

**4M MENTOR MOTHERS NETWORK COMMUNITY INTEREST COMPANY**

**Company limited by guarantee with no share capital**

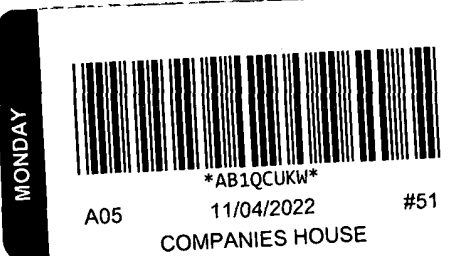
**Company Registration Number:  
12097907**

**Unaudited statutory accounts for the year ended 31 July 2021**

**Period of accounts**

**Start Date: 1 August 2020**

**End Date: 31 July 2021**



**4M Mentor Mothers Network CIC**  
**Contents of the Financial Statements**  
**For the year ended 31 July 2021**

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**4M Mentor Mothers Network CIC**  
**Company Information**  
**For the year ended 31 July 2021**

<b>Co-Directors</b>	Ms Angelina Namiba Ms Rebecca Mbewe Ms Longret Kwardem
<b>Secretary</b>	Dr Nigel Padfield
<b>Company Number</b>	12097907
<b>Registered Office</b>	c/o STOPAIDS Mainyard Studios Office B 90 Wallis Road Hackney Wick London E9 5LN
<b>Bankers</b>	The Co-operative Bank PLC PO Box 101 1 Balloon Street Manchester M60 4EP

**4M Mentor Mothers Network CIC  
Directors' Report  
for the year ended 31 July 2021**

The Directors present their report and the financial statements for the year ended 31 July 2021

**Statement of Directors' responsibilities**

The Directors are responsible for preparing the Directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the Directors to prepare financial statements for each financial year. Under that law the Directors have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting standards and applicable law). Under company law the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

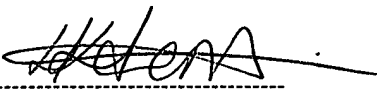
**Principal Activity**

4M Mentor Mothers Network CIC is a not for profit organization whose principal activity is to provide support and mentoring to women , including but not limited to support relating to pregnancy, parenting, mental health, sexual and reproductive health and HIV and related issues.

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Signed on behalf of the Board



Ms Longret Kwardem

Date: 5 April 2022

**4M Mentor Mothers Network CIC  
Income and Expenditure Account  
For the Year Ended 31 July 2021**

	<b>Notes</b>	<b>2021 £</b>	<b>2020 £</b>
<b>Turnover</b>			
Grant Income	1	55,745	-
Donations		400	5,350
Other Income		2,190	-
		-----	-----
<b>Total</b>		<b>58,335</b>	<b>5,350</b>
 Grant funded expenditure		 (55,745)	 -
		-----	-----
<b>Gross Surplus</b>		<b>2,590</b>	<b>5,350</b>
Administrative Expenses		(2,094)	(13)
		-----	-----
<b>Operating Surplus/(Deficit)</b>		<b>496</b>	<b>5,337</b>
Bank Interest		88	-
		-----	-----
<b>Surplus/(Deficit) for the financial year</b>		<b>584</b>	<b>5,337</b>
Tax		(111)	-
		-----	-----
<b>Surplus/(Deficit) after tax</b>		<b>473</b>	<b>5,337</b>
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**4M Mentor Mothers Network CIC**  
**Balance Sheet**  
**For the Year Ended 31 July 2021**

	Notes	2021 £	2020 £
<b>Current assets</b>			
Debtors		-	-
Cash at bank and in hand		36,028	5,337
<b>Total current assets</b>		<b>36,028</b>	<b>5,337</b>
Creditors: amounts falling due within one year	3	(30,218)	-
<b>Net current assets/(liabilities)</b>		<b>5,810</b>	<b>5,337</b>
<b>Members' funds</b>			
Income and expenditure account		473	-
Unrestricted reserves		5,337	-
<b>Total members' funds:</b>		<b>5,810</b>	<b>5,337</b>

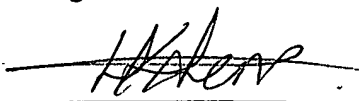
**Balance sheet statements**

For the year ending July 31<sup>st</sup> 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

**Directors' responsibilities**

- The members have not required the company to obtain an audit of the accounts for the year in question in accordance with Section 476 of the Companies Act 2006
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime

Signed on behalf of the Board



Ms Longret Kwardem, Co-Director

Date: 5 April 2022

**4M Mentor Mothers Network CIC**  
**Notes to the Financial Statements**  
**For the Year Ended 31 July 2021**

**1. Accounting Policies**

**Basis of preparation.** The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for smaller entities (FRS 102) section 1A. The financial statements are presented in sterling which is the functional currency of the company and rounded to the nearest £.

**Turnover.** Turnover comprises the total income recognised from grants and donations and also includes revenue earned from the provision of services to other organisations.

**Grant income.** Grants are credited as income in the year in which the activity takes place. Where donor-imposed restrictions apply to the timing of the related expenditure as a pre-condition for its use, the grant is treated as deferred income until those restrictions are met.

**Value Added Tax.** The company is not registered for Value Added Tax, and the cost of irrecoverable VAT is therefore included within the relevant expenditure headings.

**Taxation.** A current tax liability is recognized for the tax payable on the current and past periods.

**2. Employees**

There were no employees (2020: none). During this first year of CIC activity the 3 Directors were paid on a self-employed basis for project delivery activities. The total amount paid was £35,895 (2020: none).

**3. Creditors: Amounts falling due within 1 year**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Deferred grant income	30,107	-
Corporation Tax	111	-
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<b>Total</b>	<b>30,218</b>	<b>-</b>

002120/15

# CIC 34

## Community Interest Company Report

	<b>For official use</b> <i>(Please leave blank)</i>	
<b>Please complete in typescript, or in bold black capitals.</b>	<b>Company Name in full</b>	4M Mentor Mothers Network CIC

<b>Company Number</b>	12097907
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<b>Year Ending</b>	31 July 2021
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	<b>(The date format is required in full)</b>
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<p><b>Please ensure the company name is consistent with the company name entered on the accounts.</b></p> <p>This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.</p> <p><b>(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)</b></p>	
<p><b>PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT</b></p> <p>In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.</p> <p>Three projects funded by the National Lottery (9 months), MAC AIDS Fund ( 1 year ) and African Health Policy Network (6 months) reached a total of 355 people in total and produced the following:</p> <p>9 virtual peer group sessions with 28 Mentor Mothers trained in photography and creative writing for wellbeing, to share their priorities post COVID. Followed by a virtual exhibition sharing with stakeholders the future we want as Mentor Mothers living with HIV</p> <p>7 virtual peer group supervision/support sessions for 35 Mentor Mothers, with themes agreed by them, provided a safe space, encouragement, enhanced mental wellbeing and an advocacy platform</p> <p>Flexible peer support through 1-1 supervisions with 35 trained Mentor Mothers ensured individual and role related issues were addressed.</p> <p>Personal and professional development for women living with HIV, through remunerated involvement with the project administration,</p>	

practical mentoring, references for new jobs etc

**Partnerships:** Strengthened links with 24 organisations in HIV and other multidisciplinary issues affecting women. 4M Team members and Mentor Mothers have been involved in multiple speaking and other engagements

We have successfully recruited a volunteer bookkeeper for the 4M team. The communications volunteer received data bundles that enabled engagement with the team and updates to our website. Network coordinator and social media coordinator roles were carved out for 2 Mentor Mothers.

Adaptation and facilitation of 2 x virtual pregnancy and HIV workshops for women living with HIV, in collaboration with HIV organisations. Main issues were dealing with stigma and breastfeeding. Mentor Mothers supported other women living with HIV covering issues such as: new mum and worries and concerns about potential transmission due to infant having complications when born; adherence to treatment; sero different couples and issues around transmission and support; how to better communicate with HCPs who are not listening.

Collaboration with 4 x MMs and clinics/organisations in Brighton, Manchester, Lewisham and Bournemouth for a feasibility process to identify and develop relationships with clinics that they can work in, providing MM service as part of the MDT team and explore working as a Mentor Mother in a paid role since volunteering is unsustainable.

2x webinars on digital literacy and breastfeeding, with opportunity for MMs to attend and participate, recorded and shared afterwards.

Secured funding from Estee Lauder, Fast track Cities and carried on submitting multiple applications

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

4MNet is an entirely peer-run organisation of women living with HIV. Directors are Black women from migrant and refugee backgrounds. Our approach seeks to ensure that our voices and priorities are heard in all discussions about issues affecting women living with HIV pre-, during and beyond the pregnancy journey. The company's stakeholders are Mentor Mothers with whom the Directors have been working since 2016. 4MNet has 35 trained Mentor Mothers volunteers.

4MNet gets organisational and funding input regularly from Mentor Mothers thorough various platforms - virtual group and 1-1 supervision, webinars, surveys and the 4MNet WhatsApp group.

Due to the COVID pandemic Feedback from stakeholders showed they needed vital safe spaces for themselves and their mentees (women living with HIV going through the pregnancy journey) particularly as health systems deprioritised non-COVID related issues. It was a time of heightened anxiety, isolation, fear, hardship and, in some cases, experiences of increased violence at home. 4MNet prioritised consolidating policies, processes and systems, fundraising and digital expertise, for continued delivery of quality peer perinatal peer support and sexual and reproductive health and rights across the UK.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS’ REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

The aggregate amount of emoluments paid to directors in respect of qualifying services was £35,895 (see accounts note 2). There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for directors’ loss of office, which require to be disclosed.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of assets other than for full consideration has been made


*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY (Please note this must be a live signature)**

(DD/MM/YY)

The original report must be signed by a director or secretary of the company					
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Signed		Date	05/04/2022
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<p>Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.</p> <p>Applications will be rejected if this information is incorrect.</p> <p>Office held (delete as appropriate) Director/Secretary</p>	  5 April 2022 Director
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<p>You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.</p>	<p>nigelpadfield @icloud.com</p>			
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Tel
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DX Number	DX Exchange
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<p><b>When you have completed and signed the form, please attach it to the accounts and send both forms <u>by post</u> to the Registrar of Companies at:</b></p> <p>For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff</p> <p>For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2</p> <p>For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG</p> <p><b>(N.B. Please enclose a cheque for £15 payable to Companies House)</b></p>
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