

REGISTERED NUMBER: 10572638 (England and Wales)

FINANCIAL STATEMENTS FOR THE PERIOD 19TH JANUARY 2017 TO 31ST JANUARY 2018

FOR

40 PLUS FIT LTD.

Tacconi Green and Co
Accountants
32a East Street
St. Ives
Cambs
PE27 5PD

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BALANCE SHEET
31ST JANUARY 2018

	£	£
FIXED ASSETS		1,083
CURRENT ASSETS	1,799	
CREDITORS		
Amounts falling due within one year	<u>(8,066)</u>	
NET CURRENT LIABILITIES		<u>(6,267)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(5,184)</u>
CAPITAL AND RESERVES		<u>(5,184)</u>

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

40 Plus Fit Ltd. is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 10572638

Registered office: 59 59 Sopwith Close
Kingston Upon Thames
KT2 5RN

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the period was 2.

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st January 2018.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st January 2018 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

BALANCE SHEET - continued
31ST JANUARY 2018

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 18th September 2018 and were signed on its behalf by:

D Burke - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.