overheads due to careful management.

Details of funds carried forward are shown in note 11 on pages 14-15 and include £82,280 for regions and local groups, £18,762 for pain management training, £100,000 designated for various purposes as detailed in note (4) on funds on page 15, £2,824 representing the net book value of fixed assets and £260,304 in the general fund, which represents the free reserves of the charity (see reserves policy below).

Future Funding

As things stand there will be a significant drop in funding in 2016/17, as both Health & Social Care Alliance and s16B grants are ceasing. Scottish Government s.10 core funding of £38,000 per annum continues to March 2017 and funding from service level agreements and training fees should be maintained.

Reserves Policy

The Association aims to maintain its free reserves (represented by the general fund) at a level equivalent to 12 months' expenditure, so that services can be continued, at least in the short term, in the event of a drop in funding. The present balance on the general fund of £260,304 is equivalent to between 14 and 15 months' expenditure, so this objective had been achieved at the balance sheet date. It is important to hold a healthy balance of reserves in the present climate of funding decreases, if the present level of service is to be maintained.

Investment Policy

The Association's reserve funds have been invested in a charity deposit account with Virgin Money, which is considered to be a relatively risk-free investment and also gives flexibility for the deposit and withdrawal of funds on demand.

The report of the directors has been prepared taking advantage of the small companies's exemption of section 415A of the Companies Act 2006.

By Order of the Board

Signed:

Name: WILLIAM SCOTT

Date: 7/6/16

Director

Report of the Independent Examiner To the Directors of Pain Association Scotland

I report on the accounts of Pain Association Scotland for the year ended 31 March 2016, which are set out on pages 7 to 15.

Respective responsibilities of directors (trustees) and examiner

The directors, as trustees of the charity, are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act) and the Charities Accounts (Scotland) Regulations 2006. They consider that the audit requirement of Regulation IO(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- 1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 21/6/16

John G Norman CA

John G. Norman Ltd Chartered Accountants 38 Coatfield Lane, Leith Edinburgh EH6 6BE

Pain Association Scotland

Statement of Financial Activities (including Income and Expenditure Account)

For the Year Ended 31 March 2016

	ı	Unrestricted Funds	Restricted Funds	Total 2016	Total 2015
Income:	Note		£	£	£
Donations and legacies:					
Grants receivable	2	-	117,714	117,714	131,013
Donations & fundraising	3	15,823	-	15,823	8,114
Membership fees		680	-	680	520
Charitable activities:					
Service level agreements	4	-	99,598	99,598	80,898
Training fees & sales	5	32,189	-	32,189	37,657
Investments:		2.040		2.040	2.050
Bank deposit interest		3,840		3,840	3,256
Total income		52,532	217,312	269,844	261,458
Expenditure:					
Charitable activities:					
- Pain management services training & development:					
Direct operating costs:	6	19,639	127,478	147,117	132,728
Administrative support costs:	6	13,506	61,439	74,945	78,132
Total expenditure		33,145	188,917	222,062	210,860
Net income for year		19,387	28,395	47,782	50,598
Net movement in funds		19,387	28,395	47,782	50,598
Balances brought forward		343,741	72,647	416,388	365,790
Balances carried forward		363,128	101,042	464,170	416,388

Further details of funds are shown in note 11.

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 9 to 15 form part of these financial statements.

Balance Sheet at 31 March 2016

	Note	2016	2015
Fixed Assets		£	£
Tangible assets	8	2,824	3,697
Current Assets			
Stock		303	374
Debtors	9	3,056	3,681
Cash on deposit		230,364	228,121
Other cash at bank and in hand		239,702	193,627
		473,425	425,803
Creditors			
Amounts falling due within one year	10	12,079	13,112
Net Current Assets		461,346	412,691
Net Assets		<u>464,170</u>	416,388
Funds			
Unrestricted funds:			
General fund	11	260,304	238,044
Designated funds	11	102,824	105,697
Total unrestricted funds		363,128	343,741
Restricted funds	11	101,042	72,647
Total Funds		464,170	416,388

For the year ended 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the Board of Directors and authorised for issue on 31/5/16

Signed:

Name: WILLIAM SCOTT

Date: 7/6/16

Director

Company registration number: SC 105105.

Notes to the Accounts For the Year Ended 31 March 2016

1 Accounting Policies

Basis of Accounting

The financial statements have been prepared under the historic cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/7/14 (the Charities SORP), the Financial Reporting Standard for Smaller Entities - effective January 2015 (the FRSSE) and the Companies Act 2006.

Since the charity is preparing accounts in accordance with the FRSSE, a cash flow statement is not required. Some of the comparative figures have been restated in compliance with the revised Charities SORP.

Income

Income from annual grants and service level agreements is recognised in the period to which the grant relates. Income from other grants and donations is recognised on receipt. Where the grant or donation is given for a specific purpose, any unexpended portion is carried forward as a restricted fund.

Fee income comprises amounts invoiced for pain management training, but excluding any amount invoiced for future work, which is included as deferred income.

Bank interest is accrued to the date of the accounts.

Expenditure and Cost Allocation

All expenditure is accounted for on an accruals basis. As far as possible costs are attributed directly to charitable activities. Support and governance costs are then allocated to charitable activities - management and admin staff costs on the basis of estimated time spent in each area by employees and other overheads according to estimated usage.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost or valuation less depreciation. Depreciation on furniture & equipment is charged by the straight line method at rates varying from 10% to 33% of cost per annum in accordance with the estimated useful life of each asset.

Generally assets with a cost or valuation less than £250 are not capitalised.

Stock

Stock of resource materials for resale is stated at the lower of cost and net realisable value.

Creditors and Provisions

Creditors and provisions are recognised, at settlement amount, where the charity has a present obligation resulting from a past event, which is likely to result in the transfer of funds to a third party, and the amount due can be measured or estimated reliably.

Pension Costs

Pension costs represent defined contributions payable for the accounting period to personal pension plans for certain employees.

Taxation

The company is a recognised charitable body and is exempt from corporation tax on its charitable activities. It is not registered for VAT and expenditure includes VAT where relevant.

Funds

Restricted funds may only be used for particular purposes within the objects of the charity as specified by the donor or by the terms of an application for the funds.

Designated funds are set aside by the directors out of unrestricted funds for specific purposes or projects.

The Unrestricted general fund is available to be used for any of the charitable objects at the discretion of the directors.

Notes to the Accounts

2 Grants Receivable Unrestricted Funds Funds E Funds Funds E Funds E D 33,000 38,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 30,000 <t< th=""><th>For</th><th>the Year Ended 31 March 2016</th><th></th><th>Current Year</th><th></th><th>F</th><th>revious Yea</th><th>r</th></t<>	For	the Year Ended 31 March 2016		Current Year		F	revious Yea	r
Scottish Government: S.10 Core funding 38,000 38,000 - 38,000 38,000 S.16B Admin funding 15,000 15,000 15,000 30,000 30,000 S.16B Admin funding 30,000 30,000 30,000 Health & Social Care Alliance Scotlan 50,614 50,614 - 25,338 25,338 Local authority grants - 14,100 14,100 - 22,300 22,300 Total grants - 14,100 14,100 - 22,300 22,300 Total grants - 117,714 117,714 - 131,013 131,013 131,01	2		Funds	Funds	2016	Funds	Funds	2015
S. 16B Admin funding 15,000 15,000 - 16,000 30,000 S 16B Additional funding 30,000 30,000 Health & Social Care Alliance Scotlan - 50,614 50,614 - 25,338 25,338 Local authority grants 375 375 375 Health Board grants - 117,714 117,714 - 131,013 131,013 5 E £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £		Scottish Government:	-	~	~	- '	_	_
S 16B Additional funding - - 30,000 30,000 Health & Social Care Alliance Scotlan 50,614 50,614 - 25,338 25,338 Local authority grants - - - 375 375 Health Board grants - 114,100 14,100 - 22,300 22,300 Total grants - 117,714 117,714 - 131,013 131,013 Total grants - 117,714 117,714 - 131,013 131,013 3 Donations & Fundraising £		S.10 Core funding	-	38,000	38,000	-	38,000	38,000
Health & Social Care Alliance Scotlan - 50,614 50,614 - 25,338 25,338 Local authority grants - - - 375 375 375 Health Board grants - 14,100 14,100 - 22,300 22,300 Total grants - 117,714 117,714 - 131,013 131,013 310,013 3 Donations & Fundraising E		S.16B Admin funding	-	15,000	15,000	-	15,000	15,000
Local authority grants		S 16B Additional funding	-	-	-	, -	30,000	30,000
Total grants		Health & Social Care Alliance Scotla	ın -	50,614	50,614	-	25,338	25,338
Total grants - 117,714 117,714 - 131,013 131,013 3 Donations & Fundraising £		Local authority grants	-	-	-	-	375	375
3 Donations & Fundraising £		Health Board grants	-	14,100	14,100	-	22,300	22,300
Frusts Frusts<		Total grants		117,714	117,714		131,013	131,013
Trusts 7,125 - 7,125 2,375 500 2,875 Businesses & other 72 - 72 570 - 570 Legacy 7,000 - 7,000 - - - - Individual donations 1,626 - 1,626 3,992 - 3,992 Fund raising & local groups - - - 677 - 677 Total 15,823 - 15,823 7,614 500 8,114 4 Service Level Agreements £	3	Donations & Fundraising						
Businesses & other 72 - 72 570 - 570 Legacy 7,000 - 7,000 - - - - Individual donations 1,626 - 1,626 3,992 - 3,992 Fund raising & local groups - - - - 677 - 677 Total 15,823 - 15,823 7,614 500 8,114 4 Service Level Agreements £ <td< td=""><td></td><td></td><td>£</td><td>£</td><td>£</td><td>£</td><td>£</td><td>£</td></td<>			£	£	£	£	£	£
Legacy		Trusts	7,125	-	7,125	2,375	500	2,875
Individual donations		Businesses & other		-		570	-	570
Fund raising & local groups Total 15,823 - 15,823 7,614 500 8,114 4 Service Level Agreements £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £ £			*	-			-	-
Total 15,823 7,614 500 8,114 4 Service Level Agreements £			1,626	-	1,626		-	
## Page 12		Fund raising & local groups						
KE £		Total	15,823	-	15,823	7,614	500	8,114
NHS Tayside - 30,000 30,000 - 30,000 30,000 NHS Fife - 13,574 13,574 - 10,774 10,774 Dumfries & Galloway NHS Board - 14,500 14,500 - 16,000 16,000 NHS Forth Valley - 20,524 20,524 - 20,524 20,524 NHS Ayrshire & Arran - 3,800 3,800 - 3,600 3,600 NHS Western Isles - 10,000 10,000 - - - NHS Borders - 7,200 7,200 - - - Total - 99,598 99,598 - 80,898 80,898 5 Training fees & sales £ £ £ £ £ £ £ £ £ Northumbria Health Board 12,000 - 12,000 10,000 - 10,000 NHS Highlands 9,750 - 9,750 9,750 -	4	Service Level Agreements						
NHS Fife - 13,574 13,574 - 10,774 10,774 Dumfries & Galloway NHS Board - 14,500 14,500 - 16,000 16,000 NHS Forth Valley - 20,524 20,524 - 20,524 20,524 NHS Ayrshire & Arran - 3,800 3,800 - 3,600 3,600 NHS Western Isles - 10,000 10,000 - - - - NHS Borders - 7,200 7,200 - - - - Total - 99,598 99,598 - 80,898 80,898 5 Training fees & sales £ <t< td=""><td></td><td></td><td>£</td><td>£</td><td>£</td><td>£</td><td>£</td><td>£</td></t<>			£	£	£	£	£	£
Dumfries & Galloway NHS Board - 14,500 14,500 - 16,000 16,000 NHS Forth Valley - 20,524 20,524 - 20,524 20,524 NHS Ayrshire & Arran - 3,800 3,800 - 3,600 3,600 NHS Western Isles - 10,000 10,000 - - - - NHS Borders - 7,200 7,200 - - - - - Total - 99,598 99,598 - 80,898 80,898 5 Training fees & sales £ £ £ £ £ £ £ £ Northumbria Health Board 12,000 - 12,000 10,000 - 10,000 NHS Highlands 9,750 - 9,750 9,750 - 9,750 Tayside Health Board 9,600 - 9,600 9,600 - 9,600 Western Isles - - - 8,000<		NHS Tayside	-	30,000	30,000	-	30,000	30,000
NHS Forth Valley - 20,524 20,524 - 20,524 20,524 NHS Ayrshire & Arran - 3,800 3,800 - 3,600 3,600 NHS Western Isles - 10,000 10,000 - - - - NHS Borders - 7,200 7,200 - - - - - Total - 99,598 99,598 - 80,898 80,898 5 Training fees & sales £ £ £ £ £ £ £ £ Northumbria Health Board 12,000 - 12,000 10,000 - 10,000 NHS Highlands 9,750 - 9,750 9,750 - 9,750 Tayside Health Board 9,600 - 9,600 9,600 - 9,600 Western Isles - - - 8,000 - 8,000 Sale of resources 839 - 839 307 - 307		NHS Fife	-	13,574	13,574	-	10,774	10,774
NHS Ayrshire & Arran - 3,800 3,800 - 3,600 3,600 NHS Western Isles - 10,000 10,000 - - - - NHS Borders - 7,200 7,200 - - - - Total - 99,598 99,598 - 80,898 80,898 5 Training fees & sales £ 2 2		Dumfries & Galloway NHS Board	-	14,500	14,500	-	16,000	16,000
NHS Western Isles - 10,000 10,000 -<		NHS Forth Valley	-	20,524	20,524	-	20,524	20,524
NHS Borders - 7,200 7,200 -		NHS Ayrshire & Arran	-	3,800	3,800	-	3,600	3,600
Total - 99,598 99,598 - 80,898 80,898 5 Training fees & sales £		NHS Western Isles	-	10,000	10,000	-	-	-
£ £		NHS Borders		7,200	7,200			
£ £		Total		99,598	99,598		80,898	80,898
Northumbria Health Board 12,000 - 12,000 10,000 - 10,000 NHS Highlands 9,750 - 9,750 9,750 - 9,750 Tayside Health Board 9,600 - 9,600 - 9,600 - 9,600 Western Isles - - - 8,000 - 8,000 Sale of resources 839 - 839 307 - 307	5	Training fees & sales						
NHS Highlands 9,750 - 9,750 - 9,750 - 9,750 Tayside Health Board 9,600 - 9,600 - 9,600 - 9,600 Western Isles - - - 8,000 - 8,000 Sale of resources 839 - 839 307 - 307			£	£	£	£	£	£
Tayside Health Board 9,600 - 9,600 - 9,600 - 9,600 Western Isles - - - 8,000 - 8,000 Sale of resources 839 - 839 307 - 307		Northumbria Health Board	12,000	-	12,000	10,000	-	10,000
Western Isles - - - 8,000 - 8,000 Sale of resources 839 - 839 307 - 307		NHS Highlands	9,750	-	9,750	9,750	-	9,750
Sale of resources <u>839</u> - <u>839</u> 307 - <u>307</u>		Tayside Health Board	9,600	-	9,600	9,600	-	9,600
		Western Isles	-	-	-	8,000	-	8,000
Total 32,189 - 32,189 37,657 - 37,657		Sale of resources	839		839	307	_	307
		Total	32,189	-	32,189	37,657		37,657

Notes to the Accounts (continued)

6 Expenditure Unrestricted Pain management Funds Funds Funds Punds Cotal Punds Funds Punds Cotal Punds Funds Punds Punds Punds P		,	Current Ye	ear		Previous Y	ear	
Training & development:	6	Expenditure	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
Staff costs - training delivery		Pain management	Funds	Funds	2016	Funds	Funds	2015
Staff costs - training delivery 9,799 92,418 102,217 8,916 91,162 100,078		- training & development:	£	£	£	£	£	£
Staff costs - training delivery 9,799 92,418 102,217 8,916 91,162 100,078		Direct operating costs:						
Conferences & venue costs 207 1,825 2,032 205 2,097 2,302 Group meetings 340 3,004 3,344 223 2,277 2,500 Website, publicity & printing 212 1,877 2,089 167 1,703 1,870 Patient database 6,000 1,127 7,127 - - - Staff training & other direct costs 302 2,671 2,973 264 2,698 2,962 Total direct operating costs 19,639 127,478 147,117 11,826 120,902 132,728 Administrative support costs: Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 1,860 1,860 1,860 1,860 Legal & Staff		Staff costs - training delivery	9,799	92,418	102,217	8,916	91,162	100,078
Group meetings 340 3,004 3,344 223 2,277 2,500 Website, publicity & printing 212 1,877 2,089 167 1,703 1,870 Patient database 6,000 1,127 7,127 - - - Staff training & other direct costs 302 2,671 2,973 264 2,698 2,962 Total direct operating costs 19,639 127,478 147,117 11,826 120,902 132,728 Administrative support costs: Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 1,860 1,860 1,860 1,860 1,860 1,918 1,918 1,918 1,918 1,918 1,918 1,918 1,918		Travel costs	2,779	24,556	27,335	2,051	20,965	23,016
Website, publicity & printing 212 1,877 2,089 167 1,703 1,870 Patient database 6,000 1,127 7,127 - - - Staff training & other direct costs 302 2,671 2,973 264 2,698 2,962 Total direct operating costs 19,639 127,478 147,117 11,826 120,902 132,728 Administrative support costs: Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 131 1,347 1,478		Conferences & venue costs	207	1,825	2,032	205	2,097	2,302
Patient database 6,000 1,127 7,127 -		Group meetings	340	3,004	3,344	223	2,277	2,500
Staff training & other direct costs 302 2,671 2,973 264 2,698 2,962 Total direct operating costs 19,639 127,478 147,117 11,826 120,902 132,728 Administrative support costs: Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total expenditure 33,145 188,917 222,062 22,228 188,632 2		Website, publicity & printing	212	1,877	2,089	167	1,703	1,870
Total direct operating costs 19,639 127,478 147,117 11,826 120,902 132,728 Administrative support costs: Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860		Patient database	6,000	1,127	7,127	-	-	-
Administrative support costs: Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 £ £ £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,585 1,58		Staff training & other direct costs	302	2,671	2,973	264_	2,698	2,962
Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 E £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 </th <td></td> <td>Total direct operating costs</td> <td>19,639</td> <td>127,478</td> <td>147,117</td> <td>11,826</td> <td>120,902</td> <td>132,728</td>		Total direct operating costs	19,639	127,478	147,117	11,826	120,902	132,728
Staff costs - management & admin 4,625 35,012 39,637 3,924 40,122 44,046 Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 E £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 </th <td></td> <td>Administrative support costs:</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>		Administrative support costs:						
Occupancy costs 977 8,633 9,610 922 9,425 10,347 Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 Governance costs Governance costs included in expenditure above are as follows: 2016 £ £ £ Staff costs 3,923 4,355 1,598 1,598 1,598 1,586 1,598 1,598		• •	4,625	35,012	39,637	3,924	40,122	44,046
Office running costs 1,521 13,435 14,956 1,454 14,868 16,322 Accountancy / independent examiner 1,920 - 1,920 1,860 - 1,860 Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 Governance costs Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 1,598 1,598 1,598 1,292 1,860 1,860 1,860 1,860 1,860 1,860 1,860 1,860 1,860 <t< th=""><td></td><td>-</td><td></td><td>8,633</td><td></td><td>922</td><td>9,425</td><td>10,347</td></t<>		-		8,633		922	9,425	10,347
Legal & other professional fees 3,000 3,382 6,382 193 1,968 2,161 Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 0 0 2015 1,585 1,598 1,598 0 0 1,860 0 0 1,860 0 0 1,860 0 0 1,860 0 0 1,860 0 0 0 1,860 0 0 0 0 0 0 0 0 0 0 0 0			1,521	13,435	14,956	1,454	14,868	16,322
Depreciation 1,352 - 1,352 1,918 - 1,918 Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Governance costs Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 1,598 A,355 A,355 A,355 A,355 A,360 Legal & statutory fees 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ £ - for accounts preparation 1,160 1,120 740 740		Accountancy / independent examine	r 1,920	-	1,920	1,860	=	1,860
Other expenditure 111 977 1,088 131 1,347 1,478 Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 Governance costs Governance costs included in expenditure above are as follows: 2016 2015 £ £ Staff costs 3,923 4,355 A,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Legal & other professional fees	3,000	3,382	6,382	193	1,968	2,161
Total administrative support costs 13,506 61,439 74,945 10,402 67,730 78,132 Total expenditure 33,145 188,917 222,062 22,228 188,632 210,860 Governance costs Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Depreciation	1,352	-	1,352	1,918	-	1,918
Governance costs 2016 2015 Governance costs included in expenditure above are as follows: 2016 2015 Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Other expenditure	<u> 111</u>	977	1,088	131	1,347	1,478
Governance costs Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Total administrative support costs	13,506	61,439	74,945	10,402	67,730	78,132
Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Total expenditure	33,145	188,917	222,062	22,228	188,632	210,860
Governance costs included in expenditure above are as follows: 2016 2015 £ £ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Governance costs						
£ £ Staff costs 3,923 4,355 Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Governance costs included in expen	diture above a	are as follows:	2016	2015		
Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740								
Occupancy & office running costs 1,585 1,598 Accountancy / independent examiner 1,920 1,860 Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: £ £ - for accounts preparation 1,160 1,120 - for independent examination 760 740		Staff costs			3,923	4,355		
Accountancy / independent examiner Legal & statutory fees 4,805 13 Travel & meeting costs 824 503 Total governance costs 13,057 8,329 Remuneration of the independent examiner: - for accounts preparation - for independent examination 1,160 1,120 - for independent examination 760 740		Occupancy & office running costs			1,585			
Travel & meeting costs Total governance costs Remuneration of the independent examiner: - for accounts preparation - for independent examination 824 503 13,057 8,329 £ £ - for accounts preparation - for independent examination 760 740			er		1,920	1,860 [,]		
Total governance costs 13,057 8,329 Remuneration of the independent examiner: - for accounts preparation - for independent examination 1,160 1,120 760 740		Legal & statutory fees			4,805	13	*	
Remuneration of the independent examiner: - for accounts preparation - for independent examination £ £ 1,160 1,120 760 740		Travel & meeting costs			824	503		
- for accounts preparation 1,160 1,120 - for independent examination 760 740		Total governance costs			13,057	8,329	,	
- for accounts preparation 1,160 1,120 - for independent examination 760 740								
- for independent examination 760 740		Remuneration of the independent	examiner:		£	£		
- for independent examination 760 740		- for accounts preparation			1,160	1,120		
1,920 1,860					760	740		
					1,920	1,860		

Notes to the Accounts (continued)

7	Staff costs (full-time equivalent numbers)	2016 Number	2016 £	2015 Number	2015 £
	Training & development staff	2.0	102,217	2.0	100,078
	Management & admin staff	1.5	39,637	1.5	44,046
	Totals	3.5	141,854	3.5	144,124
	Gross salaries		122,740		118,154
	Social security costs		8,963		9,861
	Pension/death in service costs		8,908		8,102
	Total employed staff		140,611		136,117
	Consultant admin support		1,243		5,764
	Recruitment				2,243
	Total staff costs		141,854		144,124

No emoluments were paid to directors during the year, nor in the previous year.

Travel expenses of £382 were reimbursed to directors during the year (previous year - £12).

8	Tangible Fixed Assets	Furniture
	_	& equipment
		£
	Cost or Valuation	
	At 1st April 2015	25,164
	Additions	479
	(Less) disposals	(5,091)
	At 31st March 2016	20,552
	Depreciation	
	At 1st April 2015	21,467
	Charge for year	1,352
	(Less) disposals	<u>(5,091)</u>
	At 31st March 2016	17,728
	Net Book Value	
	At 31st March 2016	<u>2,824</u>
	At 31st March 2015	3,697

Notes to the Accounts (continued)

9	Debtors	2016	2015
	Amounts due within one year	£	£
	Accrued income	768	1,027
	Prepayments & oher debtors	2,288	2,654
		3,056	3,681
10	Creditors Amounts due within one year	£	£
	Tax & social security	4,292	3,207
	Deferred income Accruals	4,943 2,844	7,637 2,268
	Accidats		
		<u> 12,079</u>	13,112

Lease commitments:

The company has signed a licence agreement for its office premises in Perth, covering the 3 years to 31 May 2019 at an annual rental of £8,543 (including VAT).

The company has an annual lease commitment of £2,950 on a lease for office equipment expiring in 2 - 5 years.

Pain Association Scotland

Notes to the Accounts (continued)

11 Movement on Funds

Restricted Funds:	Note	At 1/4/15 £	Movement in Incoming £	n Resources Outgoing £	Net Transfers £	At 31/3/16 £
Regions and Groups:						
Edinburgh & Lothians		13,872	-	-	-	13,872
Fife		1,975	13,574	(8,732)	-	6,817
Greater Glasgow & Clyde		7,272	-	(4,408)	-	2,864
Lanarkshire		-	7,000	(7,000)	-	•
Dumfries & Galloway		13,047	14,500	(10,790)	• -	16,757
Tayside		5,795	37,100	(30,983)	-	11,912
Central		8,834	20,524	(12,641)	-	16,717
Western Isles		-	10,000	(7,582)	-	2,418
Borders		-	7,200	(3,167)	-	4,033
Ayrshire & Arran	_	3,090	3,800			6,890
Total Regions & Groups	(1)	53,885	113,698	(85,303)	-	82,280
Other Restricted funds:						
Scottish Government:						
Section 10 funding		-	38,000	(38,000)	-	-
Section 16B funding		-	15,000	(15,000)	-	-
Health & Social Care Allian	nce	-	50,614	(50,614)	-	-
Pain Management training	(2)_	18,762				18,762
Total Restricted funds	-	72,647	217,312	(188,917)		101,042
Designated funds:						
Fixed asset fund	(3)	3,697	-	(1,352)	479	2,824
Other designated funds	(4)_	102,000			(2,000)	100,000
Total Designated funds	_	105,697	-	(1,352)	(1,521)	102,824
General fund		238,044	52,532	(31,793)	1,521	260,304
Total Unrestricted funds	-	343,741	52,532	(33,145)		363,128
Total Funds	=	416,388	269,844	(222,062)	-	464,170

Notes on Funds are shown on page 15 below.

Notes to the Accounts (continued)

11 Movement on Funds (continued)

Notes on Funds:

- (1) The restricted funds for Regions and Groups arise from grant funding and service level agreements for each Region or Group shown above. This excludes fees and expenditure for pain management courses, which are included in the unrestricted general fund.
- (2) The pain management training fund represents donations received from trusts for this purpose.
- (3) The fixed asset fund corresponds to the net book value of tangible fixed assets. Depreciation is charged to the fund and the cost of fixed assets purchased is transferred into the fund.
- (4) Other designated funds have been set aside for the following purposes in the next year:

	Ł
Group support and educational development	90,000
Staff development	3,000
AGM and conferences	2,500
Legal costs	3,000
IT & office equipment costs	1,000
Journal publications	500
Total	100,000

(5) Transfers include purchases of fixed assets and transfers to or from other designated funds.

12 Analysis of Net Assets between Funds

	Restricted Funds £	Designated Funds £	General Fund £	Total Funds £
Tangible fixed assets	-	2,824	-	2,824
Stock	-	-	303	303
Debtors	-	-	3,056	3,056
Cash on deposit	-	100,000	130,364	230,364
Cash at bank and in hand	101,042	· -	138,660	239,702
Creditors			(12,079)	(12,079)
Total Funds	101,042	102,824	260,304	464,170