

Holistic Well Being Services Ltd

Annual Report and Unaudited Financial Statements
for the Period from 16 August 2018 to 31 August 2019

Dart Digital UK Limited
Chartered Certified Accountants

Holistic Well Being Services Ltd

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Company Information

Director	Mrs Tracy Brooks
Registered office	12a Hill Road Clevedon North Somerset BS21 7NZ
Accountants	Dart Digital UK Limited Chartered Certified Accountants

Holistic Well Being Services Ltd
(Registration number: 11521410)
Balance Sheet as at 31 August 2019

	Note	2019 £
Current assets		
Cash at bank and in hand		18,984
Creditors: Amounts falling due within one year	<u>3</u>	<u>(8,283)</u>
Net assets		<u><u>10,701</u></u>
Capital and reserves		
Called up share capital	<u>4</u>	2
Profit and loss account		<u>10,699</u>
Total equity		<u><u>10,701</u></u>

For the financial period ending 31 August 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime and the option not to file the Profit and Loss Account has been taken.

Approved and authorised by the director on 19 May 2020

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Mrs Tracy Brooks
Director

The notes on pages 3 to 5 form an integral part of these financial statements.
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Notes to the Unaudited Financial Statements for the Period from 16 August 2018 to 31 August 2019

1 General information

The company is a private company limited by share capital, incorporated in UK.

The address of its registered office is:

12a Hill Road
Clevedon
North Somerset
BS21 7NZ

These financial statements were authorised for issue by the director on 19 May 2020.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements were prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

The amount of revenue can be reliably measured;
it is probable that future economic benefits will flow to the entity;
and specific criteria have been met for each of the company's activities.

Tax

The tax expense for the period comprises current tax. Tax is recognised in profit or loss, except that a change attributable to an item of income or expense recognised as other comprehensive income is also recognised directly in other comprehensive income.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the company operates and generates taxable income.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Holistic Well Being Services Ltd

Notes to the Unaudited Financial Statements for the Period from 16 August 2018 to 31 August 2019

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

Dividends

Dividend distribution to the company's shareholders is recognised as a liability in the financial statements in the reporting period in which the dividends are declared.

3 Creditors

Creditors: amounts falling due within one year

	2019 £
Due within one year	
Taxation and social security	2,883
Accruals and deferred income	900
Other creditors	4,500
	<u>8,283</u>

4 Share capital

Allotted, called up and fully paid shares

	No.	2019 £
Ordinary shares of £1 each	2	2
	<u>2</u>	<u>2</u>

5 Dividends

Holistic Well Being Services Ltd

Notes to the Unaudited Financial Statements for the Period from 16 August 2018 to 31 August 2019

	2019
	£
Interim dividend of £751 per ordinary share	1,502
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6 Related party transactions

Transactions with directors

	At 16 August 2018 £	Other payments made to company by director £	At 31 August 2019 £
2019			
Mrs Tracy Brooks			
Loan from director	-	4,500	4,500
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This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.