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Form No. 5 F

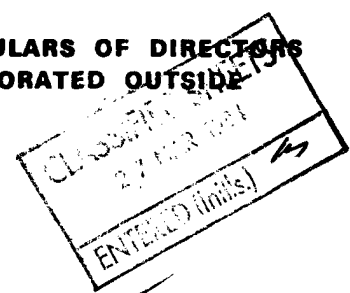
No. of Company F C. 2429. / 7



THE COMPANIES ACT (Northern Ireland) 1960

RETURN OF ALTERATION IN THE LIST OR PARTICULARS OF DIRECTORS AND THE SECRETARY OF A COMPANY INCORPORATED OUTSIDE NORTHERN IRELAND

Pursuant to Section 358



Name of Company SCRABO HEALTH PRODUCTS LTD

Where Incorporated SCOTLAND

Address of Place of Business in Northern Ireland 264 Ormeau Road
Belfast

NOTE: This Return must be delivered to the Registrar of Companies within twenty-one days after the date of making of such alterations or twenty-one days after the date on which notice thereof could, in due course of post, and if despatched with due diligence, have been received in Northern Ireland from the place where the Company is incorporated.

Presented by:

W. J. MISCAMPBELL
Certified Public Accountant
Chartered Secretary
6 VANDALE AVENUE
BELFAST BT7 3JH PHONE 640711

RECEIPT No.
CHECKED (Intls.)

REGISTERED
28 MAR 1984
CHECKED (Intls.) B (See over)

RETURN OF ALTERATION IN THE LIST OR PARTICULARS OF DIRECTORS AND THE SECRETARY

Particulars of the Persons who are Directors* of the Company

1 Name In the case of an individual, present Christian name or names and surname.† In the case of a corporation, the corporate name)	2 Any former Christian name or names and surname†	3 Nationality	4 Usual residential address (In the case of a corporation, the registered or principal office)	5 Other business occupation or directorships if any. If none, state so§	6 Remarks as to the alteration
ILEEN MABEL ARMSTRONG	/	BRITISH	101 CRAWFORDS BURN ROAD NEWTON HARDS CO DUV.	NONE	APPOINTED DIRECTOR 16/12/83

Particulars of the Person who is the Secretary of the Company

1 Name (In the case of an individual, present Christian name or names and surname† In the case of a corporation or a Scottish firm, the corporate or firm name) ‡	2 Any former Christian name or names and surname†	3 Usual residential address (In the case of a corporation or a Scottish firm, the registered or principal office) ¶	4 Remarks as to the alteration
JACQUELINE ARMSTRONG	/	101 CRAWFORDS BURN ROAD NEWTON HARDS	/

NOTES

* "Director" includes any person who occupies the position of a director by whatsoever name called, and any person in accordance with whose directions or instructions the directors of the company are accustomed to act.

† "Christian name" includes a forename, and "surname" in the case of a peer or person usually known by a title different from his surname means that title.

‡ "Former Christian name" and "former surname" do not include:

(a) in the case of a peer or a person usually known by a British title different from his surname, the name by which he was known previous to the adoption or of succession to the title; or

(b) in the case of any person, a former Christian name or surname where that name or surname was changed or disused before the person bearing the name attained the age of eighteen years or has been changed or disused for a period of not less than twenty years; or

(c) in the case of a married woman the name or surname by which she was known previous to the marriage.

§ In the case of an individual who has no business occupation but holds any other directorship or directorships, particulars of that directorship or of some one of those directorships must be entered.

|| A complete list of the directors and secretary shown as existing in the last return must always be given. A note of the changes since the last list was filed should be made in this column, e.g., by placing against a new director's name the words "in place of", and by writing against any former director's name the words "dead", "resigned", or as the case may be.

¶ Where all the partners in a firm are joint secretaries, the name and principal office of the firm may be stated.

Date 10 March 1984

Signatures of the persons authorised under Section 356 (1) (c) of the Companies Act (Northern Ireland), 1960, or of some other person in Northern Ireland duly authorised by the Company.

[Signature]

Reserved for Binding