In accordance with Rule 19.2 of the Insolvency (England & Wales) Rules 2016 and Section 178 of the Insolvency Act 1986.

# **NDISC**

# Notice of disclaimer under section 178 of the Insolvency Act 1986



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\*A892Q637\* 05/07/2019 COMPANIES HOUSE

#51

		COMPANIES HOUSE
1	Company details	
Company number	1 0 6 3 2 3 0 4	→ Filling in this form Please complete in typescript or in bold black capitals.
Company name in full	Fitlearn Ltd	
		-
2	Liquidator's name	· · · · · · · · · · · · · · · · · · ·
Full forename(s)	Jamie	-
Surname	Playford	
3	Liquidator's address	
Building name/number	The Gateway	
Street	83-87 Pottergate	-
		-
Post town	Norwich	
County/Region		
Postcode	NR21DZ	
Country		
4	Liquidator's name •	
Full forename(s)		Other liquidator     Use this section to tell us about another liquidator.
Surname		
5	Liquidator's address o	
Building name/number		Other liquidator
Street		<ul> <li>Use this section to tell us about another liquidator.</li> </ul>
		-
Post town		-
County/Region		-
Postcode		
Country		-

# NDISC Notice of disclaimer under section 178 of the Insolvency Act 1986

6	Notice of disclaimer	
	☑ Notice of disclaimer is attached	
7	Sign and date	
Liquidator's signature	Signature	×
Signature date	0 2 0 7 2 0 1 9	

#### **NDISC**

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## **Presenter information** You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record. Russell Mansfield Leading Business Services Ltd Address The Gateway 83-87 Pottergate Post town Norwich County/Region Postcode Country ĐΧ **Telephone** 01603 552028 Checklist We may return forms completed incorrectly or with information missing. Please make sure you have remembered the following: ☐ The company name and number match the

information held on the public Register.

You have attached the required documents.

☐ You have signed the form.

#### Important information

All information on this form will appear on the public record.

#### ✓ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

### Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

Rule 19.2, 19.3, 19.7 of the Insolvency **Rules 2016** 

## Notice of Disclaimer under section 178 of the Insolvency Act 1986

#### Fitlearn Ltd

PART 1 Insert name of liquidator(s)

I, Jamie Playford

the liquidator(s) of the above-named company, disclaim all my interest in the leasehold interest in:

Unit 17 Phoenix Enterprise Park, Phoenix Road, Gisleham, Lowestoft, NR33 7NP

Dated

2 July 2019

Signed

Name in BLOCK **LETTERS** 

JAMIE PLAYFORD

Address

Leading Business Services Ltd

The Gateway 83-87 Pottergate

Norwich NR2 1DZ

Email:

Jamie.playford@leading.uk.com

Telephone Number:

01603 552028

#### PART 2

(c) Insert name and address of Person to be sent copy notice under Rule 19.1, 19.2, 19.3, 19.4 and 19.6 of the Insolvency (England & Wales) Rules 2016

To:(c) Suffolk County Council, Endeavor House, 8 Russell Road, Ipswich, Suffolk, IP1 2BX

Carol Yvonne McKay, 7 Ives Way, Hopton, Great Yarmouth, NR31 9TN

Companies House, Crown Way, Maindy, Cardiff, CF14 3UZ

(d) Insert date on Which notice of disclaimer signed

This is a copy notice of disclaimer signed by the liquidator(s) of the above named company on (d) 2 July 2019.

The attention of a recipient of this notice is drawn to sections 178-182 of the Insolvency Act 1986 in the case of a winding up

**NOTES:** 1. Part 1 is to be completed by the liquidator.

Part 2 is to be completed by or on behalf of the liquidator when sending out copy notices under Rule 19.2, 19.3 and 19.7 of the Insolvency Rules 2016

- 2. Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc).
- 3. Under Rule 19.2, 19.3 and 19.7 of the Insolvency Rules 2016 a copy notice must be sent to the Registrar of Companies and where the property concerned consists of registered land as defined in section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.