Company Registration Number: 10692709 (England and Wales)

Unaudited statutory accounts for the year ended 31 March 2022

Period of accounts

Start date: 01 April 2021

End date: 31 March 2022

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for the Period Ended 31 March 2022

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Company Information

for the Period Ended 31 March 2022

Director:	Karen Preece Smith
Registered office:	29, Brookbank Close Cheltenham England GL50 3NL
Company Registration Number:	10692709 (England and Wales)

Directors' Report Period Ended 31 March 2022

The directors present their report with the financial statements of the company for the period ended 31 March 2022

Principal Activities

Nutritional Therapy Consultancy

Directors

The directors shown below have held office during the whole of the period from 01 April 2021 to 31 March 2022 Karen Preece Smith

This report was approved by the board of directors on 15 June 2022 And Signed On Behalf Of The Board By:

Name: Karen Preece Smith

Status: Director

Profit and Loss Account

for the Period Ended 31 March 2022

	Notes	2022 €	2021 £
Turnover		20,240	-
Cost of sales		(7,796)	-
Gross Profit or (Loss)		13,037	-
Income from coronavirus (COVID-19) business support grants		593	-
Operating Profit or (Loss)		13,037	-
Profit or (Loss) Before Tax		13,037	-
Profit or (Loss) for Period		13,037	-

The notes form part of these financial statements

Balance sheet

As at 31 March 2022

Note	s 2022 £	2021 £
Fixed assets		
Total fixed assets:		
Current assets		
Cash at bank and in hand:	1	1
Total current assets:	1	1
Net current assets (liabilities):	1	1
Total assets less current liabilities:	1	1
Provision for liabilities:	(0)	(0)
Total net assets (liabilities):	1	1

The notes form part of these financial statements

Balance sheet continued

As at 31 March 2022

	Notes	2022	2021
		£	£
Capital and reserves			
Called up share capital:		1	1
Shareholders funds:		1	1

For the year ending 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 15 June 2022 And Signed On Behalf Of The Board By:

Name: Karen Preece Smith

Status: Director

The notes form part of these financial statements

Notes to the Financial Statements

for the Period Ended 31 March 2022

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Notes to the Financial Statements

for the Period Ended 31 March 2022

2. Employees

	2022	2021
Average number of employees during the period	1	1

Notes to the Financial Statements

for the Period Ended 31 March 2022

3. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accrelating to electronic form, authentication and manner of delivery under section 1072 of	cordance with the registrar's rules the Companies Act 2006.