Registered number 11025681

Active Families NE CIC

Company Limited by Guarantee

Unaudited Report and Accounts

31 October 2018

TUESDAY



A8AA44W2 08 23/07/2019 COMPANIES HOUSE

Report and accounts

Contents

	Page
Company information	1
Directors' report	2
Income statement	3
Balance sheet	4
Notes to the accounts	5~6

Company Information

Directors

Kelly Brougham
Ashleigh Thompson
Amy Thompson

Accountants

The Self Assessment Co. Suite 4 Earlshouse Earlsway Team Valley Gateshead Tyne & Wear NE11 0RY

Bankers

Santander Bank

Registered office

35 Cullen Drive Birtley County Durham DH3 1GL

Registered number

11025681

Registered number:

11025681

Directors' Report

The directors present their report and accounts for the year ended 31 October 2018.

Principal activities

The company was incorporated as a Community Interest Company (CIC), with the emphasis on the delivery and promotion of health and fitness in local communities.

Directors

The following persons served as directors during the year:

Kelly Brougham

Ashleigh Thompson

Amy Thompson

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 10 July 2019 and signed on its behalf.

10.09.2019

Kelly Brougham

Director

Income statement

for the year ended 31 October 2018

	2018 £
Income	239
Administrative expenses	(11,203)
Other operating income	14,287
Operating profit	3,323
Surplus before taxation	3,323
Tax on profit	-
Surplus for the financial year	3,323

Registered number:

11025681

Balance Sheet

as at 31 October 2018

	Notes		2018
Eine de annata			£
Fixed assets			
Tangible assets	2		4,193
Current assets			
Cash at bank and in hand		4,062	
Star de barn and minare		4,002	
Creditors: amounts falling due			
within one year	3	(4,932)	
Net current liabilities			(870)
Net assets			3,323
_			
Reserves			
Retained surplus			3,323
Members's funds			3,323

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Ashleigh Thompson

Director

Approved by the board on 10 July 2019

Notes to the Accounts

for the year ended 31 October 2018

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Income

Income is measured at the fair value of the consideration received or receivable from delivering activities to the local community.

Income from grants is matched to the relevant expenditure which is either revenue of capital in nature.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Fixtures, fittings, & equipment

over 5 years

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods

2 Tangible fixed assets

	Fixtures, fittings &
	equipment
	£
Cost Additions	5,241
At 31 October 2018	5,241
Depreciation	
Charge for the year	1,048_
At 31 October 2018	1,048
Net book value	
At 31 October 2018	4,193

Notes to the Accounts

for the year ended 31 October 2018

3	Creditors: amounts falling due within one year	2018 £
	Accrued grant income	3,924
	Other creditors	1,008
		4,932

4 Other information

Active Families NE CIC is a company limited by guarantee and does not have issued share capital. Its registered office is:

35 Cullen Drive Birtley County Durham DH3 1GL

Detailed income statement

for the year ended 31 October 2018

This schedule does not form part of the statutory accounts

The series and the form part or are stated	7 2000
	2018 £
Income	239
Administrative expenses	(11,203)
Other operating income	14,287
Operating profit	3,323
Surplus before tax	3,323

Detailed income and expenses statement

for the year ended 31 October 2018

	2018
income	£
Provision of community activities	239
dministrative expenses	
mployee costs:	
Training courses	629
Motor, travelling & subsistence	650
	1,279
remises costs:	
Venue hire	1,830
	1,830
eneral administrative expenses:	
Educational costs & consumables	375
Outsourced event organisers	4,761
Stationery, postage & printing	1,235
Insurance	132
Repairs & general maintenance	283
Depreciation	1,048
	7,834
egal and professional costs:	
Accountancy fees	220
Advertising & promotion	40
	260
	11,203
ther operating income	
Grants - used towards Revenue spend	9,046
Grants - used towards Capital spend	5,241
	14,287

CIC 34

Community Interest Company Report

	For official use (Please leave blank)	
Please complete in typescript, or in bold black capitals.	Company Name in full Company Number	ACTIVE FAMILIES NE C.I.C 11025681
	Year Ending	31 ST OCTOBER 2018

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT
In the space provided below, please insert a general account of the company's activities in the
financial year to which the report relates, including a description of how they have benefited
the community.
Active Families NE has delivered a wide range of
hash and Phase based interventions across runerous
commity settings. This has provided young people, pavents and
the older generation opportunities to lead happier and healther
lifesfules inaddiffion to impraing participants health we have
used our delivery to tackle other issues such as social
Commity Selfings. This has provided young people, pavents and the older governtion opportunities to lead happier and healthier lifestyles. Inaddition to impraing participants health we have used our delivery to tackle other issues such as social isolation, commity coherian and mental health.
(If applicable, please just state "A social audit report covering these points is attached").
(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.
We have established a range of key stabeholders which
We have established a range of key stabeholders which include local authorities, howsing associations, area countries,
Schools and other commity organizations. We requare consult
Schools and other commity organisations. We requarly consult with all stake holders as well as participants and potential service
users to ensure an alrivery inlets the needs of the local
Communitées me serve-
(If applicable, please just state "A social audit report covering these points is attached").
PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts
and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be
disclosed" (See example with full notes). If no remuneration was received you must state that
"no remuneration was received" below.
No remuneration was recieved by directors.
J
PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to
outside bodies. If this does not apply you must state that "no transfer of assets other than for
full consideration has been made" below.
No transfer of assets other than for full consideration has been made.
has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 - SIGNATORY

The original report must be signed by a director or secretary of the company Signed (BP)

Date 4 7 19

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Kelly Brow	ugham
35 when	Drive, Birthey DHSIGI
	•
	Tel 07946269005.
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)