

PSC07

Notice of ceasing to be an individual person with significant control (PSC), relevant legal entity (RLE), or other registrable person (ORP)



Companies House



Go online to file this information
www.gov.uk/companieshouse

✓ What this form is for
You may use this form to tell us
that a person or entity is no longer
a PSC, RLE or ORP.

X What this form is NOT for
You cannot use the form to
about ceasing to be a PSC, F
ORP of an LLP. (Use LL PSC0



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A09

29/04/2022

#387

COMPANIES HOUSE

Don't use this form if any individual PSC is applying or has applied for protection from having their details disclosed on the public register.

Contact secureforms@companieshouse.gov.uk to get the correct form.

1 Company details

Company number	1	3	2	8	7	1	3	1
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Company name in full	1 THE FITNESS PROJECT LTD
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→ Filling in this form

Please complete in typescript or in bold black capitals.

All fields are mandatory unless specified or indicated by *

2 Individual's current details

Please give us the current details of the individual PSC as they appear on the public register.

Month/year of birth* **X** **X** ^m0 ^m4 ^y1 ^y9 ^y7 ^y3

Title*	MR
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Full forename(s)	VITTORIO
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Surname	MASSARO
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3	RLE's or ORP's current details
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Please give us the name of the RLE or ORP as it appears on the public register.

Name _____

4 Date ceased to be a PSC, RLE or ORP ^o

Date ceased	^d 0	^d 1	^m 0	^m 1	^y 2	^y 0	^y 2	^y 2
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② Only one PSC, RLE or ORP can be named per form.

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5

Register entry date

Give the date on which you made this update to the company's PSC register.

Date

^d0 ^d1 ^m0 ^m1 ^y2 ^y0 ^y2 ^y2

6

Signature

I am signing this form on behalf of the company.

Signature

Signature

X  X

This form may be signed by:

Director^①, Secretary, Person authorised^②, Administrator, Administrative receiver,
Receiver, Receiver manager, Charity commission receiver and manager, CIC
manager, Judicial factor.

① If the form is being filed on behalf of a Societas Europaea (SE), please delete 'director' and insert details of which organ of the SE the person signing has membership.

② Person authorised

Under either section 270 or 274 of the Companies Act 2006.

You must have obtained confirmation from the individual person with significant control that their particulars are correct before sending this form to Companies House.

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Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Company name

Address

Post town

County/Region

Postcode

Country

DX

Telephone



Checklist

We may return forms completed incorrectly or
with information missing.

Please make sure you have remembered the
following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have correctly entered the name of the PSC, RLE or ORP.
- ☐ You have included the appropriate date.
- ☐ You have given the register entry date.
- ☐ You have signed the form.



Important information

All information on this form will appear on the public record.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG.
DX 481 N.R. Belfast 1.



Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse