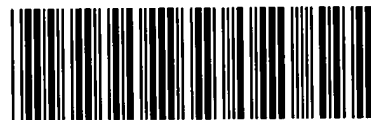


Unaudited Financial Statements for the Year Ended 31 December 2020

for

Healthy Communities Limited C.I.C.

SATURDAY



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17/04/2021

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COMPANIES HOUSE

Healthy Communities Limited C.I.C. (Registered number: 11320514)

**Balance Sheet
31 December 2020**

	31.12.20	31.12.19
	£	£
CURRENT ASSETS	8,817	24,787
CREDITORS		
Amounts falling due within one year	(8,717)	(24,716)
NET CURRENT ASSETS	100	71
TOTAL ASSETS LESS CURRENT LIABILITIES	100	71
CAPITAL AND RESERVES	100	71

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Healthy Communities Limited C.I.C. is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 11320514

Registered office: Park View
Cockhill Farm
Middleton Lane
Tamworth
B78 2BW

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2019 - NIL).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Healthy Communities Limited C.I.C. (Registered number: 11320514)

Balance Sheet - continued
31 December 2020

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 24 March 2021 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'J Robinson', written in a cursive style.

Mrs J Robinson - Director

000004-15

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

Healthy Communities Limited CIC

Company Number

11320514

Year Ending

(31/12/2020)

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

For the first two months of 2020, Healthy Communities was continuing to run community exercise classes for older people as part of the Transform Ageing programme across the south west of England. We had engaged one of our most successful instructors to promote the training programme to recruit new instructors and also the community classes by giving free taster sessions and talks.

Due to the Covid-19 pandemic all classes had to cease in March 2020 and not been able to run for a year throughout lockdown. Even between lockdowns, the governing bodies for indoor exercise groups specified spacing restrictions of 9 sq mts per person which made classes not being viable in the smaller venues such as church halls.

During this time, instructors were encouraged to run online classes for those who were able to access them but most of our class members do not have the internet or lack the confidence/ability to access classes online.

We have continued to provide resources – both on and off-line – for our instructors and class members to help them stay active at home as part of Sport England's Stay In Work Out programme.

We have worked closely with the governing bodies to ensure classes can resume and be given the Covid-Safe certificate required for returning to classes when allowed.

It has been an incredibly difficult year with so many people impacted by the loss of activity and opportunities to socialise in their local communities. We hope to resume recruiting instructors and running classes again once restrictions are lifted.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

There was no consultation in this period due to the Covid-19 pandemic.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.


(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

12/04/2021

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)