## Dormant company accounts for a company limited by guarantee without share capital

Company Name: 4M Mentor Mothers Network CIC

Company Number: 12097907

Balance sheet as at July 31st 2020 (July 31st 2019)

**Current assets:** 

Cash at Bank: £5337.18 (£0.0)

Liabilities: Nil

Net assets: £5337.18 (£0.0)

#### **Notes:**

From its incorporation in July 2019 until July  $31^{st}$  2020 the company was dormant. 3 donations totalling £5350.18 were received and £13 was paid to Companies House for filing the annual confirmation statement.

**Statement**: For the year ending July 31st 2020 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

### Directors' responsibilities

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board on 23th MARCH 2021

And signed on their behalf by

Dr NNW Padfield, Secretary

\*AA1ØØWCA\*
A17 25/03/2021 #104
COMPANIES HOUSE

002116 /15

# **CIC 34**

# **Community Interest Company Report**

	For official use (Please leave blank)	
Please complete in typescript, or in bold black capitals.	Company Name in full	4M Mentor Mothers Network CIC

Company Number	12097907

**Year Ending** 31/07/20

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

### PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are the Mentor Mothers with whom the Directors have been working for some years now under the auspices of the Salamander Trust 4M programme. There are currently 27 trained mentor mothers working as volunteers. In November 2019 there was a strategic planning meeting including the 4M core team, mentor mothers and some 4M steering group members to discuss together the direction the newly formed CIC should take. Throughout the year there has been regular communication and sharing. For the first 6 months it was possible to have face to face meetings and in March 2020 it was planned to have a national meeting of all Mentor Mothers. However, this meeting had to be cancelled due to Covid-19. So subsequently communication has been through zoom calls, webinars, WhatsApp etc. Zoom calls in April 2020 highlighted feelings of isolation and anxiety that Mentor Mothers were feeling as a result of the epidemic. As a consequence mental health support has been built into the applications to donors.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received

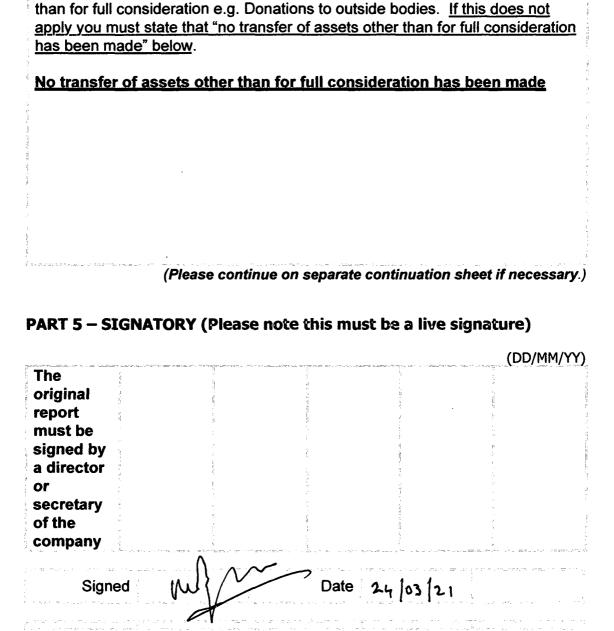
4M stands for My health, My choice, My child, My life. This reflects the ethos of 4M, which focuses primarily on the sexual and reproductive health and rights of women living with HIV as they go through the pregnancy journey. The 4M programme grew out of a programme called "From Pregnancy to Baby and Beyond" designed to provide peer mentor mother support to women living with HIV as they go through the pregnancy journey. In 2016 training workshops for mentor mothers (MMs) were held across the UK and in 2017 a national 4M training of trainers workshop was held and a WhatsApp network formed. Since that time this 4M Mentor Mothers Network has grown from strength to strength through workshops, webinars, and ongoing supervision and support, and in October 2019 a Training of Trainers Manual was published.

All this work, including the ongoing 4M activities during the current year, has been done under the auspices of a charity, the Salamander Trust, and with funding channeled through this charity. However, the charity is now winding up its operational activities. So the 3 Associates of the charity who have been leading the 4M work from the beginning decided to set up the 4M Mentor Mothers Network CIC, with themselves as Directors, in order to be able to carry on and develop the work independently in future.

The 4M Mentor Mothers Network CIC was incorporated in July 2019. During its first year, the period of this report, the CIC itself has been dormant. It has received 3 donations and filed an annual return. The main activity has been to make funding applications, so that it can become operational in the next accounting year. At the end of the year there was positive news that 2 applications - to the MAC AIDS Fund and the Gilead Foundation - had been successful, and there was reason to believe that an application to the National Lottery Emerging Futures Fund might be successful too.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)



PART 4 - TRANSFERS OF ASSETS OTHER THAN FOR FULL

**CONSIDERATION** – Please insert full details of any transfers of assets other

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report. Applications will be rejected if this is information is incorrect. Office held (delete as appropriate) Directory/Secretary You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies mail@ nigelpadfield. Co.UK to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

When you have completed and signed the form, please attach it to the accounts and send both forms <u>by post</u> to the Registrar of Companies at:

Tel

DX Exchange

DX Number

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)