

Registered Number:11521410

England and Wales

Holistic Well Being Services Limited

Unaudited Financial Statements

For the year ended 31 August 2022

Holistic Well Being Services Limited
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Holistic Well Being Services Limited
Statement of Financial Position
As at 31 August 2022

	Notes	2022 £	2021 £
Fixed assets			
Property, plant and equipment	2	770	1,026
		770	1,026
Current assets			
Trade and other receivables	3	2,480	180
Cash and cash equivalents		27,885	33,482
		30,365	33,662
Trade and other payables: amounts falling due within one year	4	(14,441)	(19,757)
Net current assets		15,924	13,905
Total assets less current liabilities		16,694	14,931
Net assets		16,694	14,931
Capital and reserves			
Called up share capital		2	2
Retained earnings		16,692	14,929
Shareholders' funds		16,694	14,931

For the year ended 31 August 2022 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for: a) ensuring that the company keeps proper accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Board on 06 April 2023 and were signed by:

Mrs Tracy Brooks Director

Holistic Well Being Services Limited

Notes to the Financial Statements

For the year ended 31 August 2022

Statutory Information

Holistic Well Being Services Limited is a private limited company, limited by shares, domiciled in England and Wales, registration number 11521410.

Principal place of business:

159 Eastcliff
Portishead
Bristol
BS20 7AG

Registered address:

Basement, Weavers House
1 Gardens Road
Clevedon
Somerset
BS21 7QQ

The presentation currency is £ sterling.

1. Accounting policies

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical costs convention as modified by the revaluation of certain assets.

2. Property, plant and equipment

Cost or valuation	Computer Equipment £
At 01 September 2021	1,368
At 31 August 2022	1,368
Provision for depreciation and impairment	
At 01 September 2021	342
Charge for year	256
At 31 August 2022	598
Net book value	
At 31 August 2022	770
At 31 August 2021	1,026

Holistic Well Being Services Limited
Notes to the Financial Statements Continued
For the year ended 31 August 2022

3. Trade and other receivables

	2022	2021
	£	£
Amounts owed by group undertakings and participating interests	2,300	-
Other debtors	180	180
	2,480	180

The debtors above include the following amounts falling due after more than one year:

Amounts owed by group undertakings and participating interests	2,300	-
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4. Trade and other payables: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	1	-
Taxation and social security	7,297	7,679
Other creditors	7,143	12,078
	14,441	19,757

5. Average number of persons employed

During the year the average number of employees was 1 (2021 : 1)

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.