

LIQ02

Notice of statement of affairs



Companies House

WEDNESDAY



A22 *A8D9EC1F* #207
04/09/2019
COMPANIES HOUSE

1 Company details

Company number 1 0 6 2 9 8 8 4

Company name in full ROMFORD GYM LIMITED

→ Filling in this form
Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Zafar

Surname Iqbal

3 Liquidator's address

Building name/number Cooper Young & Partners Ltd

Street Hunter House

109 Snakes Lane West

Post town Woodford Green

County/Region Essex

Postcode I G 8 0 D Y

Country

4 Liquidator's name ①

Full forename(s)

Surname

① Other liquidator
Use this section to tell us about
another liquidator.

5 Liquidator's address ②

Building name/number

Street

Post town

County/Region

Postcode

Country

② Other liquidator
Use this section to tell us about
another liquidator.

LIQ02

Notice of statement of affairs

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Date of statement of affairs

Date

d	2	d	1	m	0	m	8	y	2	y	0	y	1	y	9
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Statement of affairs

I attach:

- ☐ Statement of affairs by the liquidator under section 95(1A) of the Insolvency Act 1986
- ☒ Statement of affairs by a director under section 99(1) of the Insolvency Act 1986
- ☐ Statement of concurrence

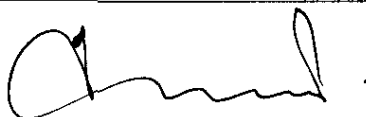
8

Sign and date

Liquidator's signature

Signature

X



X

Signature date

d	0	d	2	m	0	m	9	y	2	y	0	y	1	y	9
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Statement of Affairs

Statement as to affairs of
Romford Gym Limited T/A LDG Fitness Centre
Company No 10629884

On the 21 August 2019 being a date not more than 14 days before the date of the
resolution for winding up

Statement of truth

I believe that the facts stated in this Statement of Affairs are true.

Full Name LAILA A. ISMAIL.....

Signed Laila A. Ismail.....

Dated 21-Aug-19

Romford Gym Limited T/A LDG Fitness Centre
Statement of Affairs as at 21 August 2019

A - Summary of Assets

Assets	Book Value £	Estimated to Realise £
Assets subject to fixed charge:		
None	-	-
Assets subject to floating charge:		
None	-	-
Uncharged assets:		
Director Loan Account	6,484.22	Uncertain
Estimated total assets available for Preferential creditors	6,484.22	-

Signature *heidi/aa Pmail* Date: 21 August 2019

Romford Gym Limited T/A LDG Fitness Centre
Statement of Affairs as at 21 August 2019

A1 - Summary of Liabilities

	Estimated to Realise £
Estimated total assets available for preferential creditors	-
Liabilities	
Preferential Creditors	-
Estimated deficiency/surplus as regards preferential creditors	-
Debts secured by floating charge	Uncertain
Estimated prescribed part of net property where applicable(to carry forward)	Nil
Based on floating charge assets of Nil	
Estimated total assets available for floating charge holders	-
Debts secured by floating charges pre 15 SEPTEMBER 2003	Nil
Estimated (deficiency)/surplus of assets after floating charges	-
Estimated prescribed part of net property where applicable (brought down)	Nil
Total assets available to unsecured creditors	-
Unsecured non-preferential claims (excluding any shortfall to floating charge holders)	
Trade Creditors	43,624.27
Director and associated companies	-
HM Revenue & Customs - CT, PAYE/NI & VAT	17,948.61
	(61,572.88)
Estimated deficiency as regards non-preferential creditors	(61,572.88)
Estimated deficiency as regards creditors	(61,572.88)
Issued and called up capital	
Ordinary Shareholders	(100.00)
Estimated total deficiency as regards members	(61,672.88)

Signature

har/ae fsmall

Date: 21 Aug 2019

Romford Gym Limited T/A LDG Fitness Centre
Employee Creditor

Schedule A

Note: You must include all employees who have claims against the company (and indicate whether any are also creditors under hire-purchase, chattel leasing or conditional sale agreement and any claiming retention of title over property in the company's possession).

Name of Employee Creditor	Address	Amount of Debt (£)

Total

Signature:

Heidi A. Lomax

Date:

21-Aug-19

Romford Gym Limited T/A LDG Fitness Centre
List of Unsecured Creditors

Schedule B

Name of creditor/ claimant	Address	Amount £	Details of any security held by creditor	Date security given	Value of security
HMRC - VAT, PAYE	HM Revenue & Customs, Inland Revenue, Benton Park View, Longbenton, Newcastle, NE98 1ZZ	17,948.61	None	None	None
Inner London Cleaning	4 Eastbrook Drive, Rush Green, Romford, Essex, RM7 0YX	2,159.25	None	None	None
Direct Business Development Ltd	3A Bridge Close, Romford, London, RM7 0AU	1,820.00	None	None	None
Vision Consulting Accountants Ltd	555-557 Cranbrook Road, Grants Hill, Ilford, Essex, IG2 6HE	4,188.00	None	None	None
Letting International	Gabrielle House, 332-336 Perth Road, Ilford, IG2 6FF	18,000.00	None	None	None
Havering Business Rates	Business Rates, Town Hall, Main Road, Romford, RM1 3BB	6,674.90	None	None	None
PHS	Block B, Western Industrial Estate, Caerphilly, CF83 1XE	478.40	None	None	None
PPL and PRS Ltd	Mercury Place, St. George's Street, Leicester, LE1 1QG	2,194.60	None	None	None
Castle Water	1 Boat Brae, Blargowrie, PH10 7BH	900.00	None	None	None
N Power	Bridge House, 200 Clough Road, HULL, HU5 1SN	400.00	None	None	None
British Telecom	81 Newgate St, London, EC1A 7AJ	100.00	None	None	None
Crown Gas and Power	Crown House, Bury New Rd, Heywood, Bury, BL9 7JR	200.00	None	None	None
HSBC Bank	126 High Road, Ilford, Essex, IG1 1DA	6,509.12	None	None	None
Asset Advantage	Third Floor, Matrix House, Basing View, Basingstoke, Hampshire, RG21 4DZ	Uncertain	Personal Guarantee	29/07/2017	Uncertain
Total		61,572.88			

Signature:  Date 21 Aug 2019

Romford Gym Limited T/A LDG Fitness Centre
List of Shareholders

Schedule C

Name of Shareholder	Address	Type of shares held	The nominal amount of shares held	No. of shares held	The amount per share called up(£)	The total amount called up
Lailaa Ismail	Flat 1, 65 Cleveland Road, Ilford, Essex, IG1 1ED	Ordinary	50	50	1	50
Maloo Investments Limited	Maloo Investments Limited, Gabrielle House, 332-336 Perth Road, Ilford, Essex, IG2 6FF	Ordinary	50	50	1	50
Total			100	100		

Signature *Lailaa Ismail* Date: 21 Aug 2019

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name
Zafar Iqbal

Company name
Cooper Young & Partners Ltd

Address
Hunter House

109 Snakes Lane West

Post town
Woodford Green

County/Region
Essex

Postcode
IG8 0DY

Country

DX

Telephone
020 8498 0163

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☒ The company name and number match the information held on the public Register.
- ☒ You have attached the required documents.
- ☒ You have signed the form.

**Important information**

All information on this form will appear on the public record.

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

**Further information**

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse