

COMPANY REGISTRATION NUMBER: 11908595

Global Fitness Holdings Ltd

Filleted Unaudited Financial Statements

31 March 2020

Global Fitness Holdings Ltd

Financial Statements

Period from 27 March 2019 to 31 March 2020

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Global Fitness Holdings Ltd

Chartered Certified Accountants Report to the Board of Directors on the Preparation of the Unaudited Statutory Financial Statements of Global Fitness Holdings Ltd

Period from 27 March 2019 to 31 March 2020

As described on the statement of financial position, the directors of the company are responsible for the preparation of the financial statements for the period ended 31 March 2020, which comprise the statement of financial position and the related notes. You consider that the company is exempt from an audit under the Companies Act 2006. In accordance with your instructions we have compiled these financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and from information and explanations supplied to us.

COMPLETE ACCOUNTING SOLUTIONS Chartered Certified Accountants

727-729 High Road London N12 0BP

26 March 2021

Global Fitness Holdings Ltd

Statement of Financial Position

31 March 2020

		31 Mar 20
	Note	£
Current assets		
Debtors	5	6,804
Cash at bank and in hand		30,562

		37,366
Creditors: amounts falling due within one year	6	1,884

Net current assets		35,482

Total assets less current liabilities		35,482

Capital and reserves		
Called up share capital		1,177
Share premium account		198,232
Profit and loss account		(163,927)

Shareholders funds		35,482

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the statement of comprehensive income has not been delivered.

For the period ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476 ;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements .

These financial statements were approved by the board of directors and authorised for issue on 26 March 2021 , and are signed on behalf of the board by:

E J Heap

Director

Company registration number: 11908595

Global Fitness Holdings Ltd

Notes to the Financial Statements

Period from 27 March 2019 to 31 March 2020

1. General information

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is 5 Rookery Dell, Deepcar, Sheffield, S36 2ND, England.

2. Statement of compliance

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss. The financial statements are prepared in sterling, which is the functional currency of the entity.

Revenue recognition

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods supplied and services rendered, stated net of discounts and of Value Added Tax.

Income tax

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively. Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Foreign currencies

Foreign currency transactions are initially recorded in the functional currency, by applying the spot exchange rate as at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the exchange rate ruling at the reporting date, with any gains or losses being taken to the profit and loss account.

4. Employee numbers

The average number of persons employed by the company during the period amounted to 2 .

5. Debtors

	31 Mar 20
	£
Trade debtors	248
Other debtors	6,556

	6,804

6. Creditors: amounts falling due within one year

	31 Mar 20
	£
Trade creditors	(63)
Social security and other taxes	1,681
Other creditors	266

	1,884

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.