

FOOD FOR THOUGHT DARLINGTON CIC

Company limited by guarantee

**Company Registration Number:
11952878 (England and Wales)**

Unaudited statutory accounts for the year ended 30 September 2021

Period of accounts

Start date: 1 October 2020

End date: 30 September 2021

FOOD FOR THOUGHT DARLINGTON CIC

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FOOD FOR THOUGHT DARLINGTON CIC

Directors' report period ended 30 September 2021

The directors present their report with the financial statements of the company for the period ended 30 September 2021

Directors

The directors shown below have held office during the whole of the period from

1 October 2020 to 30 September 2021

Katharine Davies

Louise Graham

Hugh Mortimer

Susie Denning

The director shown below has held office during the period of

1 October 2020 to 29 May 2021

Dawn Storr

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on

1 March 2022

And signed on behalf of the board by:

Name: Katharine Davies

Status: Director

FOOD FOR THOUGHT DARLINGTON CIC

Profit And Loss Account for the Period Ended 30 September 2021

	2021	17 months to 30 September 2020
	£	£
Turnover:	17,715	17,819
Cost of sales:	(10,659)	(15,070)
Gross profit(or loss):	7,056	2,749
Administrative expenses:	(4,406)	(4,884)
Operating profit(or loss):	2,650	(2,135)
Interest receivable and similar income:	0	1
Profit(or loss) before tax:	2,650	(2,134)
Tax:	(22)	0
Profit(or loss) for the financial year:	2,628	(2,134)

FOOD FOR THOUGHT DARLINGTON CIC

Balance sheet

As at 30 September 2021

	<i>Notes</i>	<i>2021</i>	<i>17 months to 30 September 2020</i>
		£	£
Fixed assets			
Tangible assets:	3	400	600
Total fixed assets:		400	600
Current assets			
Cash at bank and in hand:		4,524	1,362
Total current assets:		4,524	1,362
Creditors: amounts falling due within one year:	4	(334)	0
Net current assets (liabilities):		4,190	1,362
Total assets less current liabilities:		4,590	1,962
Total net assets (liabilities):		4,590	1,962
Members' funds			
Profit and loss account:		4,590	1,962
Total members' funds:		4,590	1,962

The notes form part of these financial statements

FOOD FOR THOUGHT DARLINGTON CIC

Balance sheet statements

For the year ending 30 September 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 1 March 2022
and signed on behalf of the board by:**

Name: Katharine Davies
Status: Director

The notes form part of these financial statements

FOOD FOR THOUGHT DARLINGTON CIC

Notes to the Financial Statements

for the Period Ended 30 September 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Tangible fixed assets depreciation policy

Computer equipment - 25% straight line

Other accounting policies

Basis of preparation - historical cost convention as modified by the revaluation of certain fixed assets. Presentation currency - pounds sterling

FOOD FOR THOUGHT DARLINGTON CIC

Notes to the Financial Statements for the Period Ended 30 September 2021

2. Employees

	<i>2021</i>	<i>17 months to 30 September 2020</i>
Average number of employees during the period	0	0

FOOD FOR THOUGHT DARLINGTON CIC

Notes to the Financial Statements for the Period Ended 30 September 2021

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 October 2020				800		800
Additions						
Disposals						
Revaluations						
Transfers						
At 30 September 2021				800		800
Depreciation						
At 1 October 2020				200		200
Charge for year				200		200
On disposals						
Other adjustments						
At 30 September 2021				400		400
Net book value						
At 30 September 2021				400		400
At 30 September 2020				600		600

FOOD FOR THOUGHT DARLINGTON CIC

Notes to the Financial Statements

for the Period Ended 30 September 2021

4. Creditors: amounts falling due within one year note

	<i>2021</i>	<i>17 months to 30 September 2020</i>
	<i>£</i>	<i>£</i>
Taxation and social security	22	0
Accruals and deferred income	312	0
Total	<u>334</u>	<u>0</u>

COMMUNITY INTEREST ANNUAL REPORT

FOOD FOR THOUGHT DARLINGTON CIC

Company Number: 11952878 (England and Wales)

Year Ending: 30 September 2021

Company activities and impact

The company runs a voluntary organization providing food, and other essentials, redistribution services. During the financial year 2020/2021, the organization's activities have benefited the local community in the following ways: Intercepted surplus food and re-distributed it to people who needed help. We ran a direct delivery service to households in need around the town; Supported our recipients in other ways to alleviate inequality, such as re-distribution of donated clothing, essentials, furniture, bikes, laptops; Purchased and distributed supermarket shopping vouchers and other items when our recipients were in urgent need; Cooked with intercepted surplus to provide hot, nutritious meals, delivered with the surplus food deliveries; and Worked with other local organizations in the town to address the issues of food poverty, food waste and inequality. We support everyone who approaches us, but our recipients are mainly large families on low incomes, single parent households, asylum seekers, older people and people with physical disabilities and mental health problems, and anyone else who finds it difficult to go to a conventional foodbank on a particular day at a particular time. We also support people who find themselves in temporary accommodation due to homelessness and anyone who is isolating because of the virus and cannot rely on support of family or friends.

Consultation with stakeholders

No consultation with stakeholders

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
7 March 2022

And signed on behalf of the board by:

Name: Katharine Davies

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.