



Companies House

CS01_(ef)

Confirmation Statement

Company Name: **TONIC NUTRITION LTD**

Company Number: **12174856**



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XAGCPPJU

Company Name: **TONIC NUTRITION LTD**

Company Number: **12174856**

Confirmation **26/08/2021**

Statement date:

Statement of Capital (Share Capital)

Class of Shares:	A	Number allotted	47684
	ORDINARY	Aggregate nominal value:	476.84
Currency:	GBP		

Prescribed particulars

FULL RIGHTS REGARDING VOTING, PAYMENT OF DIVIDENDS AND DISTRIBUTIONS

Class of Shares:	B	Number allotted	100000
	ORDINARY	Aggregate nominal value:	1000
Currency:	GBP		

Prescribed particulars

FULL RIGHTS REGARDING VOTING, PAYMENT OF DIVIDENDS AND DISTRIBUTIONS

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	147684
		Total aggregate nominal value:	1476.84
		Total aggregate amount	0
		unpaid:	

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1: **0 A ORDINARY shares held as at the date of this confirmation statement**
Name: **SUNNA VAN KAMPEN**

Shareholding 2: **100000 B ORDINARY shares held as at the date of this confirmation statement**
Name: **SUNNA VAN KAMPEN**

Shareholding 3: **10692 A ORDINARY shares held as at the date of this confirmation statement**
Name: **AWESOMEACTION LIMITED**

Shareholding 4: **2778 A ORDINARY shares held as at the date of this confirmation statement**
Name: **MIND & BUSINESS LTD**

Shareholding 5: **984 A ORDINARY shares held as at the date of this confirmation statement**
Name: **BRAD WALDRON**

Shareholding 6: **1450 A ORDINARY shares held as at the date of this confirmation statement**
Name: **DIEGO BEVILACQUA**

Shareholding 7: **1899 A ORDINARY shares held as at the date of this confirmation statement**
Name: **RANJIT MUNRO**

Shareholding 8: **10129 A ORDINARY shares held as at the date of this confirmation statement**
Name: **ANNA SINGH**

Shareholding 9: **8287 A ORDINARY shares held as at the date of this confirmation statement**
Name: **TOM SINGH**

Shareholding 10: **8335 A ORDINARY shares held as at the date of this confirmation statement**
Name: **KULDIP SINGH DHILLON**

Shareholding 11: **368 A ORDINARY shares held as at the date of this confirmation statement**
Name: **JAMIE ROSS**

Shareholding 12: **1474 A ORDINARY shares held as at the date of this confirmation statement**
Name: **JOHN REYNOLDS**

Shareholding 13: **184 A ORDINARY shares held as at the date of this confirmation statement**
Name: **RED APPLE VENTURES LTD**

Shareholding 14: **368 A ORDINARY shares held as at the date of this confirmation statement**
Name: **JENNIFER HINVES**

Shareholding 15: **368 A ORDINARY shares held as at the date of this confirmation statement**
Name: **CAROLIN GREINER**

Shareholding 16: **368 A ORDINARY shares held as at the date of this confirmation statement**
Name: **MARK AYLWARD**

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor