



Companies House

AR01 (ef)

Annual Return



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Company Name: **ACTIVE HEALTH SOLUTIONS LIMITED**

Company Number: **NI058325**

Date of this return: **01/03/2016**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **10-12 HIBERNIA STREET
HOLYWOOD
CO DOWN
BT18 9JE**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **RACHEL**

Surname: **SALIGARI**

Former names:

Service Address: **9 MEADOW PARK
CRAWFORDSBURN
BANGOR
CO. DOWN
UNITED KINGDOM
BT19 1JN**

Company Director ***1***

Type: **Person**

Full forename(s): **DAVID ANTONY**

Surname: **SALIGARI**

Former names:

Service Address: **9 MEADOW PARK
CRAWFORDSBURN
BANGOR
CO. DOWN
UNITED KINGDOM
BT19 9JN**

Country/State Usually Resident: **NORTHERN IRELAND**

Date of Birth: ****/07/1970** *Nationality:* **ITALIAN**

Occupation: **PHYSIOTHERAPIST**

Company Director 2

Type: **Person**
Full forename(s): **RACHEL**

Surname: **SALIGARI**

Former names:

Service Address: **9 MEADOW PARK
CRAWFORDSBURN
BANGOR
CO. DOWN
BT19 1JN**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/09/1976** *Nationality:* **IRISH**

Occupation: **PHYSIOTHERAPIST**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	2
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
NIL			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **RACHEL SALIGARI**

Shareholding 2 : **1 ORDINARY shares held as at the date of this return**
Name: **DAVID SALIGARI**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.