

# LIQ02

## Notice of statement of affairs



Companies House

For further information, please  
refer to our guidance at  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

### 1 Company details

Company number 1 1 7 3 0 9 0 2

Company name in full ABFABFIT CLUB LTD

#### → Filling in this form

Please complete in typescript or in  
bold black capitals.

### 2 Liquidator's name

Full forename(s) Andrew

Surname Ryder

### 3 Liquidator's address

Building name/number Unit 1 Lagan House

Street 1 Sackville Street

Post town Lisburn

County/Region County Antrim

Postcode B T 2 7 4 A B

Country

### 4 Liquidator's name ①

Full forename(s)

Surname

#### ① Other liquidator

Use this section to tell us about  
another liquidator.

### 5 Liquidator's address ②

Building name/number

Street

Post town

County/Region

Postcode

Country

#### ② Other liquidator

Use this section to tell us about  
another liquidator.

LIQ02

Notice of statement of affairs

**6** Date of statement of affairs

Date 

d	1	d	5	m	0	m	3	y	2	y	0	y	2	y	4
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**7** Statement of affairs

I attach:

- ☐ Statement of affairs by the liquidator under section 95(1A) of the Insolvency Act 1986
- ☒ Statement of affairs by a director under section 99(1) of the Insolvency Act 1986
- ☐ Statement of concurrence

**8** Sign and date

Liquidator's signature

Signature

X



X

Signature date

d	2	d	8	m	0	m	3	y	2	y	0	y	2	y	4
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**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Company name **JT Maxwell Limited**

Address

**Unit 1 Lagan House****1 Sackville Street**

Post town

**Lisburn**

County/Region

**County Antrim**

Postcode

B	T	2	7		4	A	B
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Country

DX

Telephone

**02892 448110****Checklist**

**We may return forms completed incorrectly or with information missing.**

**Please make sure you have remembered the following:**

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

**Important information**

**All information on this form will appear on the public record.**

**Where to send**

**You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:**

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.

**Further information**

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

**This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)**

## STATEMENT OF AFFAIRS

Company Name: ABFABFIT CLUB LTD ("the Company")  
Company Number: 11730902

Statement as to the affairs of (a) ABFABFIT CLUB LTD of 26&27 Raynham Road Industrial Estate, Raynham Road, Bishop's Stortford, Hertfordshire, CM23 5PE.

On 15 March 2024, being a date not more than 14 days before the date of the resolution for winding up.

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### Statement of Truth

I believe that the facts stated in this statement of affairs are a full, true and complete statement of the affairs of the above named company as at 15 March 2024.

Full name Jaine Alderson

Signed JAd

Dated 18 Mar 2024

*I understand that proceedings for contempt of court may be brought against anyone, who makes, or causes to be made, a false statement in a document verified by a statement of truth, without an honest belief in its truth.*

ABFABFIT CLUB LTD  
Statement Of Affairs as at 15 March 2024

A - Summary of Assets

Assets	Book Value £	Estimated to Realise £
<b>Assets subject to fixed charge:</b>		
<b>Assets subject to floating charge:</b>		
<b>Uncharged assets:</b>		
Furniture & Equipment	9,215.00	1,500.00
Inter-Company Loan	47,195.00	Uncertain
<b>Estimated total assets available for preferential creditors</b>		<b>1,500.00</b>

Signature JAD Date 18 Mar 2024

ABFABFIT CLUB LTD  
Statement Of Affairs as at 15 March 2024


A1 - Summary of Liabilities

		Estimated to Realise £
<b>Estimated total assets available for preferential creditors (Carried from Page A)</b>		1,500.00
<b>Liabilities</b>		
Preferential Creditors:-		NIL
<b>Estimated deficiency/surplus as regards preferential creditors</b>		1,500.00
2nd Preferential Creditors:-		
HMRC- PAYE	1,187.80	
HMRC- VAT	5,832.86	
		7,020.66
<b>Estimated deficiency/surplus as regards 2nd preferential creditors</b>		(5,520.66)
Debts secured by floating charges pre 15 September 2003		
Other Pre 15 September 2003 Floating Charge Creditors		NIL
		(5,520.66)
Estimated prescribed part of net property where applicable (to carry forward)		NIL
<b>Estimated total assets available for floating charge holders</b>		(5,520.66)
Debts secured by floating charges post 14 September 2003		
		NIL
<b>Estimated deficiency/surplus of assets after floating charges</b>		(5,520.66)
Estimated prescribed part of net property where applicable (brought down)		NIL
<b>Total assets available to unsecured creditors</b>		(5,520.66)
Unsecured non-preferential claims (excluding any shortfall to floating charge holders)		
Trade & Expense Creditors	3.00	
Directors	5,759.00	
Banks/Institutions	81,906.90	
Customs & Excise	709.00	
Inter-Company Loan	3,000.00	
		91,377.90
<b>Estimated deficiency/surplus as regards non-preferential creditors (excluding any shortfall in respect of F.C's post 14 September 2003)</b>		(96,898.56)
<b>Estimated deficiency/surplus as regards creditors</b>		(96,898.56)
Issued and called up capital		
Ordinary Shareholders	2.00	
		2.00
<b>Estimated total deficiency/surplus as regards members</b>		(96,900.56)

Signature JAD Date 18 Mar 2024

ABFABFIT CLUB LTD  
Company Registered Number: 11730902  
B - Company Creditors

Key	Name	Address	£
CA00	FGS Accountancy	39 Woodland Way, Theydon Bois, Epping, CM16 7DY	1.00
CB00	Natwest Bank Plc	Debt Management Operations, Business Recoveries, PO Box 569, Adwick Park, Manvers, Rotherham, S63 3FB	35,000.00
CB01	Natwest Bank Plc	Debt Management Operations, Business Recoveries, PO Box 569, Adwick Park, Manvers, Rotherham, S63 3FB	40,688.90
CD00	Jaine Alderson	c/o JT Maxwell Limited	5,759.00
CH00	HMRC	ICHU, HM Revenue and Customs, BX9 1SR	5,832.86
CH01	HMRC	ICHU, HM Revenue and Customs, BX9 1SR	1,187.80
CH02	HMRC	ICHU, HM Revenue and Customs, BX9 1SR	709.00
CP00	Nest	Nene Hall, Lynch Wood Business Park, Peterborough, PE2 6FY	1.00
CS00	FreeAgent	36 St Andrew Square, Edinburgh, EH2 2YB	1.00
CS01	Mercedes-Benz Financial Services UK Limited	Tongwell, Milton Keynes, MK15 8BA	3,250.00
CS02	ABFABFIT CLUB (BISHOPS STORTFORD) LIM	26 & 27 Raynham Road Industrial Estate, Raynham Road, Bishops Stortford, CM23 5PE	3,000.00
CS03	American Express Services Europe Ltd	American Express Insolvencies, PO Box 1028, Maidstone, ME16 8WW	2,968.00
12 Entries Totalling			98,398.56

Signature 

ABFABFIT CLUB LTD  
Company Registered Number: 11730902  
C - Shareholders

Key	Name	Address	Type	Nominal Value	No. Of Shares	Called Up per share	Total Amt. Called Up
HA00	Mrs Jaine Alderson	c/o JT Maxwell Limited	Ordinary	1.00	1	1.00	1.00
HA01	Mr Mark Alderson	c/o JT Maxwell Limited	Ordinary	1.00	1	1.00	1.00
2 Ordinary Entries Totalling					2		

Signature JAd



## **Notes to the directors estimated Statement of Affairs**

### **Assets**

#### **Furniture & Equipment**

The Company's fixed assets as per the balance sheet as at 14 February 2024. Middleton Barton Valuation have valued the Company's gym equipment for use in-situ at £1,500.

#### **Inter-Company Loan**

As per the balance sheet as at 14 February 2024, there is an inter-company loan outstanding to the Company in the sum of £47,195. Based on the limited information gained and investigations completed to date, the estimated to realise amount has been entered as Uncertain. Further investigations will be undertaken by the Liquidator following appointment.

### **Prescribed part**

As there are no floating charge holders the prescribed part provisions do not apply.

### **Liabilities**

#### **Trade and expense Creditors**

The liability to trade creditors is in respect of the Company's contingent liabilities to the Company accountant and in respect of the Company's pension and accounting software providers.

#### **Employees**

There are no employee claims

#### **Consumer Creditors**

There are no consumer creditors

#### **Directors**

The liability to the directors is in regards to funds introduced into the Company by the Directors as well as expenses owed to the Directors.

#### **Bank/Institutions**

The liability to Bank and Institutions is in respect of an overdraft and a Bounce Back Loan held with NatWest Bank Plc.

#### **HMRC**

The liability to HM Revenue & Customs in respect of VAT, PAYE & Corporation Tax has been estimated for the purposes of the statement of affairs.

#### **Inter-Company Loan**

As per the balance sheet as at 14 February 2024, there is an inter-company loan against the Company in the sum of £3,000.

Creditors' claims are subject to agreement by the Liquidator and will not be prejudiced by omissions from the Statement of Affairs or by inclusion for a different amount from that claimed.