BODY MIND FABULOUS LTD

Company Registration Number:
11759069 (England and Wales)

Unaudited statutory accounts for the year ended 31 January 2020

(Dormant)

Period of accounts

Start date: 10 January 2019

End date: 31 January 2020

BODY MIND FABULOUS LTD

Contents of the Financial Statements

for the Period Ended 31 January 2020

BODY MIND FABULOUS LTD

Company Information

for the Period Ended 31 January 2020

Director:	Louise Niesler
Registered office:	32 Egerton Drive Isleworth England TW7 7EQ
Company Registration Number:	11759069 (England and Wales)

BODY MIND FABULOUS LTD

Balance sheet

As at 31 January 2020

	Notes	*13 months to 31 Jan 2020* *£*
Fixed assets		
Intangible assets:	4	**0**
Tangible assets:	5	**20**
Total fixed assets:		**20**
Current assets		
Stocks:		**0**
Debtors:	6	**0**
Cash at bank and in hand:		**0**
Total current assets:		**0**
Prepayments and accrued income:		**0**
Creditors: amounts falling due within one year:	7	**(0)**
Net current assets (liabilities):		**0**
Total assets less current liabilities:		**20**
Creditors: amounts falling due after more than one year:	8	**(0)**
Provision for liabilities:		**(0)**
Accruals and deferred income:		**(0)**
Total net assets (liabilities):		**20**

The notes form part of these financial statements

BODY MIND FABULOUS LTD

Balance sheet continued

As at 31 January 2020

	Notes	*13 months to 31 Jan 2020* *£*
Capital and reserves		
Called up share capital:		**1**
Revaluation reserve:	9	**19**
Profit and loss account:		**0**
Shareholders funds:		**20**

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the year ending 31 January 2020 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

This report was approved by the board of directors on 10 March 2020
And Signed On Behalf Of The Board By:

Name: Louise Niesler
Status: Director

The notes form part of these financial statements

Notes to the Financial Statements

for the Period Ended 31 January 2020

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

2. Employees

	13 months to 31 Jan 2020
Average number of employees during the period	**0**

3. Off balance sheet disclosure

No

BODY MIND FABULOUS LTD

Notes to the Financial Statements

for the Period Ended 31 January 2020

4. Intangible assets

	Other	Total
Cost	£	£
Additions	-	-
Disposals	-	-
Revaluations	-	-
Transfers	-	-
At 31 January 2020	-	-
Amortisation		
Charge for year	-	-
On disposals	-	-
Other adjustments	-	-
Amortisation at 31 January 2020	-	-
Net book value		
Net book value at 31 January 2020	-	-

no intangible assets

5. Tangible assets

	Office equipment	Total
Cost	£	£
Additions	**20**	**20**
Disposals	**(0)**	**(0)**
Revaluations	**0**	**0**
Transfers	**0**	**0**
At 31 January 2020	**20**	**20**
Depreciation		
Charge for year	**0**	**0**
On disposals	**(0)**	**(0)**
Other adjustments	**0**	**0**
At 31 January 2020	**0**	**0**
Net book value		
At 31 January 2020	**20**	**20**

BODY MIND FABULOUS LTD

Notes to the Financial Statements

for the Period Ended 31 January 2020

6. Debtors

	13 months to 31 Jan 2020	
	£	
Trade debtors	**0**	
Prepayments and accrued income	**0**	
Other debtors	**0**	
Total	**0**	
Debtors due after more than one year:	**0**	

No debtors

7.Creditors: amounts falling due within one year note

	13 months to 31 Jan 2020
	£
Bank loans and overdrafts	**0**
Amounts due under finance leases and hire purchase contracts	**0**
Trade creditors	**0**
Taxation and social security	**0**
Accruals and deferred income	**0**
Other creditors	**0**
Total	**0**

no creditors

Notes to the Financial Statements

for the Period Ended 31 January 2020

8.Creditors: amounts falling due after more than one year

	13 months to 31 Jan 2020
	£
Bank loans and overdrafts	**0**
Amounts due under finance leases and hire purchase contracts	**0**
Other creditors	**0**
Total	**0**

No creditors

9. Revaluation reserve

	13 months to 31 Jan 2020
	£
Surplus or deficit after revaluation	**19**
Balance at 31 January 2020	**19**

AC76 entered to equal AC80 on form. No trading or any activity whatsoever has taken place. The company has since been struck off.