

BODY HAPPY LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

BODY HAPPY LTD
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

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BODY HAPPY LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2023

Directors	Jennifer Mary Day Benjamin Thomas Day
Company Number	10614059 (England and Wales)
Registered Office	THE STUDIO, KINGSWAY COURT QUEENS GARDENS HOVE EAST SUSSEX BN3 2LP UNITED KINGDOM

BODY HAPPY LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2023

	2023	2022
	£	£
Fixed assets	192,395	224,869
Current assets	15,125	14,843
Prepayments and accrued income	1,222	14,600
Creditors: amounts falling due within one year	(433,258)	(423,256)
Net current liabilities	(416,911)	(393,813)
Total assets less current liabilities	(224,516)	(168,944)
Creditors: amounts falling due after more than one year	(29,093)	(38,362)
Accruals and deferred income	(7,096)	(5,050)
Net liabilities	(260,705)	(212,356)
Capital and reserves	(260,705)	(212,356)

NOTES TO THE ACCOUNTS

1 Statutory information

Body Happy Ltd is a private company, limited by shares, registered in England and Wales, registration number 10614059. The registered office is THE STUDIO, KINGSWAY COURT, QUEENS GARDENS, HOVE, EAST SUSSEX, BN3 2LP, UNITED KINGDOM.

2 Guarantees and other financial commitments

The company had entered into leases prior to the year end, under which the total commitments at the balance sheet date were £300,311.

3 Average number of employees

During the year the average number of employees was 9 (2022: 9).

BODY HAPPY LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2023 (CONTINUED)

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 31 October 2023

Jennifer Mary Day
Director

Company Registration No. 10614059

