



Confirmation Statement

Company Name:YOUR HEALTHPOD LTDCompany Number:11145535

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Company Name:	YOUR HEALTHPOD LTD
Company Number:	11145535
Confirmation Statement date:	17/11/2023
Sic Codes:	93199
Principal activity description:	Other sports activities

Statement of Capital (Share Capital)

Class of Shares:	Α	Number allotted	1021048
	ORDINARY	Aggregate nominal value:	102.1048
Currency:	GBP		
Prescribed particula	ars		
THE A ORDINARY	SHARES HAVE ATTACHED	D TO THEM FULL VOTING, DI	VIDEND AND
CAPITAL DISTRIB	UTION (INCLUDING ON WI	NDING UP) RIGHTS, THEY DO) NOT CONFER
ANY RIGHTS OF F	REDEMPTION.		
Class of Shares:	В	Number allotted	92360
	ORDINARY	Aggregate nominal value:	9.236
Currency:	GBP		
Prescribed particula	ars		
THE B ORDINARY	SHARES HAVE ATTACHED	D TO THEM FULL DIVIDEND A	ND CAPITAL
DISTRIBUTION (IN	ICLUDING ON WINDING UF	P) RIGHTS, THEY DO NOT CO	NFER ANY RIGHTS
OF REDEMPTION.	B ORDINARY SHARES WI	LL NOT ENTITLE THEIR HOLI	DERS TO RECEIVE
NOTICE OF A GEN	NERAL MEETING OF OR TO	O ATTEND, SPEAK OR VOTE	AT IT, OR TO
RECEIVE, OR TO I	EXERCISE VOTING RIGHTS	S IN RESPECT OF, ANY WRIT	TEN RESOLUTION
OF THE COMPANY	Y.		
Class of Shares:	С	Number allotted	295670

	ORDINARY	Aggregate nominal value:	29.567
	ONDINANT	Aggregate norminal value.	29.507
Currency:	GBP		
Prescribed partic	ulars		
THE C ORDINA	RY SHARES HAVE ATT	ACHED TO THEM FULL VOTING, DI	

THE C ORDINARY SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS, THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)		
GBP	Total number of shares:	1409078
	Total aggregate nominal value:	140.9078
	Total aggregate amount unpaid:	0
		GBPTotal number of shares:Total aggregate nominal value:Total aggregate amount

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1:	73500 C ORDINARY shares held as at the date of this confirmation
Name:	statement RUTH MARGARET ANNE WADSWORTH
Shareholding 2:	119242 C ORDINARY shares held as at the date of this confirmation statement
Name:	CROWDCUBE NOMINEES LIMITED
Shareholding 3:	92360 B ORDINARY shares held as at the date of this confirmation statement
Name:	NETSELLS LIMITED
Shareholding 4:	357367 A ORDINARY shares held as at the date of this confirmation statement
Name:	WILLIAM KENNARD
Shareholding 5:	663681 A ORDINARY shares held as at the date of this confirmation statement
Name:	TOM JAMES SHEPPEY
Shareholding 6:	28952 C ORDINARY shares held as at the date of this confirmation statement
Name:	JARED WILLIAMS
Shareholding 7:	10568 C ORDINARY shares held as at the date of this confirmation statement
Name:	ALEKSANDER BAKIC
Shareholding 8:	7045 C ORDINARY shares held as at the date of this confirmation statement
Name:	JOHN DAGHLIAN
Shareholding 9:	7045 C ORDINARY shares held as at the date of this confirmation statement
Name:	ANDREW FROST
Shareholding 10:	28182 C ORDINARY shares held as at the date of this confirmation statement
Name:	JOHN-PAUL HARROP
Shareholding 11:	21136 C ORDINARY shares held as at the date of this confirmation statement
Name:	JIMMY LEONG YEAN-SHEN

Electronically filed document for Company Number:

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor