

Registered number
11543578

MINDFUL MOVEMENTS LTD

Filleted Accounts

31 August 2019

MINDFUL MOVEMENTS LTD**Registered number: 11543578****Balance Sheet****as at 31 August 2019**

		2019 £
Current assets	10,854	
Creditors: amounts falling due within one year	(8,961)	
Net current assets		1,893
Total assets less current liabilities		1,893
Net assets		1,893
Capital and reserves		1,893

The company is a private company limited by shares and incorporated in England. Its registered office is 389C HIGH ROAD, WOOD GREEN, N22 8JA.

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

HANAE ELIZABETH SAOTOME

Director

Approved by the board on 5 December 2019

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.