

Unaudited Financial Statements for the Year Ended 31 January 2022

for

Access Your Life Ltd

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for the Year Ended 31 January 2022

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DIRECTORS:

F C Ledger-Beadell
Miss L Matthewson

REGISTERED OFFICE:

51 The Stream
Ditton
Aylesford
Kent
ME20 6AG

REGISTERED NUMBER:

11180827 (England and Wales)

ACCOUNTANTS:

Zenon Tax Limited
51 The Stream
Ditton
Aylesford
Kent
ME20 6AG

Balance Sheet
31 January 2022

	Notes	31.1.22 £	£	31.1.21 £	£
FIXED ASSETS					
Tangible assets	4		1,810		-
CURRENT ASSETS					
Debtors	5	4,860		8,356	
Cash at bank and in hand		<u>2,336</u>		<u>139</u>	
		7,196		8,495	
CREDITORS					
Amounts falling due within one year	6	<u>9,508</u>		<u>7,023</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(2,312)</u>		<u>1,472</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(502)</u>		<u>1,472</u>
CREDITORS					
Amounts falling due after more than one year	7		<u>3,246</u>		<u>3,800</u>
NET LIABILITIES			<u><u>(3,748)</u></u>		<u><u>(2,328)</u></u>
CAPITAL AND RESERVES					
Called up share capital			125		125
Share premium			49,975		49,975
Retained earnings			<u>(53,848)</u>		<u>(52,428)</u>
			<u><u>(3,748)</u></u>		<u><u>(2,328)</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 27 October 2022 and were signed on its behalf by:

F C Ledger-Beadell - Director

Miss L Matthewson - Director

Notes to the Financial Statements
for the Year Ended 31 January 2022

1. **STATUTORY INFORMATION**

Access Your Life Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The business has been impacted by the coronavirus pandemic and continues to operate, albeit it at reduced capacity. The company relies on the support of its shareholders and directors for day to day working capital requirements. The directors consider it appropriate to continue to prepare the financial statements on a going concern basis.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 3 (2021 - 2).

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

4. **TANGIBLE FIXED ASSETS**

		Plant and machinery etc £
COST		
Additions		<u>2,134</u>
At 31 January 2022		<u>2,134</u>
DEPRECIATION		
Charge for year		<u>324</u>
At 31 January 2022		<u>324</u>
NET BOOK VALUE		
At 31 January 2022		<u><u>1,810</u></u>

5. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.1.22	31.1.21
	£	£
Other debtors	<u>4,860</u>	<u>8,356</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.1.22	31.1.21
	£	£
Bank loans and overdrafts	950	950
Other creditors	<u>8,558</u>	<u>6,073</u>
	<u>9,508</u>	<u>7,023</u>

7. **CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	31.1.22	31.1.21
	£	£
Bank loans	<u>3,246</u>	<u>3,800</u>

8. **ULTIMATE CONTROLLING PARTY**

The directors consider the company is controlled by Felix Ledger-Beadell and Lauren Matthewson.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.