In accordance with section 109 of the Insolvency Act 1986



# Notice of appointment of liquidator in a members' or creditors' voluntary winding up



04/09/2019

**COMPANIES HOUSE** 

1	Company details	
Company number	1 0 6 2 9 8 8 4	→ Filling in this form Please complete in typescript or in bold black capitals.
Company name in full	ROMFORD GYM LIMITED	
2	Liquidator's name	
Full forename(s)	ZAFAR	
Surname	IQBAL	
3	Liquidator's address	
Building name/number	Cooper Young & Partners Ltd	
Street	Hunter House	
	109 Snakes Lane West	
Post town	Woodford Green	
County/Region	Essex	
Postcode	I G 8 0 D Y	
Country	England	_
4 Liquidator's email address or telephone number •		• You must give an email address or
Email address	mail@cyca.co.uk	telephone number. All information on this form will appear on the public record.
Telephone number	020 8498 0163	
5	Insolvency practitioner number	
Number	6 5 7 8	

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6	Liquidator's name •	-
Full forename(s)		Other Liquidator's details Use this section to tell us about
Surname		another liquidator.
7	Liquidator's address •	
Building name/number Street		Other Liquidator's details  Use this section to tell us about another liquidator. Use the continuation page to tell us about more than two liquidators.
Post town		_
County/Region		_
Postcode		
Country		_
8	Liquidator's email address or telephone number 🛭	You must give an email address or
Email address		telephone number. All information on this form will appear on the
Telephone number		public record.
9	Insolvency practitioner number	
Number		
10	Statement of appointment	
	I confirm the appointment of the liquidator(s) on	
Date	d3 d0 m0 m8 y2 y0 y1 y9	
11	Appointment details	
	The appointment was made by (Tick one)  ☐ Company ☐ Creditors	
12	Type of liquidation	
	Tick to confirm the liquidation type  ☐ Members ☐ Creditors	
13	Sign and date	
Liquidator's signature	Signature	<b>K</b>
Signature date	$\begin{bmatrix} d & 0 \end{bmatrix} \begin{bmatrix} d & 2 \end{bmatrix} \begin{bmatrix} m & 0 \end{bmatrix} \begin{bmatrix} m & 9 \end{bmatrix} \begin{bmatrix} y & 2 \end{bmatrix} \begin{bmatrix} y & 0 \end{bmatrix} \begin{bmatrix} y & 1 \end{bmatrix} \begin{bmatrix} y & 9 \end{bmatrix}$	

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## Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.



#### ✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

The company name and number match the information held on the public Register.
You have signed and dated the form.

#### Important information

All information on this form will appear on the public record.

#### ✓ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

### Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse