Company registration number 11824560 (England and Wales)

HARNESS COACHING CIC

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2023

PAGES FOR FILING WITH REGISTRAR

HARNESS COACHING CIC

BALANCE SHEET

AS AT 28 FEBRUARY 2023

	2023		2022	
	£	£	£	£
Fixed assets		91		367
Current assets	961		2,631	
Creditors: amounts falling due within one year	(6,004)		(7,401)	
Net current liabilities		(5,043)		(4,770)
Total assets less current liabilities		(4,952)		(4,403)
Creditors: amounts falling due after more than one year		(1,208)		(2,544)
Net liabilities		(6,160)		(6,947)
Reserves		(6,160)		(6,947)

Notes to the financial statements

1 Employees

The average number of persons, including directors, employed by the company during the year was as follows:

	2023 Number	2022 Number
Employees	2	2

Harness Coaching CIC is a private company limited by guarantee incorporated in England and Wales. The registered office is Chartwell House, 4 St. Paul's Square, Burton-on-Trent, Staffordshire, England, DE14 2EF.

For the year ended 28 February 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Régime' and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors of the company have elected not to include a copy of the income and expenditure account within the financial statements.

HARNESS COACHING CIC

BALANCE SHEET (CONTINUED)

AS AT 28 FEBRUARY 2023

The financial statements were approved by the board of directors and authorised for issue on 19/10/23 and *are signed on its behalf by:*

....

Company registration number 11824560 (England and Wales)

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CIC 34

Community Interest Company Report

For official use *(Please leave blank)*	
Company Name in full	Harness Coaching CIC
Company Number	11824560
Year Ending	28 February 2023

Please complete in typescript, or in bold black capitals.

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT
In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Working with people to learn how to manage life's stressors. Those being out of work on long term sickness absence, adolescents lost in the system, school children, vulnerable individuals in the community. Providing intervention as early as possible to prevent them needing more support from various services.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear. There has been no consultation with stakeholders. *(If applicable, please just state "A social audit report covering these points is attached").*
PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below. No remuneration was received.
PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below. No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed [signature]   Date 19/10/23 19 OCTOBER 2023

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this is information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

THE CHARTWELL PRACTICE	
4 ST PAUL'S SQUARE	
BURTON-ON-TRENT STAFFORDSHIRE DE14 2EF	
Tel 01283 741400	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)