Company Registration Number: 11498458 (England and Wales)

Unaudited statutory accounts for the year ended 31 August 2021

Period of accounts

Start date: 01 September 2020

End date: 31 August 2021

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for the Period Ended 31 August 2021

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Company Information

for the Period Ended 31 August 2021

Director:	Richard Kiely
Secretary:	Richard Kiely
Registered office:	9 Ryder Close Hemel Hempstead GBR HP3 0HZ
Company Registration Number:	11498458 (England and Wales)

Directors' Report Period Ended 31 August 2021

The directors present their report with the financial statements of the company for the period ended 31 August 2021

Principal Activities

To Provide Fitness Training Sessions and Personal Training

Directors

The directors shown below have held office during the whole of the period from 01 September 2020 to 31 August 2021 Richard Kiely

Secretary

Richard Kiely

This report was approved by the board of directors on 5 August 2022 And Signed On Behalf Of The Board By:

Name: Richard Kiely Status: Director

Profit and Loss Account

for the Period Ended 31 August 2021

	Notes	2021 £	2020 £
Turnover		14,979	1,703
Cost of sales		(150)	(85)
Gross Profit or (Loss)		14,829	1,618
Income from coronavirus (COVID-19) business support grants		0	0
Distribution Costs		(300)	(300)
Administrative Expenses		(0)	(0)
Other operating income		15	15
Operating Profit or (Loss)		14,544	1,333
Interest Receivable and Similar Income		0	0
Interest Payable and Similar Charges		(0)	(0)
Profit or (Loss) Before Tax		14,544	1,333
Tax on Profit		(2,763)	(253)
Profit or (Loss) for Period		11,781	1,080

The notes form part of these financial statements

Balance sheet

As at 31 August 2021

	Notes	2021 £	2020 £
Fixed assets			
Intangible assets:	4	0	0
Tangible assets:	5	15	15
Total fixed assets:		15	15
Current assets			
Stocks:		0	0
Debtors:	6	0	0
Cash at bank and in hand:		0	0
Total current assets:		0	0
Prepayments and accrued income:		0	0
Creditors: amounts falling due within one year:	7	(0)	(0)
Net current assets (liabilities):		0	0
Total assets less current liabilities:		15	15
Creditors: amounts falling due after more than one year:	8	(0)	(0)
Provision for liabilities:		(0)	
Accruals and deferred income:		(0)	(0)
Total net assets (liabilities):		15	15

The notes form part of these financial statements

Balance sheet continued

As at 31 August 2021

	Notes	2021 £	2020 £
Capital and reserves			
Called up share capital:		15	15
Revaluation reserve:	9	0	0
Profit and loss account:			0
Shareholders funds:		15	15

For the year ending 31 August 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 5 August 2022 And Signed On Behalf Of The Board By:

Name: Richard Kiely Status: Director

The notes form part of these financial statements

Notes to the Financial Statements

for the Period Ended 31 August 2021

1. Accounting policies

Basis of measurement and	d pre	paration
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These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Notes to the Financial Statements

for the Period Ended 31 August 2021

2. Employees

	2021	2020
Average number of employees during the period	1	1

Notes to the Financial Statements

for the Period Ended 31 August 2021

3. Off balance sheet disclosure

No

Notes to the Financial Statements

for the Period Ended 31 August 2021

4. Intangible assets

	Other	Total
Cost	£	£
At 01 September 2020	0	0
Additions	-	-
Disposals	-	-
Revaluations	-	-
Transfers	-	-
At 31 August 2021	0	0
Amortisation		
Amortisation at 01 September 2020	-	-
Charge for year	-	-
On disposals	-	-
Other adjustments	-	-
Amortisation at 31 August 2021	-	
Net book value		
Net book value at 31 August 2021	0	0
Net book value at 31 August 2020	0	0

Notes to the Financial Statements

for the Period Ended 31 August 2021

5. Tangible assets

	Office equipment	Total
Cost	£	£
At 01 September 2020	15	15
Additions	-	-
Disposals	-	-
Revaluations	-	-
Transfers	-	-
At 31 August 2021	15	15
Depreciation		
At 01 September 2020	-	-
Charge for year	-	-
On disposals	-	-
Other adjustments	-	-
At 31 August 2021		
Net book value		
At 31 August 2021	15	15
At 31 August 2020	15	15

Notes to the Financial Statements

for the Period Ended 31 August 2021

6. Debtors

	2021 £	2020 £
Trade debtors	0	0
Prepayments and accrued income	0	0
Other debtors	0	0
Total	0	
Debtors due after more than one year:	0	0

Notes to the Financial Statements

for the Period Ended 31 August 2021

7. Creditors: amounts falling due within one year note

	2021 £	2020 £
Bank loans and overdrafts	0	0
Amounts due under finance leases and hire purchase contracts	0	0
Trade creditors	0	0
Taxation and social security	0	0
Accruals and deferred income	0	0
Other creditors	0	0
Total	0	0

Notes to the Financial Statements

for the Period Ended 31 August 2021

8. Creditors: amounts falling due after more than one year

	2021	2020
	£	£
Bank loans and overdrafts	0	0
Amounts due under finance leases and hire purchase contracts	0	0
Other creditors	0	0
Total		0

Notes to the Financial Statements

for the Period Ended 31 August 2021

9. Revaluation reserve

	2021
	£
Balance at 01 September 2020	0
Surplus or deficit after revaluation	0
Balance at 31 August 2021	0

This document was delivered using electronic communications and authenticated in accrelating to electronic form, authentication and manner of delivery under section 1072 of	cordance with the registrar's rules the Companies Act 2006.