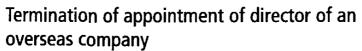
In accordance with Section 1046 of the Companies Act 2006 & Regulation 13 of the Overseas Companies Regulations 2009.

OS TM01





What this form is for
You may use this form
to terminate the appointment of a
director (individual or corporate)
of an overseas company.

What this form is NOT fo You cannot use this form to terminate the appointment secretary. To do this, please form OS TM02 'Termination appointment of secretary o overseas company.'



A7L3Z\$74 A08 19/12/2018 COMPANIES HOUSE

Overseas company details → Filling in this form Company number С 0 9 3 8 2 Please complete in typescript or in Company name in full bold black capitals. **INTERTANKO** or alternative name as All fields are mandatory unless registered in the UK specified or indicated by * Current details on the Register Please give us the current appointment details of this director held on the Month and year of birth Providing a month and year of birth public register. will help us identify the correct Month/year of birth* person on the public record. This is voluntary information and if Title * President and CEO Tsakos Energy Navigation completed it will be placed on the public record. Full forename(s) Nikolas Surname/Corporate Tsakos name 3 Termination date • Date of termination of $\begin{bmatrix} d \\ 2 \end{bmatrix} \begin{bmatrix} d \\ 0 \end{bmatrix}$ ^y2 ^y0 ^y1 ^y8 Only one director appointment can be terminated per form. appointment **UK** establishments A return must be delivered in respect of any alteration to the company particulars by each UK establishment. If, however, a company has more than one UK establishment, it may deliver only one form in respect of all those UK establishments, provided it completes the table below. UK establishment name Registration number Signature I am signing this form on behalf of the overseas company. This form may be signed by: Director, Secretary, Signature Signature Permanent representative. X GENERA COUNSER/COSEC

OS TM01

Termination of appointment of director of an overseas company

Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record. Contact name Michele White INTERTANKO Address 30-33 Minories Post town London County/Region Postcode Е Country UK DX 02079777038 Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

The company name and number as registered in the UK match the information held on the public Register.

- You have correctly entered the name of the director being terminated.
- You have included the date of termination of appointment.
- ☐ You have completed Section 4, if applicable.
- ☐ You have signed the form.

Important information

Please note that all information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address:

England and Wales:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

Scotland:

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

Northern Ireland:

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

Further information

For further information, please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse



Do not cover this barcode