

Company Registration No. 10684235 (England and Wales)

SYNTHESIS LEADERSHIP COACHING LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019
PAGES FOR FILING WITH REGISTRAR

SYNTHESIS LEADERSHIP COACHING LTD

CONTENTS

	Page
Balance sheet	1
Notes to the financial statements	2 - 3

SYNTHESIS LEADERSHIP COACHING LTD

BALANCE SHEET

AS AT 31 MARCH 2019

	Notes	2019 £	£	2018 £	£
Current assets					
Debtors	2	-		6,639	
Cash at bank and in hand		6,456		404	
		<u>6,456</u>		<u>7,043</u>	
Creditors: amounts falling due within one year	3	<u>(6,736)</u>		<u>(6,605)</u>	
Net current (liabilities)/assets			<u>(280)</u>		<u>438</u>
Capital and reserves					
Called up share capital	4		2		2
Profit and loss reserves			<u>(282)</u>		<u>436</u>
Total equity			<u>(280)</u>		<u>438</u>

The directors of the company have elected not to include a copy of the profit and loss account within the financial statements.

For the financial year ended 31 March 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board of directors and authorised for issue on 11 December 2019 and are signed on its behalf by:

Dr Simon Dolan

Director

Company Registration No. 10684235

SYNTHESIS LEADERSHIP COACHING LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Company information

Synthesis Leadership Coaching Ltd is a private company limited by shares incorporated in England and Wales. The registered office is WD3 4LA, Durley House, Troutstream Way, Rickmansworth, Hertfordshire, United Kingdom.

1.1 Accounting convention

These financial statements have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the requirements of the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Turnover

Turnover is recognised at the fair value of the consideration received or receivable for goods and services provided in the normal course of business, and is shown net of VAT and other sales related taxes. The fair value of consideration takes into account trade discounts, settlement discounts and volume rebates.

1.3 Cash at bank and in hand

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.4 Financial instruments

The company only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost.

Changes in the fair value of derivatives that are designated and qualify as fair value hedges are recognised in profit or loss immediately, together with any changes in the fair value of the hedged asset or liability that are attributable to the hedged risk.

1.5 Taxation

The tax expense represents the tax currently payable.

Current tax

The tax currently payable is based on taxable profit for the year. Taxable profit differs from net profit as reported in the profit and loss account because it excludes items of income or expense that are taxable or deductible in other years and it further excludes items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the reporting end date.

SYNTHESIS LEADERSHIP COACHING LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

1.6 Foreign exchange

Transactions in currencies other than pounds sterling are recorded at the rates of exchange prevailing at the dates of the transactions. At each reporting end date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rates prevailing on the reporting end date. Gains and losses arising on translation are included in the profit and loss account for the period.

2 Debtors

	2019	2018
	£	£
Amounts falling due within one year:		
Trade debtors	-	6,529
Other debtors	-	110
	<u>-</u>	<u>6,639</u>
	<u><u>-</u></u>	<u><u>6,639</u></u>

3 Creditors: amounts falling due within one year

	2019	2018
	£	£
Corporation tax	3	103
Other taxation and social security	50	-
Other creditors	6,683	6,502
	<u>6,736</u>	<u>6,605</u>
	<u><u>6,736</u></u>	<u><u>6,605</u></u>

4 Called up share capital

	2019	2018
	£	£
Ordinary share capital		
Issued and fully paid		
2 Ordinary of £1 each	2	2
	<u>2</u>	<u>2</u>
	<u><u>2</u></u>	<u><u>2</u></u>

5 Related party transactions

The company owed the Directors £6,102 at the balance sheet date.

6 Control

The company is controlled by the Directors.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.