

Registered number
11761709

The Central London Osteopathy and Sports Injury Clinic Ltd

Unaudited Filleted Accounts

31 March 2023

The Central London Osteopathy and Sports Injury Clinic Ltd**Registered number:** 11761709**Balance Sheet****as at 31 March 2023**

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	3	4,216	2,937
Current assets			
Debtors	4	2,633	3,640
Cash at bank and in hand		245,393	195,017
		<u>248,026</u>	<u>198,657</u>
Creditors: amounts falling due within one year	5	(94,209)	(38,457)
Net current assets		<u>153,817</u>	<u>160,200</u>
Net assets		<u>158,033</u>	<u>163,137</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		157,933	163,037
Shareholders' funds		<u>158,033</u>	<u>163,137</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Minerva Hersborg

Director

Approved by the board on 30 May 2023

The Central London Osteopathy and Sports Injury Clinic Ltd

Notes to the Accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	over 5 years straight line
Fixtures, fittings, tools and equipment	over 3 years straight line

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and

investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

Foreign currency translation

Transactions in foreign currencies are initially recognised at the rate of exchange ruling at the date of the transaction. At the end of each reporting period foreign currency monetary items are translated at the closing rate of exchange. Non-monetary items that are measured at historical cost are translated at the rate ruling at the date of the transaction. All differences are charged to profit or loss.

Pensions

Contributions to defined contribution plans are expensed in the period to which they relate.

2 Employees	2023 Number	2022 Number
Average number of persons employed by the company	<u>9</u>	<u>9</u>

3 Tangible fixed assets

	Plant and machinery etc £
Cost	
At 1 April 2022	73,501
Additions	4,086
Disposals	(10,229)
At 31 March 2023	<u>67,358</u>
Depreciation	
At 1 April 2022	70,564
Charge for the year	2,807
On disposals	(10,229)
At 31 March 2023	<u>63,142</u>
Net book value	
At 31 March 2023	<u>4,216</u>
At 31 March 2022	2,937

4 Debtors	2023	2022
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	£	£
Trade debtors	<u>2,633</u>	<u>3,640</u>

5 Creditors: amounts falling due within one year	2023	2022
	£	£
Directors loan account	13,220	6,569
Taxation and social security costs	45,964	22,408
Other creditors	<u>35,025</u>	<u>9,480</u>
	<u>94,209</u>	<u>38,457</u>

6 Other information

The Central London Osteopathy and Sports Injury Clinic Ltd is a private company limited by shares and incorporated in England. Its registered office is:
 325-327 Old Street
 London
 EC1V 9LE

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.