
YOUR HEALTHPOD LTD

FINANCIAL STATEMENTS

INFORMATION FOR FILING WITH THE REGISTRAR

FOR THE YEAR ENDED 31 JANUARY 2022

YOUR HEALTHPOD LTD
REGISTERED NUMBER: 11145535

BALANCE SHEET
AS AT 31 JANUARY 2022

	Note	2022 £	2022 £	2021 £	2021 £
Fixed assets					
Intangible assets	4		96,548		95,571
			<u>96,548</u>		<u>95,571</u>
Current assets					
Debtors: amounts falling due within one year	5	3,357		13,589	
Cash at bank and in hand	6	75,770		48,134	
		<u>79,127</u>		<u>61,723</u>	
Creditors: amounts falling due within one year	7	(21,611)		(10,732)	
Net current assets			<u>57,516</u>		<u>50,991</u>
Total assets less current liabilities			<u>154,064</u>		<u>146,562</u>
Net assets			<u><u>154,064</u></u>		<u><u>146,562</u></u>
Capital and reserves					
Called up share capital			141		134
Share premium account			298,566		193,526
Profit and loss account			(144,643)		(47,098)
			<u>154,064</u>		<u>146,562</u>

YOUR HEALTHPOD LTD
REGISTERED NUMBER: 11145535

BALANCE SHEET (CONTINUED)
AS AT 31 JANUARY 2022

The directors consider that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the statement of income and retained earnings in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:

T Sheppey
Director

Date: 31 January 2023

The notes on pages 3 to 6 form part of these financial statements.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2022**

1. General information

Your Healthpod Ltd is a private company, limited by shares. The company is incorporated in England and Wales and its registered address is Aston House, Cornwall Avenue, London, N3 1LF.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

2.2 Going concern

The company's liabilities exceed its assets, however the company retains the financial support of its shareholders and as such director considers it appropriate to prepare the accounts on a going concern basis.

2.3 Revenue

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured. Revenue is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before revenue is recognised:

Rendering of services

Revenue from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of revenue can be measured reliably;
- it is probable that the Company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

2.4 Interest income

Interest income is recognised in profit or loss using the effective interest method.

2.5 Intangible assets

Intangible assets are initially recognised at cost. After recognition, under the cost model, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

All intangible assets are considered to have a finite useful life. If a reliable estimate of the useful life cannot be made, the useful life shall not exceed ten years.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2022**

2. Accounting policies (continued)

2.6 Debtors

Short-term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

2.7 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2.8 Creditors

Short-term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.9 Financial instruments

The Company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

3. Employees

The average monthly number of employees, including directors, during the year was 2 (2021 - 2).

YOUR HEALTHPOD LTD

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FOR THE YEAR ENDED 31 JANUARY 2022

4. Intangible assets

	Computer software £
Cost	
At 1 February 2021	95,571
Additions	977
At 31 January 2022	96,548
Net book value	
At 31 January 2022	96,548
<i>At 31 January 2021</i>	95,571

5. Debtors

	2022 £	2021 £
Other debtors	3,357	13,589
	<u>3,357</u>	<u>13,589</u>

6. Cash and cash equivalents

	2022 £	2021 £
Cash at bank and in hand	75,770	48,134
	<u>75,770</u>	<u>48,134</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2022

7. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	11,688	2,327
Other creditors	6,898	5,305
Accruals and deferred income	3,025	3,100
	<u>21,611</u>	<u>10,732</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.