

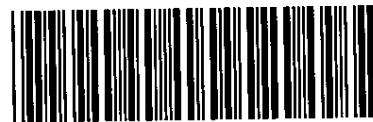


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www.gov.uk/companieshouse

☒ What this form is for
You may use this form to appoint
an individual as a director.

☐ What this form is for
You cannot use the form to appoint
a corporate director.
Please use form A0101 of corporate director

TUESDAY



A21 07/11/2017 #357
COMPANIES HOUSE

Company details	
Company number	110448045
Company name in full	Healthy Truck Company Ltd
Date of director's appointment	
Date of appointment	25 10 2017
New director's details	
Mr	MR
Full forename(s)	JASON
Surname	FREEMAN
Former name(s)	
Country of residence	United Kingdom
Nationality	British
Month/year of birth	XX 12 1971
Business occupation (if any)	Media Manager
New director's service address	
PLEASE COMPLETE YOUR SERVICE ADDRESS BELOW. YOU MUST ALSO COMPLETE YOUR USUAL RESIDENTIAL ADDRESS IN SECTION 4d.	
Building name/number	17
Street	Station Rd West
Post town	Stowmarket
County/region	Suffolk
Postcode	11P141EF
Country	United Kingdom

→ Filing in this form

bold black capitals.
All fields are mandatory unless
specified or indicated by *

• Former name(s)

Please provide any previous names
(including maiden or married names)
which have been used for business
purposes in the last 20 years.

Continue in section 7 if required.

• Country of residence or residence
This is in respect of your usual
residential address as stated in
section 4a.

• Month and year of birth

Please provide month and year only.
Provide full date of birth in
section 2a.

• Business occupation

If you have a business occupation,
please enter here. If you do not,
please leave blank.

• Service address


This is the address that will appear
on the public record. This does not
have to be your usual residential
address.

Please state 'The Company's
Registered Office' if your service
address is the same as the company's
registered office.

register or directors as the
company's registered office.

If you provide your residential
address here it will appear on the
public record.

AP01
Appointment of director

5	Consent to act as director									
	<p>Please tick the box to confirm consent.</p> <p><input checked="" type="checkbox"/> The company confirms that the person named in section 3 has consented to act as a director of the company named in section 1.</p>									
6	Signature									
Signature	<p>I am signing this form on behalf of the company.</p> <p>Signature</p> <p>X  X</p> <p>This form may be signed and authorised by: Director ¹, Secretary, Person authorised ², Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.</p>	<p>¹ Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.</p> <p>² Person authorised Under either section 270 or 274 of the Companies Act 2006.</p>								
7	Additional former names (continued from Section 3)									
Former names ³	<table border="1"><tr><td> </td></tr><tr><td> </td></tr><tr><td> </td></tr><tr><td> </td></tr><tr><td> </td></tr><tr><td> </td></tr><tr><td> </td></tr><tr><td> </td></tr></table>									<p>³ Additional former names Use this space to enter any additional names.</p>



Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Jason Freeman
Company name	Healthy Truck Company Ltd
Address	17 Station Rd West
Post town	Stowmarket
County/Region	Suffolk
Postcode	IP14 1EF
Country	UK
DX	
Telephone	07966-795888



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have completed the date of appointment.
- ☐ You have included all former names used for business purposes over the last 20 years.
- ☐ You have completed the nationality box.
- ☐ You have provided the month and year of birth in section 3.
- ☐ You have provided a business occupation if you have one.
- ☐ You have provided your full date of birth in section 3a.
- ☐ You have provided both the service address and the usual residential address.
- ☐ Addresses must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number.
- ☐ You have enclosed a relevant section 243 application if applying for this at the same time as completing this form.
- ☐ You have ticked the consent to act statement.
- ☐ You have signed the form.



Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses and day of birth.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

For companies registered in Scotland:
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG.
DX 481 N.R. Belfast 1.

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below:

The Registrar of Companies, PO Box 4082,
Cardiff, CF14 3WE.



Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse